



Notifying the School Nurse of Your Child's Chronic Health Condition & Medication at School

Hello from the health room!

Your child's safety is our priority. If your child has a chronic health condition or takes medication at school then please let us know so we can provide an appropriate level of support to keep your child healthy and ready to learn at school. Even if your child is a self-manager of their health condition we would appreciate knowing of their health status so we can be aware of and best respond in an emergency situation. Health information is confidential and only shared with staff who would need to know.

For your convenience, you can let us know of your child's health condition by accessing the Student Health Condition Portal <https://www.multnomahesd.org/shs-boy-919413.html> on the MESD School Health Services website. Select the health condition that applies to your child and complete the necessary forms.

Also, if your child has any medication that needs to be taken during the school day you can access the necessary form(s) at the same website link. Forms are needed even if your student can carry and take their own medication.

Examples of medications include:

- Emergency medications: epinephrine auto-injectors for severe allergies, like EpiPens®, albuterol inhalers for asthma, or glucagon for diabetes
- Daily medications: methylphenidate, insulin, etc.
- Over-the-counter medications: ibuprofen (Advil®), acetaminophen (Tylenol®), diphenhydramine (Benadryl®), etc.

If you would prefer a paper copy or to have the forms emailed to you then contact the school health room or front office and we will make that happen! If you prefer to talk with me, your school nurse, before completing any of the forms then you can reach me at (xxx-xxx-xxxx) or (name@mesd.k12.or.us)

Note: All medications must be kept in their original container. Prescription medication must be in the pharmacy labeled container.