



Resolution 2025-2026-030

Proclaiming the Observance of Mental Health Awareness Month

WHEREAS, mental health is essential to the overall well-being, academic success, and healthy development of all students, staff, and community members; and

WHEREAS, mental health challenges affect individuals of all ages, backgrounds, cultures, and identities, and can significantly impact learning, relationships, and quality of life; and

WHEREAS, youth across the nation are experiencing increasing levels of stress, anxiety, depression, and other mental health concerns, highlighting the need for awareness, culturally responsive support, and accessible services; and

WHEREAS, early identification and intervention, grounded in culturally responsive and trauma-informed practices, can greatly reduce the impact of mental health conditions and support positive outcomes for children and families; and

WHEREAS, schools play a critical role in promoting social-emotional well-being, fostering belonging and connectedness, and providing access to mental health resources in a safe and supportive environment; and

WHEREAS, reducing stigma and encouraging open, culturally affirming conversations about mental health empowers individuals to seek help and support when needed; and

WHEREAS, since 1949, May has been recognized nationally as Mental Health Awareness Month to increase understanding of mental health and promote wellness for all; and

WHEREAS, the Reynolds School District is committed to supporting the mental health and well-being of all students and staff and to fostering inclusive, culturally responsive, and resilient school communities; and

WHEREAS, the Reynolds School District reaffirms its commitment to promoting mental wellness, expanding awareness, reducing stigma, and increasing equitable access to appropriate and supportive mental health resources for all students, staff, and families; and

WHEREAS, that the Board of Directors encourages students, staff, families, and community members to engage in activities that promote mental health awareness, support one another, and foster a culture of care, belonging, connection, and well-being throughout the district.

NOW, THEREFORE, BE IT RESOLVED, that the Reynolds School District Board of Directors proclaims May 2026 as Mental Health Awareness Month.

Adopted this 22nd day of April 2026.

Signed:

Attest:

A blue ink signature of the Chair of the Reynolds School Board of Directors.

Chair, Reynolds School Board of Directors

A blue ink signature of the Superintendent / Clerk.

Superintendent / Clerk