## 0 0

fresh daily with choices Sandwiches are made

Pastrami & Cheese on a Monday: Turkey Daily Specials

Cheese Bagel Sandwich Friday: Turkey Ham & Cheese Sandwich Thursday: Turkey & Italian on a Hoagie Wednesday: Turkey Tuesday: Santa Fe Turkey Wrap

fruit options daily

Lo Mein Noodles

Carrots 19

Green Beans

Seasoned Corn

Broccol

Refried Beans

Chicken



Sweet Tha

Toasty Cheese

Popcorn Chicken

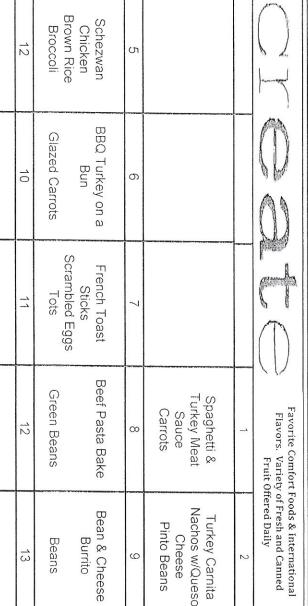
Chicken Alfredo

Beef Nachos

Pasta

Bowl

Sandwich



Chartwells makes it easier than ever for students to make healthy food and beverage choices at school! Our menus:

Provide many deeply colored, nutrient dense, and fiber rich fruits and vegetables

Provide many whole grain foods, such as brown rice and whole wheat

Reduce unhealthy fats, sodium, and sugars Provide lean meats and plant based proteins Reynolds School District and the USDA are an equal opportunity provider and employer

Favorite Comfort Foods & International Flavors. Variety of Fresh and Canned Fruit Offered Daily



Includes vegetable and fruit options daily All pizzas made w/ reduced fat cheese & whole grain crust. mato

Daily Specials:

Classic Cheese and Pepperoni Pizza offered daily

Wednesday: Cheeseburger Pizza Monday: Thursday: Taco Pizza Tuesday: Meat Lover's Pizza Friday: Vegetarian Pizza Hawaiian Pizza



Includes vegetable and fruit options daily.

## Daily Specials

Friday: WG Turkey Corn Dog Thursday: Taco & Cheese Pocket Wednesday: Cheeseburger Tuesday: Spicy Chicken Burger Monday: Chicken Nuggets w/ WG breadstick



Asian Brown Rice

Sweet & Sour

Stuffed Mozzarella

Turkey Hotdog

Sticks

Chicken

Roasted Broccoli

Green Beans

Seasoned Corn

28

Fresh Food Fast- Packaged for Grab N' Go Available now: Mixed Garden Salad Daily Specials:

Wednesday: Turkey and Cheese Salad w/WG Roll or Taco Salad Monday: Southwestern Chicken Salad w/ WG Tuesday: Chicken Caesar Salad w/ WG Roll

Thursday: Chef Salad w/WG Roll Friday- Vegetable & Cheese Salad WG Roll

Fruit & Yogurt Parfait with Homemade Non-fat chocolate milk Milk Offered Daily: Granola offered Daily 1% white and