

Salish Ponds Elementary

DECEMBER. 2022



SPIRIT WEEK AT SALISH PONDS!

The two weeks before winter break Salish Ponds will be having Spirit Weeks! Each day we will have a dress up day theme for all staff and students alike, to have some fun as we head into the winter break. https://rsd7mail-my.sharepoint.com/:p/g/person/rjones_rsd7_net/EaEKbbTC E1ltV06PjrGA9gBlorrefyoNwqvGMDMOqLBYA?e=ape5jX

COUNSELORS CORNER!

December - Optimism and Hope

Welcome back everyone!

We hope you all had a restful break! This month, we are excited to jump into our theme for December which focuses on Optimism and doing our personal best to stay motivated and optimistic despite challenges we may face. It is a skill that we all try to work on, whether you are a student or an adult!

Resources to continue the conversation at home!

Books:

K-2

- The Girl Who Never Made Mistakes by Mark Pett
- Bubble Gum Brain by Julia Cook
- The Magical Yet by Angela DiTerlizzi
- The Book of Mistakes by Corrina Luyken
- Jabari Jumps by Gaia Cornwall

3-5

- [What do You do with a Chance?](#) by Kobi Yamada
- You Can Live on the Bright Side: The Kids' Guide to Optimism by Lucy Bell

- a kid's book about Optimism! by Meir Kay
- Amazing Grace by Mary Hoffman
- Instant Optimism: How to Be Optimistic Instantly (audiobook)

Video:

[Almost There - Princess and the Frog - YouTube](#)

As we begin December, we want to recognize that each family celebrates differently, or not at all. This can bring up feelings of joy, sadness, and/or all things in between. Some of you may have lost a loved one and this month may be difficult for you and your family. Here are some resources to help initiate a conversation at home:

[Helping Children Cope with Grief During the Holidays - The Solace Tree](#)

[Grief During The Holidays: Tips & Tools To Help You Through - The Children's Room \(childrensroom.org\)](#)

[National Alliance for Children's Grief | Resources \(nacg.org\)](#) - Scroll down for the toolkit.

[Coping with Grief During the Holidays | VITAS Healthcare](#)

[How to Cope with Grief During the Holidays: 8 Strategies \(thepsychologygroup.com\)](#)

We hope everyone is staying warm! Please know that if you need anything at all; you are welcome to reach out to us. Arianne Delos Reyes, School Counselor x 3038; Virginia Rose, School Counselor x 3037; Puka Ahina, Social Worker x 3008.

BUS LANYARDS/CARDS

Is your child riding a bus this school year? You can find bus route pick-up and drop-off times [here](#).

We are now using the bus lanyards and badges to get to and from school. These should be tied to your scholar's backpack. Some cards for students who ride the bus haven't arrived yet, and we will get them for your scholar soon!

Don't forget to download the Traversa Ride 360 app to get updates on where your student's bus is! Get more information [here](#).

Do you know your child's start date and time? Remember that some of our elementary schools have changed their start times. Check [start dates](#) and [start times](#)!

PTO!

We have some families who would like to create a Parent Teacher Organization (PTO). If you are interested in being a part of this, please reach out to Mrs. Stevens and Mrs. Rose rjones@rsd7.net and vrose@rsd7.net

We look forward to supporting our scholars!

CULTURAL AWARENESS: UNIVERSAL HUMAN RIGHTS

In December we will be learning about Universal Human Rights.



WINTER SNOW



READ A BOOK!



HOPE!

BEING AT SCHOOL MATTERS!

Did you know students who attend school regularly are more successful academically and have a better chance of graduating high school? When students are out, they miss the consistency and connection of their friends and class, too. Being a regular attender means missing no more than two days each month!

But what should you do if your student is sick? Students *can* go to school if:

- They have a runny nose or little cough, but no other symptoms.
- They haven't taken any fever reducing medicine for 24 hours and have been fever-free during that time.
- They haven't thrown up or had diarrhea for 24 hours.

If the above isn't true, keep students at home and call the office or send a Parent Square message so we know why your student is missing school.

Check out the [Everyday Matters toolkits for families](#) for support.

OUTSIDE RECESS

We will continue to try and take our classes outside as much as possible for recesses. Please remember to send your student to school with clothes to be outside.

BOOK FAIR!

Dear Parents and Families:

Get ready! This year's Book Fair is going to be epic! We've turned up the volume with more fun, more choices and more excitement, so kids will arrive curious and leave bolder, prouder, and stronger than ever before. Here's what you need to know about our upcoming fair:

- Every dollar you spend will benefit our school directly
- We're taking precautions to host a safe Fair at our school, focusing on preventive measures.

Save these dates and view our school's Fair site: Salish Ponds Elementary School Library

Fair Dates: December 5, 2022 – December 9, 2022

Book Fair Hours:

· Families can come in the building through the front to shop the Fair between 8:45 – 9:15 a.m. Check in with the classroom teacher for attendance before coming to the Fair.

· Families can come in the school building through the front after school and shop the Fair between 3:15 to 3:45 p.m.

We can't wait to see your child at the Fair!

Salish Pond Elementary School Library

503-492-7260 x3030

UPCOMING EVENTS IN DECEMBER!

- 2nd: Picture retake day
- 5th and 12th: Late start days
- 5th and 12th: Spirit weeks
- 18th-26th: Hanukkah
- 25th: Christmas
- 26th: Kwanzaa
- December 17th- January 3rd: No school Winter Break
- January 4th: School Resumes



WE ARE THE SALISH PONDS DRAGONFLIES!

📍 1210 Northeast 201st Avenue, ... 📞 (503) 492-7260

🌐 reynolds.k12.or.us/salish