

Walt Morey Middle School Bullying Prevention Plan

Definition: Bullying is unfair and one-sided behavior. It happens when someone keeps hurting, frightening, threatening or leaving someone out on purpose, in person or via multi-media.

How do I know it's bullying? To qualify as bullying, the incident must involve an imbalance of power between the target and the student who acts aggressively. Bullying usually involves multiple incidences and the aggressor and the target have drastically different reactions to the incident (the target feels powerless to self-advocate).

Normal Conflict	Bullying
Equal power – friends	Imbalance of power – not friends
Happens occasionally	Repeated negative actions
Accidental	Purposeful
Not serious	Serious – threat of physical harm or emotional or psychological hurt
Equal emotional reaction	Strong emotional reaction on part of the target
Not seeking power or attention	Seeking power or control
Not trying to get something	Trying to gain material things or power
Remorse – takes responsibility	No remorse – blames target
Effort to solve problem	No effort to solve the problem

Anti-bullying Measures at Walt Morey Middle School:

- Anti-bullying presentations in all homeroom classes (Counseling Department)
- Nine weeks Anti-bullying class for 6th graders
- School procedure for reporting an incident of bullying behavior (Bullying box, discovery process)
- Parent and student tips in the monthly newsletter and the student agenda

It is everyone's responsibility to report bullying incidents.

Anyone can stop bullying. Just say, **"Stop that! That's bullying!"**

Walt Morey Middle School does not condone addressing violence with violence.

Treat one another with kindness and respect.

More tips for combating bullying can be found at www.abqsafeschools.org