

Winter Adult Classes at Wilkes!

FREE AZTEC DANCE CLASS

Mondays and Wednesdays starting January 18, 2023

7:30 pm – 9:00 pm in the Gym

(Enter through the side door by the cafeteria)

The Aztecs were the indigenous people of Mexico, and this dance and tradition has been passed down through generations for hundreds of years. Join the Aztec dance group Ollin Yoliztli as they share with us their dances, songs, and stories. This class is a family event, and all ages are welcomed.

Whether you are a beginner, more advanced, or somewhere in between come to our **Wilkes Parent Yoga Class** every **Monday starting February 6th** from 5:00-6:00 PM in the gym until March 6th, 2023

(Feel free to bring your own Yoga Mats)



Family Leadership Workshops

- January 25th, 5:00-6:30 pm Homebuying Seminar
- February 22nd, 5:00-6:30 pm Black History Month Parent Night (Wellness Workshop)
- March 15th, 4:30-6:00 pm Parent Cafe

Childcare will be provided for all Parent classes

If you'd like to be a member of the Wilkes Family Leadership Team or would like to receive communication regarding any of these classes and workshops at Wilkes, please contact any of the following Wilkes/SUN staff:

Isabel Mora – P-3 Program Coordinator Cell: (971) 801-5310 imora@elprograma.org
Nati Santos – Family Resource Navigator Cell: (971) 2200159 nascencio@elprograma.org
Yessica Ramirez – SUN Site Manager Cell: (503) 5198523 yramirez@elprograma.org

