

# RLA PARENT SUPPORT GROUP

**A WEEKLY PARENT-LED (VIRTUAL)  
SUPPORT GROUP TO HELP RLA  
PARENTS/GUARDIANS/CAREGIVERS  
CONNECT AND SUPPORT EACH OTHER  
DURING DIFFICULT TIMES**



**EVERY MONDAY FROM 6-7PM  
STARTING NOV. 2  
ZOOM MEETING ID: 922 3738 5402  
Passcode: support  
CONTACT: TODD BREHM  
TBREHM@TRILLIUMFAMILY.ORG**

The group's goal is to create a safe space for parents/guardians/caregivers to talk about daily life, share tips and resources, and overall support each other by building relationships. The group will be co-facilitated by a fellow RLA parent and the RLA/Trillium staff.