



# Training Series for Parents of Young Children with Autism and Related Needs

*Hosted by Columbia Regional Program in Partnership with Multnomah Early Childhood Program (MECP)*

## About this Series

One Saturday each month, parents and caregivers gather to learn about how to use positive behavior strategies, promote social and communication skill development, and increase independence for their young children with autism and related needs. These meetings also provide parents and family members with an opportunity to support and learn from one another. Coffee and refreshments provided.

## Dates and Topics for 2017-2018

### October 21, 2017

- ★ Autism & Holidays: Tips for Happy and Peaceful Special Events

### November 18, 2017

- ★ Visual Supports at Home: Following Directions and Routines

### December 9, 2017

- ★ Understanding your Child's Behavior: ABCs How to Respond

### January 20, 2018

- ★ Positive Behavior Strategies: Increasing Prosocial Behaviors

### February 24, 2018

- ★ Building your Child's Independence with Self-Help Skills

### March 17, 2018

- ★ Self-Management & Emotional Regulation at Home

### April 21, 2018

- ★ Supporting your Child's Communication

### May 19, 2018

- ★ Increasing your Child's Social Interaction, Play and Leisure Skills

### June 2, 2018

- ★ Community Opportunities and Success "Out and About"

*Saturday morning sessions are held from  
10am to 12pm*

## Who can attend?

Parents and caregivers of young children with autism and other disabilities attending pre-k or elementary school in Multnomah, Clackamas, Hood River, and Wasco counties are welcome to attend. Registration is required. **Childcare is available for a limited number of children (ages 2 to 12) on a "first come" basis – more information [available online](#).**

## How do I register?

Register online at [crporegon.org](http://crporegon.org) – create your free account on the website, locate the event on our calendar and click "register". For help with registration, email Darthea Park at [dpark@pps.net](mailto:dpark@pps.net) or call 503.916.5570, ext.78377

## Where are the meetings?

Columbia Regional Program  
833 NE 74<sup>th</sup> Ave.  
Portland, OR 97213  
503.916.5570

