



Reynolds Middle School

2023-2024

Property of: _____

Address: _____

Phone #: _____ Email: _____

In case of emergency, please notify:

Name: _____ Phone #: _____

The information in this book was the best available at press time. Watch for additional information and changes.



powered by sdi innovations

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www.schooldatebooks.com • sdi@schooldatebooks.com

MY CLASS SCHEDULE

Student Name _____ Grade _____

Team _____

FOUNDATIONS

Quarter	Class	Teacher	Room #
1			
2			
3			
4			

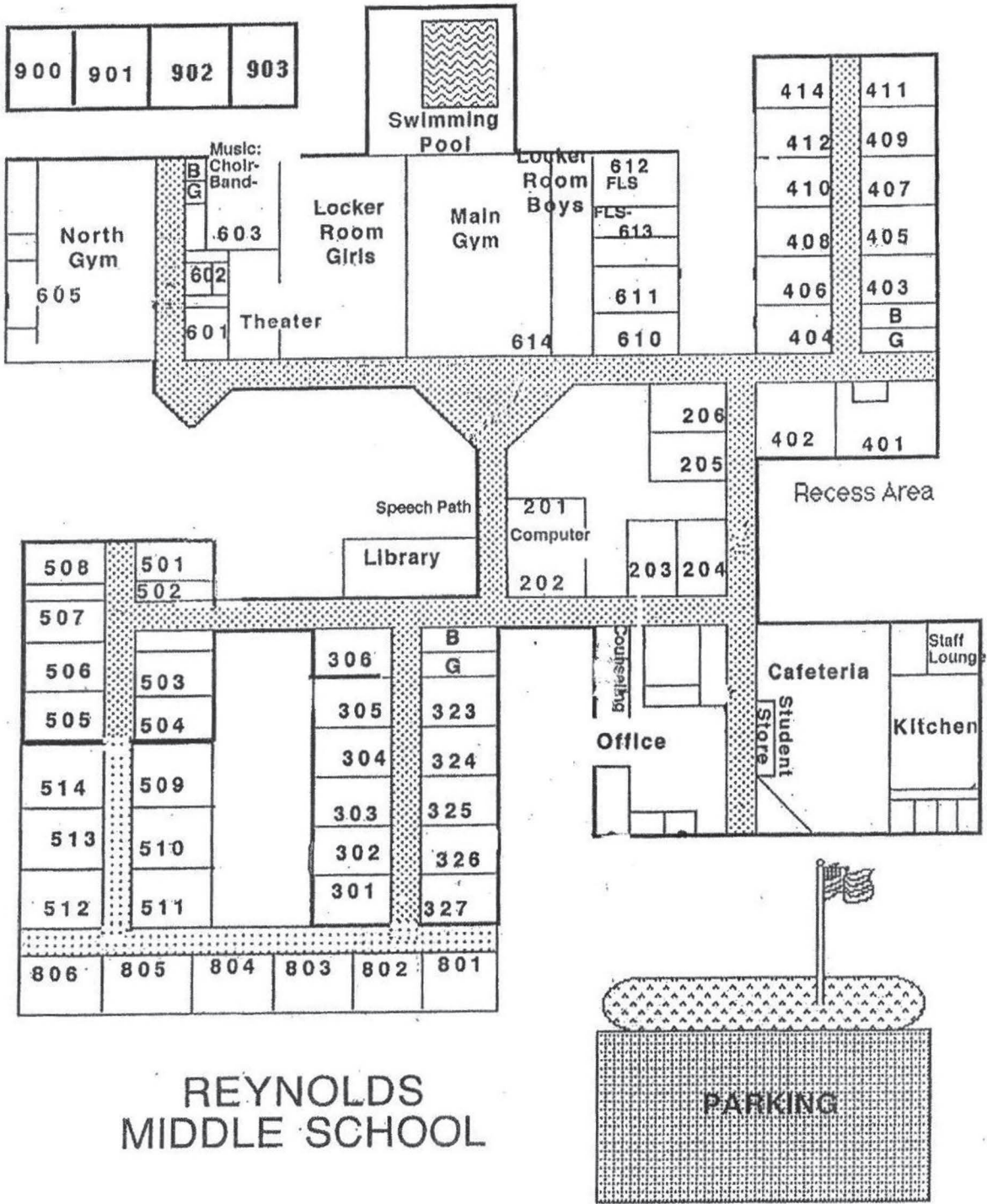
1ST SEMESTER

	Period	Subject	Teacher	Room #
A	1			
	2			
	3			
	4			
B	5			
	6			
	7			
	8			

2ND SEMESTER

	Period	Subject	Teacher	Room #
A	1			
	2			
	3			
	4			
B	5			
	6			
	7			
	8			

SCHOOL MAP



REYNOLDS
MIDDLE SCHOOL

NE 201st

REYNOLDS SCHOOL DISTRICT Middle School Student Calendar 2023-2024 SCHOOL YEAR

Board Approved:
04.26.23

<p>September 2023</p> <p>5 1st Day of School (Grade 6) 6 1st Day of School (Grade 7 and 8) 11 Late Start 18 Late Start 25 Late Start</p>	<p>SEPTEMBER 2023</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>F</td><td>F</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>L</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>L</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>L</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </tbody> </table>	S	M	T	W	Th	F	S						1	2	3	4	F	F	7	8	9	10	L	12	13	14	15	16	17	L	19	20	21	22	23	24	L	26	27	28	29	30	<p><u>School Start Times</u> H. B. Lee Walt Morey Reynolds Middle</p> <p style="text-align: center;">7:30 AM to 2:15 PM Late Start 8:40 AM</p>																																																	
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<p>October 2023</p> <p>2 Late Start 9 Late Start 13 *No School for Students or Staff 16 Late Start 23 Late Start 30 Late Start</p>	<p>OCTOBER 2023</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td>1</td><td>L</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>L</td><td>10</td><td>11</td><td>12</td><td>N</td><td>14</td></tr> <tr><td>15</td><td>L</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>L</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>L</td><td>31</td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	Th	F	S	1	L	3	4	5	6	7	8	L	10	11	12	N	14	15	L	17	18	19	20	21	22	L	24	25	26	27	28	29	L	31					<p>MARCH 2024</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>L</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>L</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>L</td><td>19</td><td>N</td><td>PC</td><td>PC</td><td>23</td></tr> <tr><td>24</td><td>H</td><td>H</td><td>H</td><td>H</td><td>H</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>March 2024</p> <p>4 Late Start 11 Late Start 18 Late Start 20 *No School/Conference Prep 21-22 *No School/Conferences 25-29 *No School/Spring Break</p>	S	M	T	W	Th	F	S						1	2	3	L	5	6	7	8	9	10	L	12	13	14	15	16	17	L	19	N	PC	PC	23	24	H	H	H	H	H	30	31						
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<p>November 2023</p> <p>6 Late Start 9 *No School/Pupil Evaluation 10 *No School/Veterans Day 13 Late Start 20 *No School/Conference Prep 21-22 *No School/Conferences 23-24 *No School/Thanksgiving Break 27 Late Start</p>	<p>NOVEMBER 2023</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>L</td><td>7</td><td>8</td><td>G</td><td>H</td><td>11</td></tr> <tr><td>12</td><td>L</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>N</td><td>PC</td><td>PC</td><td>H</td><td>H</td><td>25</td></tr> <tr><td>26</td><td>L</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	Th	F	S				1	2	3	4	5	L	7	8	G	H	11	12	L	14	15	16	17	18	19	N	PC	PC	H	H	25	26	L	28	29	30			<p>APRIL 2024</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td>L</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>L</td><td>9</td><td>10</td><td>11</td><td>G</td><td>13</td></tr> <tr><td>14</td><td>L</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>L</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>L</td><td>30</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>April 2024</p> <p>1 Late Start 8 Late Start 12 *No School/Pupil Evaluation 15 Late Start 22 Late Start 29 Late Start</p>	S	M	T	W	Th	F	S		L	2	3	4	5	6	7	L	9	10	11	G	13	14	L	16	17	18	19	20	21	L	23	24	25	26	27	28	L	30											
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RMS BELL SCHEDULES

REGULAR SCHEDULE

FIRST LUNCH (8)	
0	7:30 – 8:08
1/5	8:13 – 9:31
2/6	9:36 – 10:54
L	10:59 – 11:29
3/7	11:34 – 12:52
4/8	12:57 – 2:15

SECOND LUNCH (6)	
0	7:30 – 8:08
1/5	8:13 – 9:31
2/6	9:36 – 10:54
3/7	10:59 – 11:37
L	11:42 – 12:12
3/7	12:17 – 12:52
4/8	12:57 – 2:15

THIRD LUNCH (7)	
0	7:30 – 8:08
1/5	8:13 – 9:31
2/6	9:36 – 10:54
3/7	10:59 – 12:17
L	12:22 – 12:52
4/8	12:57 – 2:15

MONDAY SCHEDULE

FIRST LUNCH (8)	
0	8:40 – 9:00
1/5	9:05 – 10:10
2/6	10:15 – 11:20
L	11:25 – 11:55
3/7	12:00 – 1:05
4/8	1:10 – 2:15

SECOND LUNCH (6)	
0	8:40 – 9:00
1/5	9:05 – 10:10
2/6	10:15 – 11:20
3/7	11:25 – 11:55
L	12:00 – 12:30
3/7	12:35 – 1:05
4/8	1:10 – 2:15

THIRD LUNCH (7)	
0	8:40 – 9:00
1/5	9:05 – 10:10
2/6	10:15 – 11:20
3/7	11:25 – 12:30
L	12:35 – 1:05
4/8	1:10 – 2:15

CODE DAY SCHEDULE

FIRST LUNCH (8)	
Assembly	7:30 – 8:20
1/5	8:25 – 9:30
2/6	9:35 – 10:40
L	10:45 – 11:15
3/7	11:20 – 12:25
4/8	12:30-1:35
CODE	1:40 – 2:15

SECOND LUNCH (6)	
Assembly	7:30 – 8:20
1/5	8:25 – 9:30
2/6	9:35 – 10:40
3/7	10:45 – 11:15
L	11:20 – 11:50
3/7	11:55 – 12:25
4/8	12:30-1:35
CODE	1:40 – 2:15

THIRD LUNCH (7)	
Assembly	7:30 – 8:20
1/5	8:25 – 9:30
2/6	9:35 – 10:40
3/7	10:45 – 11:50
L	11:55 – 12:25
4/8	12:30-1:35
CODE	1:40 – 2:15

2 HOUR DELAY SCHEDULE

0	No Foundations
1/5	9:30 – 10:27
2/6	10:32 – 11:27
L	11:32 – 12:02
3/7	12:07-1:12
4/8	1:17 – 2:15

0	No Foundations
1/5	9:30 – 10:27
2/6	10:32 – 11:27
3/7	11:32 – 12:02
L	12:07 – 12:37
3/7	12:42 – 1:12
4/8	1:17 – 2:15

0	No Foundations
1/5	9:30 – 10:27
2/6	10:32 – 11:27
3/7	11:32 – 12:37
L	12:42 – 1:12
4/8	1:17 – 2:15

LANCER CODE CELEBRATION

Attendance	Behavior	Caring	Organized	Dependable	Engaged	Celebration
Sept		Teacher Choice	Organized Lancer Binder	Planner Parent Signature	Complete PBIS Passport	Students must have 5 stamps to attend September 29
Oct		Teacher Choice	Organized Lancer Binder	No overdue Library books	5 Shield Tickets	October 27
Nov/Dec		Teacher Choice	Organized Lancer Binder	Planner Check	All ABCs	December 8
Jan		Teacher Choice	Organized Lancer Binder	No overdue Library books	5 Shield Tickets	January 25
Feb/Mar		Teacher Choice	Organized Lancer Binder	Planner Check	All ABCs	March 15
April		Teacher Choice	Organized Lancer Binder	No overdue Library books	5 Shield Tickets	April 26
May		Teacher Choice	Organized Lancer Binder	Planner Check	All ABCs	May 24

ACADEMICS

GRADING SYSTEM

Grades reflect what a student has earned in each class. Grades are a measure of skill mastery and growth. Grades are a combination of assessments, project work, participation, and homework. Each teacher will have an identified grading system for their class.

REPORT CARDS

Parents/guardians will receive a report card at the end of each quarter.

2022-2023 Quarter Grade Dates			
Q1: November 9	Q2: January 26	Q3: April 12	Q4: June 13

*Midterm progress notes will be sent home in the middle of each quarter.

ATTENDANCE

Oregon Law requires parents/guardians to see that children between the ages of 7 and 18 years attend school regularly. Good attendance is essential to provide the greatest opportunity for students to learn and develop habits that result in responsible behavior. It is vital that parents and the school communicate and work together to maintain good attendance for our students' success.

REPORTING AN ABSENCE

Student absences may be excused two ways:

Phone call: Parents/guardians may phone in the excuse for students who are absent. To report your student's absence, call: **503-665-8166 ext. 3501 before 8:00am on the day of the absence.** Parents/guardians can leave a message 24-hours a day. If the student is absent for more than one day, the parent/guardian will need to phone the school each day they are absent. The following information should be included in the message:

- Student's full name
- Date(s) of absence
- Reason for absence
- Name and relationship to the student

Excused Note: Excused notes may also be accepted to the Main Office. Notes must be turned into the Main Office within 48 hours of the student's absence and contain the following information:

- Student's full name
- Date(s) of absence
- Reason for absence
- Telephone number for parent/guardian
- Signature of parent/guardian

AUTO-DIALER REPORTING SYSTEM

If an absence is not excused, parents/guardians will receive a phone call in mid-morning and in mid-afternoon from our auto-dialer system. Please keep your contact information at school current to ensure that you receive all notifications.

TYPES OF ABSENCES

Excused Absences:

Parents/Guardians must contact Reynolds Middle School for absences to be excused. The following reasons are valid excuses for student absences:

- Student Illness
- Illness of an immediate family member requiring the student's presence
- Death in family
- Emergency situations requiring the student's presence
- Medical/dental appointments
- Religious holiday
- School-sponsored activities
- Other reasons deemed appropriate by the principal. These absences must be prearranged **prior** to the absence either by telephone or a note to the attendance secretary. Each absence will be considered for "excused absence" designation according to the circumstances surrounding the request.

Unexcused Absences:

Unexcused absences are a violation of compulsory attendance law (ORS.339.010). The following are examples of unexcused absences:

- Truancy (skipping)
- Babysitting/home duties
- Oversleeping
- Missing the bus/lack of transportation
- Leaving school during the day without checking out through the Main Office
- Excused absences that have not been excused within 48 hours
- Any other reasons deemed inappropriate by principal

Uncounted Absences:

School-related absences (such as field trips) are not counted as part of a student's overall attendance record.

TARDY POLICY

School at Reynolds Middle School starts each day promptly at 7:30. Any student arriving late to school must check in at the Main Office to receive a tardy pass before proceeding to class. When a student comes to school late, a parent will need to check them in or send a note stating the reason.

For all other classes during the day, a student is considered tardy when they are not in the room or assigned area by the time the bell rings. If a student is more than 15 minutes late for a period, they will be considered absent for that period. An auto-dialer message will go out with an absence for that period.

Excessive Tardiness: It is very important that students are in class on time. When a student comes in late to class, they lose vital instruction and must get caught up with others in class. If a student is consistently late to school/class, the following steps will be followed in an effort to resolve the issue:

- 1-2 tardies: Reinforce expectations, warning(s)
- 3 tardies: Phone call home
- 4 tardies: Phone call home, referral for student support

Student Support: An intervention plan will be developed that may include: restorative practices, attendance contract, increased supervision, loss of privileges, lunch and/or after-school detention.

CHECKING OUT EARLY

If a student must leave for an appointment during the day, please turn in a note to the Main Office at the beginning of the day. The student will be issued a pass to come to the office ready to check out. A student checking out during the day must be signed out in the office by a parent/guardian.

PROLONGED ILLNESS

When a student is absent for more than 3 days, parents/guardians can call the Main Office (503-665-8166) and request make-up work. Please allow 24 hours for your request to be processed.

COUNSELING AND SUPPORT SERVICES

COUNSELING DEPARTMENT

The primary goal of the counseling department is the promotion of individual growth. Reynolds Middle School has three counselors who assist students with their academic, personal, social, and emotional needs. They are available to work with parents and students in the following ways:

- Help select appropriate classes
- Problem-solving
- Prepare students for the next grade level
- Confer with parents to help identify, recognize, and solve concerns
- Assist families in accessing resources

If a student wishes to meet with their counselor, they may fill out a "**Counselor Appointment Request**" form available in the Main Office. Students may fill out forms before school, during passing time, or after school. The counselor will then send for the student at the first available moment. This will prevent a student losing valuable classroom instruction. However, a student may see the counselor immediately in case of an emergency (worried about the safety of self or others).

Parents/guardians may contact the counseling office any time they have questions or concern regarding their student's educational welfare.

GENERAL INFORMATION

SCHOOL HOURS

School hours for Reynolds Middle School are 8:40-2:15 on Mondays and 7:30-2:15 Tuesday through Friday.

STUDENT ID

Every student will receive an ID as part of registration. Students need their student ID for after school activities and dances.

STUDENT PLANNERS

Each student at Reynolds Middle School will be issued a student planner. Students are required to bring their planner to every class. All assignments including due dates and all school activities should be written in the planner. Hall passes are in student planners.

LOCKERS

Students are responsible for the condition of their locker. It is important for student not to share their locker combination with anyone. Reynolds Middle School is not responsible for the security of a student's locker or its contents. Students are cautioned not to keep money or other valuables in lockers. Lockers are the property of the school and therefore may be inspected at any time. The district reserves the right to inspect all lockers.

ELECTRONIC DEVICES

We acknowledge that students regularly use personal electronic devices like cell phones in their daily lives. However, the use of those devices at school frequently interferes with the focus on learning as student can become distracted from academics by social media, texts, video games, etc. Sometimes personal devices are used to harass and bully other students, which creates a negative environment and can harm other students. To address these issues, we require **all personal devices** must be turned off and stored in lockers during the school day, including lunch and recess. **Ear buds/headphones** must be tucked away in pockets or binders, they are not allowed around necks or on heads while walking in the halls. Any personal electronic device used during the school-day will be confiscated by staff. A parent/guardian will be required to pick up the device at the school.

Please note if a student refuses to surrender their device to a staff member, refuses to follow an electronics contract, and/or is found with a device in the locker room, they will be immediately referred to the office.

The school is not responsible for the security of personal devices. If a student believes their device was lost or stolen, school staff will do their best to investigate the situation, but the school cannot guarantee that the device will be located, nor will it be replaced. Families concerned about the security of personal devices should remind their student to not share their locker combination and/or ask their student to leave all devices at home.

TELEPHONE/CELL PHONE USE

The office telephone is only to be used in the event of an emergency. Students will not be allowed to phone home for such things as permission to go to a friend's house or if they forgot to get a note for a bus pass. If the student is ill, the office will place a call to the parent/guardian. **Cell phones are to be off and not to be used during school hours.**

DRESS CODE

The school dress code is established to create a positive school culture and enhance academic success by providing a supportive learning environment, preventing disruption, and avoiding safety hazards.

Parent/Guardian Responsibility: The responsibility for the dress and grooming of a student rest primarily with the student and their parents/guardians. It is expected that all parents/guardians review the school's dress code with their student at the beginning of each school year.

Student Responsibility: All students are responsible for complying with the school dress code during school hours and while representing the school (athletics, activities, etc.).

Staff Responsibility: To equitably enforce our school's dress code, all school staff will be notified at the beginning of the school year in regard to its purpose and spirit, and how to enforce it in a way that does not shame students or disproportionately impact certain student groups.

Allowable Dress & Grooming

- Students must wear clothing including both a shirt with pants, dress, skirt, or shorts, or the equivalent, and shoes.
- An adequate coverage of body is required.
 - Shirts and dresses must have fabric in the front, back, and on the sides.
 - Clothing covering all private parts must not be see-through
- Clothing must be suitable for all schedule classroom activities including physical education, science labs, and other activities where unique hazards exist.

Non-Allowable Dress & Grooming

- Clothing and/or tattoos may not depict, advertise, or advocate the use of weapons, alcohol, tobacco, marijuana, or other controlled substances, pornography, sexual innuendo, nudity, or sexual acts.
- Clothing may not depict hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or any other individual and/or group(s) of people.
- Items that inhibit the identification of the individual during all school activities.
- Backpacks, purses, fanny packs.

Enforcement

- Students found in violation of these standards may be asked to change the clothing that does not meet that standard.
- Staff discussing a dress code or grooming violation with a student should present options for obtaining appropriate clothing (extra clothes in locker, backpack, school clothes closet)
- When possible, student will be provided the opportunity to wear school-owned replacement garments.
- If the student does not have extra clothing to change into, they may be asked to call home and have parents/guardians bring appropriate clothing.
- Every attempt will be made to minimize a loss of instructional time.

MEDICATIONS

All medications, over the counter or prescription, to be taken by a student during the school day must be signed in at the front office by a parent/guardian, along with authorization papers with parent/guardian signatures.

UNAUTHORIZED AREAS

For student safety, students are not to be in restricted areas without permission of school staff. Restricted areas include all parking lots, academic hallways, sheds, gym lobby, and athletic fields, etc. Students may pass through restricted areas with passes issued by staff.

AFTER-SCHOOL ACTIVITIES

Students are encouraged to support their classmates by attending after-school games and concerts. Student conduct during these events shall meet the following expectations:

- Students must be accompanied by an adult.
- Students shall follow all school policies as stated in this Handbook.
- Students shall have a signed permission slip from their parent/guardian to attend any after-school event, including sporting events.
- Students shall remain in the area of activity
- Students absent or suspended from school on the day of an activity or event will not be admitted to the activity or event.
- Students must meet their rides in the North Parking Lot. Students will remain in the lot while waiting for their transportation.
- Students needing to make a phone call will make the request to the supervising coach or staff member.

SUN: Reynolds Middle School is proud to partner with SUN (Schools Uniting Neighborhoods). As a SUN school, RMS offers many opportunities for students to take part in classes and activities after school. SUN school has three terms: Fall, Winter, and Spring. Applications and information about SUN classes are provided prior to each session. Applications can be found in the Main Office.

Sports: Reynolds Middle School offers a variety of athletic opportunities for students. Students who wish to participate must have a current physical examination on file. Families may use a physician of their choosing or the Student Health Center at Reynolds High School to obtain clearance. Students may be required to maintain passing grades as well as satisfactory attendance and behavior in order to play.

TRANSPORTATION

School bus transportation is provided to students if they live more than one and a half miles from Reynolds Middle School. Students are expected to follow both state and district rules governing students riding school buses and activity buses. School bus transportation is considered a privilege and riding privilege may be revoked if a student fails to follow transportation rules.

A student wishing to ride a school bus other than that to which they are assigned by home address is to have a note from a parent/guardian giving permission; the note must include the date, student's name, and the parent/guardian's signature. If the ride is after school, the student must also get a Bus Pass from the Main Office.

WALKERS/EARLY ARRIVAL

Students who walk to school should not arrive before 7:15am (8:15am on Mondays). Students are to remain at school upon arrival, as Reynolds Middle School is a "closed campus." We do not provide supervision for student prior to 7:15am (8:15am on Mondays).

SKATEBOARDS/SCOOTERS

Students who use a skateboard or scooter as a method of transportation to and from school must keep the skateboard or scooter out of sight while on campus. Upon arrival and departure, skateboarding and scooter riding is prohibited on school campus and school sidewalks. Students will need to check their skateboard or scooter into the front office when arriving for the day.

BICYCLES

Upon arrival and departure, bicycles must be walked on campus and school sidewalks. It is highly encouraged that parked bicycles are locked; Reynolds Middle School does not assume responsibility for the theft or destruction of students' bicycles.

HALL PASSES

All students who leave their classroom during the period must have a hall pass signed by their teacher with date, time, and destination. Hall passes are located in student planners. Students will abide by the 10/5 policy. All students are to be in class every day for the first 10 minutes and last 5 minutes of class.





REYNOLDS MIDDLE SCHOOL POSITIVE BEHAVIOR EXPECTATIONS

	C aring	O rganized	D ependable	E ngaged
School Wide	<ul style="list-style-type: none"> Take care of each other & our school Respect yourself & others Follow directions the first time Use kind words 	<ul style="list-style-type: none"> Use Lancer binder & planner Keep locker clean 	<ul style="list-style-type: none"> Report unsafe situations immediately to an adult Take responsibility for your actions Keep hands & feet to yourself Walk at all times 	<ul style="list-style-type: none"> Always do your best Be on time to school & classes
Arrival	<ul style="list-style-type: none"> Wait in designated area until bell rings Be patient with each other 	<ul style="list-style-type: none"> Be on time & prepared to learn 	<ul style="list-style-type: none"> Remain on school grounds once you have arrived Walk your bike & skateboard on school property 	<ul style="list-style-type: none"> Turn off & put away all personal electronics
Hallway	<ul style="list-style-type: none"> Say excuse me if you bump into someone 	<ul style="list-style-type: none"> Always use a hall pass 	<ul style="list-style-type: none"> Walk at all times on the right side of hall 	<ul style="list-style-type: none"> Walk directly to the location on your hall pass
Locker	<ul style="list-style-type: none"> Wait patiently if there is a crowd at your locker Allow other students to get to their lockers 	<ul style="list-style-type: none"> Keep locker clean Close lockers gently 	<ul style="list-style-type: none"> Learn & remember your combo Keep combo to self Only use your assigned locker 	<ul style="list-style-type: none"> Access your locker before school, at the beginning of lunch & after school Open your locker & put away/gather items quickly
Lancer Binder	<ul style="list-style-type: none"> Always know where your binder is 	<ul style="list-style-type: none"> Keep binder stocked with necessary supplies 	<ul style="list-style-type: none"> Always bring binder to class 	<ul style="list-style-type: none"> Leave binder in locker during lunch & recess
Electronic Devices	<ul style="list-style-type: none"> Treat school devices with respect Encourage others to follow the cell phone policy 	<ul style="list-style-type: none"> Personal electronic devices should be off & stored in your locker 	<ul style="list-style-type: none"> Use technology appropriately 	<ul style="list-style-type: none"> Stay on task when using technology
Restrooms	<ul style="list-style-type: none"> Respect the privacy of others Leave the restroom neat & clean 	<ul style="list-style-type: none"> Use restroom before school or at lunch Do your best to stay in class 	<ul style="list-style-type: none"> Report issues to staff Wash your hands Use the restroom as intended 	<ul style="list-style-type: none"> Use the restroom & go back to class in a timely fashion
Assemblies & Events	<ul style="list-style-type: none"> Be an active listener: voices off, eyes on speaker Model expectations 	<ul style="list-style-type: none"> Sit in designated area 	<ul style="list-style-type: none"> Be mindful of keeping to your personal space 	<ul style="list-style-type: none"> Leave all belongings in classroom Participate appropriately
Detention ISS, Lunch, After School	<ul style="list-style-type: none"> Respect other people's space Be respectful to staff & follow directions 	<ul style="list-style-type: none"> If assigned, attend on your assigned date Arrive on time & be prepared 	<ul style="list-style-type: none"> Remain in assigned seat Clean up after self & respect classroom 	<ul style="list-style-type: none"> Do homework or read a book quietly Listen to adult directions

	C aring	O rganized	D ependable	E ngaged
Cafeteria	<ul style="list-style-type: none"> • Be patient with each other • Invite others to sit with you • Keep food & drinks in cafeteria 	<ul style="list-style-type: none"> • Keep cafeteria clean • Use appropriate voice volume • Remain seated until dismissed 	<ul style="list-style-type: none"> • Walk at all times carrying tray with both hands • Throw away your trash 	<ul style="list-style-type: none"> • Eat your food • Listen to adult directions
Recess/ Outside	<ul style="list-style-type: none"> • Include everyone, play fairly, & take turns • Keep school grounds litter free by keeping food & drink inside 	<ul style="list-style-type: none"> • Put equipment away promptly when bell rings • Bring coat with you to lunch 	<ul style="list-style-type: none"> • Stay within the school boundaries 	<ul style="list-style-type: none"> • Listen to adult directions • Listen for the whistle & go inside promptly
Library	<ul style="list-style-type: none"> • Use appropriate voice level • Treat books, materials, & computers with care 	<ul style="list-style-type: none"> • Keep library clean • Return materials when they are due • Make sure you have a pass 	<ul style="list-style-type: none"> • Exit & enter in an orderly manner 	<ul style="list-style-type: none"> • Follow the library staff's directions • Participate in the activities
Office	<ul style="list-style-type: none"> • Honor the privacy of others • Politely state your purpose using "please" & "thank you" • Use a quiet voice 	<ul style="list-style-type: none"> • Have a pass & stay in front of counter until a staff person can help you • Obtain permission to use the phone 	<ul style="list-style-type: none"> • Always be calm & quiet 	<ul style="list-style-type: none"> • Listen to the office staff's directions • If waiting, read a book or do homework quietly
Emergency Drills	<ul style="list-style-type: none"> • Follow adult directions 	<ul style="list-style-type: none"> • Exit quickly & silently to designated area 	<ul style="list-style-type: none"> • Practice as if all drills are real emergencies • Remain calm & silent 	<ul style="list-style-type: none"> • Remain at attention for additional drill instructions
Dismissal	<ul style="list-style-type: none"> • Respect your property & others • Walk at all times 	<ul style="list-style-type: none"> • Unless involved in after school activity, bus riders exit to buses & walkers leave school grounds promptly 	<ul style="list-style-type: none"> • Prearrange transportation • Walk your bike & skateboard on school property 	<ul style="list-style-type: none"> • Be aware of your surroundings
After School	<ul style="list-style-type: none"> • Represent our school with pride • All school rules apply at after school events 	<ul style="list-style-type: none"> • Make transportation arrangements prior to event 	<ul style="list-style-type: none"> • Stay in designated area • Hallways close at 2:30pm 	<ul style="list-style-type: none"> • Be aware of your surroundings
Bus Zone	<ul style="list-style-type: none"> • Wait calmly in boarding area 	<ul style="list-style-type: none"> • Board bus one at a time 	<ul style="list-style-type: none"> • Be safe around buses • Use crosswalks 	<ul style="list-style-type: none"> • Listen to the bus driver's directions • Be aware of your surroundings
Guest Teachers	<ul style="list-style-type: none"> • Be kind to the guest teacher & your peers 	<ul style="list-style-type: none"> • Arrive on time & prepared • Sit in assigned seat 	<ul style="list-style-type: none"> • Treat the guest teacher with respect 	<ul style="list-style-type: none"> • Listen to the guest teacher's instructions • Stay on task

ELEMENTARY SCHOOL VS. MIDDLE SCHOOL

Topic	Elementary School	Middle School
Teachers	Same core teacher for the day – different teachers for PE, music, art.	Foundations teacher, plus 5-6 different teachers a day depending on student's schedule.
Schedule	Same schedule every day with the exception of specials.	Every day starts with Foundations (period 0). Students have 8 periods a day (one period is lunch).
Personal Belongings	Classroom hangers, closets or cubbies for backpacks and coats.	Each student has their own locker with their own combination to store their personal belongings. Coats, backpacks, purses, bags must always remain in lockers. Students should never share locker combinations with friends.
Lunch/Recess	Students sit with class at lunch, recess has playground equipment.	Lunch is by grade level for one period. Students can sit where they want or go directly outside for recess. There are a variety of activities during recess and students can check out board games from the student store.
PE	Students participate with their class in their regular school clothes	Students dress down for PE. RMS shirts and shorts can be purchased from the office. PE grades are dependent on dressing down and participation.
Tardies	Students move with their class and are not held accountable for their time during the day.	Students are marked tardy for not showing up to class on time. Being late to class can result in lunch detention or after school detention.
Discipline	Students can receive minor and major referrals. Oregon laws provide different guidance for suspending elementary students.	Students can receive minor and major referrals. Students can be suspended for major referral infractions at the middle school level. Other forms of consequences include: <div style="text-align: center;"> Lunch Detention After School Detention Loss-of-Full-Privilege In-School Suspension Out-of-School Suspension </div>

ACADEMIC LANGUAGE

CAUSE AND EFFECT

Word Bank	
found, revealed, led, result, effect, due, so, because of, as a result of, outcome, factors, discovered, influenced, since, produced, due, because, resulted in, led to, had an impact on, found that, brought about, due to, it follows that, which in turn	
Introduce Topic	<p>_____ had a significant impact on _____.</p> <p>The major causes of _____ can be traced to _____.</p> <p>The critical factors which led to _____ were _____.</p>
Discuss Causes and Effects	<p>Due to _____, _____.</p> <p>_____ contributed to _____ because of _____.</p> <p>_____ happened when _____.</p> <p>One cause was _____.</p> <p>The reason for _____ was _____.</p>
To Conclude	<p>The end result was _____.</p> <p>This suggests that _____.</p> <p>Therefore _____.</p> <p>Subsequently _____.</p>

ELABORATION AND DESCRIPTION

Word Bank	
includes, explain, describe, discuss, displays, illustrates, refers, belongs, contains, consists, exhibits, indicates, defines, for example, such as, is known for, understood as, associated with, defined by, considered to be, is also called, demonstrates, put another way, tends to	
Introduce Topic	<p>_____ is best described as _____.</p> <p>To define _____, it is necessary to _____.</p> <p>_____ is known for _____ and is important because _____.</p> <p>_____ can be explained as _____.</p>
Explain and describe	<p>_____ is an illustration of _____.</p> <p>_____ is frequently referred to as _____.</p> <p>Critical attributes of _____ include _____.</p> <p>The defining characteristics of _____ is _____.</p> <p>The key components are _____.</p> <p>One example of _____ is _____.</p>
To Conclude	<p>The end result was _____.</p> <p>This suggests that _____.</p> <p>Therefore _____.</p> <p>Subsequently _____.</p>

COMPARE AND CONTRAST

Word Bank	
like, similarly, same, both, share, in common, share common attributes, just like, compared to, are similar because, yet, share common attributes, just as, but, however, unlike, whereas, contrary, although, on the other hand, as opposed to, a distinction between, in contrast, difference between, on the other hand, by comparison	
Introduce Topic	The similarities between _____ and _____ indicate _____. By comparing _____ to _____, it becomes clear that _____. A comparison of _____ to _____ reveals _____.
Tell Similarities	_____ and _____ share the same _____. Both _____ and _____ can be described as _____. Their similarities outweigh their differences because _____. Their common characteristics include _____.
Tell Differences	Although _____ and _____ are _____, _____ is _____. The most obvious difference between _____ and _____ is _____. _____ is _____, whereas _____ is _____. _____ is different than _____ because _____. Their differences outweigh their similarities because _____.
To Conclude	By comparing _____ to _____, it becomes clear that _____. The differences between _____ and _____ are important because _____. The similarities between _____ and _____ are important because _____. Therefore _____. Subsequently _____.

SEQUENCE

Word Bank	
first, before, after, then, later, eventually, during, following, yet, initially, meanwhile, now, today, currently, within, throughout, prior to, for the past, over time, at present, it wasn't long before, finally, soon thereafter, while, subsequently, simultaneously, preceding	
Introduce Topic	_____ began when _____. During the _____, _____. First _____.
To sequence	Several (years, decades, days, hours) later, _____. The next (step, phase, stage) was _____. As _____ continued _____. The following (year, day stage), _____. Immediately after _____, _____.
To Conclude	By the end, _____. _____ finally, _____. Thus, _____.

ARGUMENTATION

Word Bank	
position, assert, persuade, agree, disagree, convince, believe, opinion, state, argue, propose, prove, validate, according to, as stated by, in fact, strongly supports, argues against, argues in favor of, supports the position, asserts that, makes the claim, believe, for example, in fact suggests, states, evidence, defends, therefore, ultimately, nevertheless, yet	
Introduce Topic	In regard to _____, I believe _____. My opinion on the issue of _____. _____ presents the position that _____.
State a position or give support	_____ proves the _____. My views are based on _____. Many experts claim that _____. According to _____. Further evidence can be found in _____. An example of this problem is _____.
To Conclude	There is little doubt that _____. _____ urges us to _____. In sum, the evidence suggests that _____. Thus, _____. Therefore _____. Subsequently _____.

SUMMARIZATION

Word Bank	
examines, describes, introduces, compares, emphasizes, explains, focuses, discusses, is a key detail, is a powerful example, is essential information, supports, confirms, clarifies, reinforces, recommends argues	
This (lesson, reading, article, film, lab) focused on _____.	
The (lesson, reading, article, film, lab) explained that _____.	
The author uses (details/dialogue/description/action) to (illustrate, suggest, describe) _____.	
_____ is important information about the topic of _____.	
A key detail from the (text, book, film) is _____.	
_____ explains _____.	
Another important point from the (text, article, film, lecture) is _____.	
The thesis is _____.	

SENTENCE FRAMES

	TO POSE A QUESTION	TO INTRODUCE AN IDEA
SIMPLE	Do you think ___? What if ___? Can you explain ___? What do you mean by ___?	I think ___. In my opinion ___. I believe ___. I noticed that ___.
AVERAGE	What was meant by ___? Can you give me an example of ___? What did you mean by ___? Can you restate that in another way?	I found it interesting that ___. I didn't realize that ___. One way to look at it is ___. I am convinced that ___.
ADVANCED	How is ___ related to ___? What did the author mention ___? What is the connection between ___ and ___?	I was struck by ___. Something to consider is ___. It occurred to me that ___. To begin, I propose ___.

	TO BUILD ON AN IDEA	TO CHALLENGE AN IDEA RESPECTFULLY
SIMPLE	I agree that ___ because ___. I also think that ___. That reminds me of ___.	How do you know ___? I disagree because ___. Another way to look at it is ___.
AVERAGE	Another example of ___ is ___. To add to your idea, ___. A similar point is ___.	On the other hand, ___. Have you considered ___? The (author/data) also suggests ___.
ADVANCED	To take it one step further, consider ___. Along those lines, ___. Based on your idea, I'd like to add ___.	Isn't it possible that ___? Another way of looking at it is ___. An opposing viewpoint might be ___.

	TO GIVE HELPFUL FEEDBACK	PARAPHRASE/CHECK FOR UNDERSTANDING
SIMPLE	I liked ___. ___ worked well. You did a good job (when/with) ___. I was confused by ___.	I think ___ said ___. Do you mean ___? Are you saying ___?
AVERAGE	I liked how you ___ because ___. ___ worked well because ___. You should consider ___. I suggest ___ because ___.	I think ___ means ___. Can you rephrase that for me? What do you mean when you say ___?
ADVANCED	I was impressed by ___ because ___. You should be proud of ___ because ___. I think you should revise ___ because ___.	When you said ___, I understood it as ___. Can you restate that, please? When you said ___, it helped me understand ___.

Cornell
Notes



Topic/Objective:

Name:

Class/Period:

Date:

Essential Question:

Questions:

Notes:

SEPTEMBER 2023

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
28	29	30	31
Labor Day 4	5	6	7
Patriot Day 11	12	13	14
18	19	20	21
25	Mawlid al-Nabi begins at sundown 26	27	28



FRIDAY	SATURDAY	SUNDAY	NOTES
1	2	3	
8	9	10	
<i>Rosh Hashanah begins at sundown</i> 15	16	17	
22	<i>First day of autumn</i> 23	<i>Yom Kippur begins at sundown</i> 24	
29	30	1	



THIS WEEK IN HISTORY

September 4, 1882 – Thomas Edison illuminates 400 electric lights on the streets of lower Manhattan in New York City in the first mass lighting of electric light bulbs.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

4

SEP.

TUESDAY

5

SEP.

WEDNESDAY

6

SEP.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Labor Day		

traverse v. – go through or across. When you traverse this field, be careful not to step on the wildflowers.

WEEKLY GOALS

Academic	✓	Personal	↓

SEPTEMBER

OCTOBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

THURSDAY

7
SEP.

FRIDAY

8
SEP.

SATURDAY

9
SEP.

	THURSDAY 7 SEP.	FRIDAY 8 SEP.	SATURDAY 9 SEP.	SUNDAY 10 SEP.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

-punct- (point) – punctuate, punctilious, puncture, punctual, acupuncture, contrapuntal

THIS WEEK IN HISTORY

September 16, 1620 – The *Mayflower* sails from Plymouth, England, bound for the New World with 102 passengers on board.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

11

SEP.

TUESDAY

12

SEP.

WEDNESDAY

13

SEP.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Patriot Day		

betroth v. – become engaged to marry. The announcement that they were betrothed surprised everyone.

WEEKLY GOALS

Academic	Personal

SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

THURSDAY / 14 SEP.

FRIDAY / 15 SEP.

SATURDAY / 16 SEP.

SOCIAL STUDIES	MATH	SCIENCE	LANGUAGE ARTS	WELLNESS	ELECTIVE	ELECTIVE	DAILY EVENTS	
							<i>Rosh Hashanah begins at sundown</i>	
							<i>Rosh Hashanah begins at sundown</i>	

SUNDAY / 17 SEP.

-ject (throw) – eject, reject, conjecture, dejected, inject, subject, projection, interject

THIS WEEK IN HISTORY

September 21, 1937 – J.R.R. Tolkien publishes *The Hobbit*. His epic trilogy, *The Lord of the Rings*, which takes him 10 years to write, is not published until 1954.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

18

SEP.

TUESDAY

19

SEP.

WEDNESDAY

20

SEP.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

evasive adj. – not frank; not direct. Her evasive answers convinced the judge she was withholding important information.

WEEKLY GOALS

Academic	↕	Personal	↕

SEPTEMBER

OCTOBER

S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2			1	2	3	4	5	6	7
3	4	5	6	7	8	9	8	9	10	11	12	13	14		
10	11	12	13	14	15	16	15	16	17	18	19	20	21		
17	18	19	20	21	22	23	22	23	24	25	26	27	28		
24	25	26	27	28	29	30	29	30	31						

THURSDAY / 21 / SEP.

FRIDAY / 22 / SEP.

SATURDAY / 23 / SEP.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

First day of autumn

SUNDAY / 24 / SEP.

Yom Kippur begins at sundown

-tion (act or state) – completion, reaction, devastation, production, creation, transition

THIS WEEK IN HISTORY

September 25, 1957 – Weeks after Gov. Orval Faubus tries to prevent racial integration, the U.S. Army escorts nine Black students into all-white Central High School in Little Rock, Arkansas.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

25

SEP.

TUESDAY

26

SEP.

WEDNESDAY

27

SEP.

	MONDAY 25 SEP.	TUESDAY 26 SEP.	WEDNESDAY 27 SEP.
SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS		Mawlid al-Nabi begins at sundown	

denouement n. – outcome; final development in a play. The denouement was obvious as early as the middle of the first act.

WEEKLY GOALS

Academic	↕	Personal	↕

SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

THURSDAY 28 SEP.

FRIDAY 29 SEP.

SATURDAY 30 SEP.

↕

SOCIAL STUDIES

MATH

SCIENCE

LANGUAGE ARTS

WELLNESS

ELECTIVE

ELECTIVE

↕

↕

SUNDAY 1 OCT.

↕

DAILY EVENTS

-loc- (place) – locomotive, location, local, locus, relocate, dislocate, localize

OCTOBER 2023

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
25	26	27	28
2	3	4	5
<i>Columbus Day</i> 9	10	11	12
16	17	18	19
23	24	25	26
30	<i>Halloween</i> 31		



FRIDAY	SATURDAY	SUNDAY	NOTES
29	30	1	_____ _____ _____ _____ _____
6	7	8	_____ _____ _____ _____ _____
13	14	15	_____ _____ _____ _____ _____
20	21	22	_____ _____ _____ _____ _____
27	28	29	_____ _____ _____ _____ _____

THIS WEEK IN HISTORY

October 4, 1957 – The Soviet Union launches *Sputnik*, the world's first artificial satellite; thus begins the Space Age.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

2

OCT.

TUESDAY

3

OCT.

WEDNESDAY

4

OCT.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

impale v. – pierce. He was impaled by the spear his enemy hurled.

WEEKLY GOALS

Academic	↕	Personal	↕

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

THURSDAY 5 OCT.

FRIDAY 6 OCT.

SATURDAY 7 OCT.

	THURSDAY 5 OCT.	FRIDAY 6 OCT.	SATURDAY 7 OCT.	SUNDAY 8 OCT.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

-dox- (opinion) – orthodox, heterodox, doxology, indoctrinate, paradox

THIS WEEK IN HISTORY

October 12, 1492 – Christopher Columbus lands at an island in the Bahamas, believing that he has reached East Asia.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

9

OCT.

TUESDAY

10

OCT.

WEDNESDAY

11

OCT.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Columbus Day		

pendant n. – strong inclination; liking. She had a penchant for fine jewelry.

WEEKLY GOALS

Academic	↕	Personal	↕

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

THURSDAY 12 OCT.

FRIDAY 13 OCT.

SATURDAY 14 OCT.

	THURSDAY 12 OCT.	FRIDAY 13 OCT.	SATURDAY 14 OCT.	SUNDAY 15 OCT.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

amphi- (both) – amphibious, amphitheater, amphibian, amphibole

THIS WEEK IN HISTORY

October 17, 1989 – An earthquake registering 6.9 on the Richter scale interrupts game three of the World Series in San Francisco; 63 people die, and nearly 3,800 are injured.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY **16**
OCT.

TUESDAY **17**
OCT.

WEDNESDAY **18**
OCT.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

trilogy n. – group of three works. We read the first book of the Star Wars trilogy.

WEEKLY GOALS

Academic	↕	Personal	↕

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

THURSDAY 19 OCT.

FRIDAY 20 OCT.

SATURDAY 21 OCT.

	THURSDAY 19 OCT.	FRIDAY 20 OCT.	SATURDAY 21 OCT.
SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

SUNDAY 22 OCT.

SUNDAY 22 OCT.

magn- (great) – Magna Carta, magnanimous, magnate, magnificent, magnum opus

THIS WEEK IN HISTORY

October 29, 1929 – New York Stock Exchange prices collapse when stockholders sell 16 million shares. The crash ushers in the Great Depression.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

23

OCT.

TUESDAY

24

OCT.

WEDNESDAY

25

OCT.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

restitution n. – payment for damage or loss. He offered to make restitution for the window he broke.

WEEKLY GOALS

Academic	↕	Personal	↕

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

THURSDAY 26 OCT.

FRIDAY 27 OCT.

SATURDAY 28 OCT.

SOCIAL STUDIES	↕	↕	↕
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

SUNDAY 29 OCT.

	↕

eu- (good) – Eucharist, euphony, eulogy, euphemism, Europe, eugenics

NOVEMBER 2023

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
30	31	1	2
6	7 <i>Election Day</i>	8	9
13	14	15	16
20	21	22	23 <i>Thanksgiving</i>
27	28	29	30

FRIDAY	SATURDAY	SUNDAY	NOTES
3	4	5 <i>Standard time begins</i>	
10	11 <i>Veterans Day</i>	12	
17	18	19	
24	25	26	
1	2	3	

THIS WEEK IN HISTORY

November 4, 1922 – English archaeologist Howard Carter discovers the entrance to King Tutankhamun's tomb in the Valley of the Kings, Egypt.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

30

OCT.

TUESDAY

31

OCT.

WEDNESDAY

1

NOV.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Halloween		

increment n. – increase. The job offers a 10% annual increment in salary.

WEEKLY GOALS

Academic	✓	Personal	✓

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
						1
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

THURSDAY

2
NOV.

FRIDAY

3
NOV.

SATURDAY

4
NOV.

SOCIAL STUDIES	
MATH	
SCIENCE	
LANGUAGE ARTS	
WELLNESS	
ELECTIVE	
ELECTIVE	

SUNDAY

5
NOV.

DAILY EVENTS

--

Standard time begins

endo- (within) – endoplasm, endocrine, endogamous, endoskeleton, endothermic

THIS WEEK IN HISTORY

November 11, 1918 – World War I comes to an end. Many countries recognize this day as Armistice Day; in the United States, it's known as Veterans Day.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

6

NOV.

TUESDAY

7

NOV.

WEDNESDAY

8

NOV.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Election Day		

frugality n. – *thrift. We must live with frugality if we are to get ahead financially.*

WEEKLY GOALS

Academic	↕	Personal	↕

NOVEMBER

DECEMBER

S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3							1
5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30			24	25	26	27	28	29	30
							31						

THURSDAY 9 NOV.

FRIDAY 10 NOV.

SATURDAY 11 NOV.

	THURSDAY 9 NOV.	FRIDAY 10 NOV.	SATURDAY 11 NOV.	SUNDAY 12 NOV.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

Veterans Day

-phobia (fear) – claustrophobia, acrophobia, xenophobia, agoraphobia, hydrophobia

THIS WEEK IN HISTORY

November 19, 1969 – Eighty thousand fans cheer as Brazilian soccer star Pelé scores his 1,000th professional goal in Rio de Janeiro.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY **13**
NOV.

TUESDAY **14**
NOV.

WEDNESDAY **15**
NOV.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

deviate v. – turn away from; sidestep. Don't deviate from the truth.

WEEKLY GOALS

Academic	↕	Personal	↕

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S	
						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

THURSDAY 16 NOV.

FRIDAY 17 NOV.

SATURDAY 18 NOV.

SOCIAL STUDIES							
MATH							
SCIENCE							
LANGUAGE ARTS							
WELLNESS							
ELECTIVE							
ELECTIVE							
DAILY EVENTS							

SUNDAY 19 NOV.

ortho- (straight) – orthopedics, orthodontist, orthodox, orthography, orthogonal

THIS WEEK IN HISTORY

November 26, 1789 – George Washington issues his Thanksgiving Proclamation “to recommend to the people of the United States a day of public thanksgiving.”

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY / **20**
NOV.

TUESDAY / **21**
NOV.

WEDNESDAY / **22**
NOV.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

bogus adj. – counterfeit; not authentic. The police quickly found who was producing the bogus money.

WEEKLY GOALS

Academic		Personal	
	↕		↕

NOVEMBER

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
						1
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						31

THURSDAY 23 NOV.

SOCIAL STUDIES	
MATH	
SCIENCE	
LANGUAGE ARTS	
WELLNESS	
ELECTIVE	
ELECTIVE	

FRIDAY 24 NOV.

SATURDAY 25 NOV.

SUNDAY 26 NOV.

DAILY EVENTS Thanksgiving		
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THIS WEEK IN HISTORY

November 29, 1944 – The first open-heart surgery occurs at Johns Hopkins Hospital. It is known as the “Blue Baby Operation.”

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

27

NOV.

TUESDAY

28

NOV.

WEDNESDAY

29

NOV.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

glut n. – overstock; fill to excess. The glut of athletic shoes gives buyers lots of choices.

WEEKLY GOALS

Academic	↕	Personal	↕

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

THURSDAY 30 NOV.

FRIDAY 1 DEC.

SATURDAY 2 DEC.

SOCIAL STUDIES	↕	↕	↕
MATH	↕	↕	↕
SCIENCE	↕	↕	↕
LANGUAGE ARTS	↕	↕	↕
WELLNESS	↕	↕	↕
ELECTIVE	↕	↕	↕
ELECTIVE	↕	↕	↕
DAILY EVENTS	↕	↕	↕

SUNDAY 3 DEC.

↕
↕

-ver- (true) – verify, veracity, veritable, verdict, verisimilitude, aver, cinema verity

DECEMBER 2023

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
27	28	29	30
4	5	6	7 <i>Hanukkah begins at sundown</i>
11	12	13	14
18	19	20	21 <i>First day of winter</i>
25 <i>Christmas</i>	26 <i>Kwanzaa begins</i>	27	28



FRIDAY	SATURDAY	SUNDAY	NOTES
1	2	3	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
8	9	10	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
15	16	17	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
22	23	24	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
29	30	31	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



THIS WEEK IN HISTORY

December 7, 1941 – Two hundred Japanese aircraft attack the U.S. naval base at Pearl Harbor, Hawaii, pulling the United States into World War II.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

4

DEC.

TUESDAY

5

DEC.

WEDNESDAY

6

DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

desecrate v. – violate the sanctity of. The robbers desecrated the temple.

WEEKLY GOALS

Academic	↕	Personal	↕

DECEMBER

JANUARY

S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

THURSDAY

7
DEC.

FRIDAY

8
DEC.

SATURDAY

9
DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Hanukkah begins at sundown		

SUNDAY

10
DEC.

matri- (mother) – matricide, matron, matriarch, matrimony, matrilineal

THIS WEEK IN HISTORY

December 17, 1903 – In the world's first powered flight, Orville and Wilbur Wright's biplane flies for 12 seconds near Kitty Hawk, North Carolina.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

11

DEC.

TUESDAY

12

DEC.

WEDNESDAY

13

DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

goad v. – urge on. The boy was goaded by his friends until he gave in to their wishes.

WEEKLY GOALS

Academic	↕	Personal	↕

DECEMBER

JANUARY

S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2			1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	
24	25	26	27	28	29	30	28	29	30	31				
31														

THURSDAY 14 DEC.

FRIDAY 15 DEC.

SATURDAY 16 DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

SUNDAY 17 DEC.

mega- (large) – megalith, megaphone, megalomania, megalopolis, megahertz

THIS WEEK IN HISTORY

December 19, 1974 – The first personal computer goes on sale. The Altair 8800 is sold as a kit through *Popular Electronics* magazine.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY 18
DEC.

TUESDAY 19
DEC.

WEDNESDAY 20
DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

tureen n. – deep table dish for holding soup. Her great grandmother served soup in the tureen she received as a wedding gift.

WEEKLY GOALS

Academic	↕	Personal	↕

DECEMBER**JANUARY**

S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

THURSDAY 21 DEC.**FRIDAY 22 DEC.****SATURDAY 23 DEC.**

SOCIAL STUDIES	↕	↕	↕	
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS	First day of winter			

SUNDAY 24 DEC.

	↕

THIS WEEK IN HISTORY

December 27, 1904 – *Peter Pan*, by playwright James Barrie, opens at the Duke of York's Theatre in London.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

25

DEC.

TUESDAY

26

DEC.

WEDNESDAY

27

DEC.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Christmas	Kwanzaa begins	

ornithology n. – study of birds. John James Audubon was a famous scholar of ornithology.

WEEKLY GOALS

Academic	✓	Personal	↓

DECEMBER

JANUARY

S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2			1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	
24	25	26	27	28	29	30	28	29	30	31				
31														

THURSDAY 28 DEC.

FRIDAY 29 DEC.

SATURDAY 30 DEC.

	THURSDAY 28 DEC.	FRIDAY 29 DEC.	SATURDAY 30 DEC.	SUNDAY 31 DEC.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

-sangui- (blood) – sanguinary, sanguine, consanguinity, sangria

JANUARY 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>New Year's Day</i> 1	2	3	4
8	9	10	11
<i>Martin Luther King Jr. Day</i> 15	16	17	18
22	23	24	25
29	30	31	1



FRIDAY

SATURDAY

SUNDAY

NOTES

5

6

7

12

13

14

19

20

21

26

27

28

2

3

4



THIS WEEK IN HISTORY

January 1, 1863 – President Abraham Lincoln signs the Emancipation Proclamation, declaring all persons held as slaves in areas that were fighting Union forces to be forever free.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

1

JAN.

TUESDAY

2

JAN.

WEDNESDAY

3

JAN.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	New Year's Day		

supple adj. – flexible; pliant. The fisherman found a supple tree limb to use as a fishing rod.

THIS WEEK IN HISTORY

January 10, 1946 – Delegates from 51 nations meet in London for the first meeting of the United Nations General Assembly.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

8

JAN.

TUESDAY

9

JAN.

WEDNESDAY

10

JAN.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

itinerary n. – plan of a trip. She left her itinerary with us in case we need to contact her.

WEEKLY GOALS

Academic	↕	Personal	↕

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
						1
						2
						3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

THURSDAY 11 JAN.

FRIDAY 12 JAN.

SATURDAY 13 JAN.

SOCIAL STUDIES	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
MATH	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
SCIENCE	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
LANGUAGE ARTS	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
WELLNESS	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
ELECTIVE	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
ELECTIVE	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
DAILY EVENTS	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕
	↕	↕	↕

SUNDAY 14 JAN.

demo- (people) – democracy, demography, undemocratic, democratize

THIS WEEK IN HISTORY

January 15, 1929 – Martin Luther King Jr., a Black civil rights leader, minister, advocate of nonviolence, and Nobel Peace Prize recipient, is born.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY / **15**
JAN.

TUESDAY / **16**
JAN.

WEDNESDAY / **17**
JAN.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Martin Luther King Jr. Day		

coerce v. – force. Don't try to coerce me into doing this.

WEEKLY GOALS

Academic	Personal

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
						1 2 3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

THURSDAY 18 JAN.

SOCIAL STUDIES	
MATH	
SCIENCE	
LANGUAGE ARTS	
WELLNESS	
ELECTIVE	
ELECTIVE	

FRIDAY 19 JAN.

SATURDAY 20 JAN.

SUNDAY 21 JAN.

DAILY EVENTS			
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stereo- (solid) – stereoscope, stereophonic, stereotype, stereopticon, stereotropism

THIS WEEK IN HISTORY

January 25, 1924 – The town of Chamonix, France, hosts the first Winter Olympics.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

22

JAN.

TUESDAY

23

JAN.

WEDNESDAY

24

JAN.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

dissertation n. – formal essay. For her degree, she wrote a dissertation on learning disabilities.

WEEKLY GOALS

Academic	↕	Personal	↕

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
						1
						2
						3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

THURSDAY 25 JAN.

FRIDAY 26 JAN.

SATURDAY 27 JAN.

	THURSDAY 25 JAN.	FRIDAY 26 JAN.	SATURDAY 27 JAN.	SUNDAY 28 JAN.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

-ism (doctrine) – Marxism, capitalism, Imagism, Cubism, nihilism, pluralism

THIS WEEK IN HISTORY

January 30, 1948 – A Hindu fanatic assassinates Mohandas Gandhi, the political and spiritual leader of the Indian independence movement.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

29

JAN.

TUESDAY

30

JAN.

WEDNESDAY

31

JAN.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

amble v. – move at an easy pace. He ambled around the town.

WEEKLY GOALS

Academic	↕	Personal	↕

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S		
						1	2	3
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19	20	21	22	23	24		
25	26	27	28	29				

THURSDAY

1

FEB.

FRIDAY

2

FEB.

SATURDAY

3

FEB.

	THURSDAY 1 FEB.	FRIDAY 2 FEB.	SATURDAY 3 FEB.	SUNDAY 4 FEB.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS		Groundhog Day		

cognosc-, -cognit- (to learn) – agnostic, incognito, cognition

FEBRUARY 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
29	30	31	1
5	6	7	8
<i>Lincoln's Birthday</i> 12	13	<i>Ash Wednesday</i> <i>Valentine's Day</i> 14	15
<i>Presidents' Day</i> 19	20	21	<i>Washington's Birthday</i> 22
26	27	28	29



FRIDAY	SATURDAY	SUNDAY	NOTES
<i>Groundhog Day</i> 2	3	4	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
9	<i>Lunar New Year</i> 10	11	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
16	17	18	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
23	24	25	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
1	2	3	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



THIS WEEK IN HISTORY

February 7, 1964 – The Beatles, a British rock band, arrive in the United States for the first time.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

5

FEB.

TUESDAY

6

FEB.

WEDNESDAY

7

FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

epitome n. – a representative or example of a type. He is the epitome of a male chauvinist.

WEEKLY GOALS

Academic	↕	Personal	↕

FEBRUARY

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

S	M	T	W	T	F	S	
						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

THURSDAY

8
FEB.

FRIDAY

9
FEB.

SATURDAY

10
FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

Lunar New Year

SUNDAY

11
FEB.

-graph-, -gram (writing) – epigram, telegram, stenography

THIS WEEK IN HISTORY

February 15, 1965 – Canada officially adopts the red maple leaf flag, one of the world's most recognizable national emblems.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

12

FEB.

TUESDAY

13

FEB.

WEDNESDAY

14

FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Lincoln's Birthday		Ash Wednesday Valentine's Day

adhere v. – stick fast. I will adhere to my opinion until I'm proven wrong.

THIS WEEK IN HISTORY

February 24, 1786 – Wilhelm Grimm, the younger of the Brothers Grimm, is born in Hanau, Germany. Their folktales are later published as *Grimms' Fairy Tales*.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

19

FEB.

TUESDAY

20

FEB.

WEDNESDAY

21

FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Presidents' Day		

ogle v. – look at with strong interest; stare. It is impolite to ogle at people walking by.

WEEKLY GOALS

Academic	↕	Personal	↕

FEBRUARY

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

S	M	T	W	T	F	S	
						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

THURSDAY 22 FEB.

FRIDAY 23 FEB.

SATURDAY 24 FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Washington's Birthday		

SUNDAY 25 FEB.

-dict- (to say) – abdicate, diction, verdict

THIS WEEK IN HISTORY

February 26, 1919 – Grand Canyon National Park is established, covering 1.2 million acres. A gorge of the Colorado River, it is considered one of the world's most spectacular natural phenomena.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

26
FEB.

TUESDAY

27
FEB.

WEDNESDAY

28
FEB.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

infamous adj. – notoriously bad. Jesse James was an infamous outlaw.

WEEKLY GOALS

Academic	↕	Personal	↕

FEBRUARY

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

THURSDAY 29 FEB.**FRIDAY 1 MAR.****SATURDAY 2 MAR.**

	THURSDAY 29 FEB.	FRIDAY 1 MAR.	SATURDAY 2 MAR.	SUNDAY 3 MAR.
SOCIAL STUDIES				
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				

ab-, abs- (from, away from) – abduct, abdicate, absent

MARCH 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
26	27	28	29
4	5	6	7
11	12	13	14
18	<i>First day of spring</i> 19	20	21
25	26	27	28



FRIDAY	SATURDAY	SUNDAY	NOTES
1	2	3	
8	9	10 <i>Daylight saving time begins Ramadan begins at sundown</i>	
15	16	17 <i>St. Patrick's Day</i>	
22	23	24 <i>Palm Sunday</i>	
29 <i>Good Friday</i>	30	31 <i>Easter</i>	



THIS WEEK IN HISTORY

March 7, 1876 – Alexander Graham Bell receives a patent for an invention he calls the telephone.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

4

MAR.

TUESDAY

5

MAR.

WEDNESDAY

6

MAR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

verdigris n. – a green coating on copper due to weathering. The statue became coated with verdigris.

WEEKLY GOALS

Academic	↕	Personal	↕

MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

THURSDAY

7
MAR.

FRIDAY

8
MAR.

SATURDAY

9
MAR.

SOCIAL STUDIES	↕	↕	↕	
MATH				
SCIENCE				
LANGUAGE ARTS				
WELLNESS				
ELECTIVE				
ELECTIVE				
DAILY EVENTS				Daylight saving time begins Ramadan begins at sundown

SUNDAY

10
MAR.

-jur-, -jrat- (to swear) – abjure, perjure, jury

THIS WEEK IN HISTORY

March 11, 2009 – Toyota Motor Co. sells its millionth hybrid electric vehicle in the United States. The Prius model is the most popular.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

11

MAR.

TUESDAY

12

MAR.

WEDNESDAY

13

MAR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

soporific adj. – sleep-producing. Thanksgiving dinner had a soporific effect on all our guests.

WEEKLY GOALS

Academic	↓	Personal	↑

MARCH

APRIL

S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2			1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	
24	25	26	27	28	29	30	28	29	30					
31														

THURSDAY 14 MAR.

FRIDAY 15 MAR.

SATURDAY 16 MAR.

SOCIAL STUDIES				
	MATH			
	SCIENCE			
	LANGUAGE ARTS			
	WELLNESS			
ELECTIVE				
ELECTIVE				
DAILY EVENTS			<p>SUNDAY 17 MAR.</p> <p style="text-align: center;">St. Patrick's Day</p>	

-solv-, -solut- (to loosen, explain) – *absolve, dissolute, absolute*

THIS WEEK IN HISTORY

March 20, 1916 – Albert Einstein publishes his theory of general relativity.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY **18**
MAR.

TUESDAY **19**
MAR.

WEDNESDAY **20**
MAR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS		First day of spring	

antipathy n. – aversion. The author had a fundamental antipathy to reading on a tablet computer.

WEEKLY GOALS

									Personal
Academic	✓								

MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

THURSDAY 21 MAR.

FRIDAY 22 MAR.

SATURDAY 23 MAR.

SOCIAL STUDIES										
MATH										
SCIENCE										
LANGUAGE ARTS										
WELLNESS										
ELECTIVE										
ELECTIVE										
DAILY EVENTS										

SOCIAL STUDIES										
MATH										
SCIENCE										
LANGUAGE ARTS										
WELLNESS										
ELECTIVE										
ELECTIVE										
DAILY EVENTS										

SOCIAL STUDIES										
MATH										
SCIENCE										
LANGUAGE ARTS										
WELLNESS										
ELECTIVE										
ELECTIVE										
DAILY EVENTS	Palm Sunday									

SUNDAY 24 MAR.

SOCIAL STUDIES										
MATH										
SCIENCE										
LANGUAGE ARTS										
WELLNESS										
ELECTIVE										
ELECTIVE										
DAILY EVENTS										

-cord- (heart) – accord, cordial, discord

THIS WEEK IN HISTORY

March 26, 1953 – U.S. medical researcher Jonas Salk announces that his tests of a vaccine against the virus that causes polio have been successful.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

25

MAR.

TUESDAY

26

MAR.

WEDNESDAY

27

MAR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

ruddy adj. – having a healthy red color. The baby's ruddy skin was a sign of good health.

WEEKLY GOALS

Academic	↕	Personal	↕

MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

THURSDAY 28 MAR.

SOCIAL STUDIES	
MATH	
SCIENCE	
LANGUAGE ARTS	
WELLNESS	
ELECTIVE	
ELECTIVE	

FRIDAY 29 MAR.

SATURDAY 30 MAR.

SUNDAY 31 MAR.

DAILY EVENTS	
---------------------	--

Good Friday

Easter

acr- (sharp) – acrimonious, acerbity, acidulate

APRIL 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>April Fools' Day</i> 1	2	3	<i>Laylat al-Qadr begins at sundown</i> 4
8	<i>Eid al-Fitr begins at sundown</i> 9	10	11
15	16	17	18
<i>Earth Day</i> <i>Passover begins at sundown</i> 22	23	24	25
29	30	1	2



FRIDAY	SATURDAY	SUNDAY	NOTES
5	6	7	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
12	13	14	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
19	20	21	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
26	27	28	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
3	4	5	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



THIS WEEK IN HISTORY

April 6, 648 B.C. – Ancient Greeks record a solar eclipse for the first time. Earlier eclipses were recorded in China and Babylon.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

1

APR.

TUESDAY

2

APR.

WEDNESDAY

3

APR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	April Fools' Day		

maudlin adj. – tearfully sentimental. I am annoyed when a movie turns needlessly maudlin.

THIS WEEK IN HISTORY

April 11, 1970 – Apollo 13 launches from Cape Kennedy (now Cape Canaveral), Florida; the mission is aborted after an oxygen tank explodes en route to the moon.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

8

APR.

TUESDAY

9

APR.

WEDNESDAY

10

APR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Eid al-Fitr begins at sundown		

vilify v. – make abusive and slanderous statements toward someone. The Nazi propaganda vilified the Jews.

THIS WEEK IN HISTORY

April 15, 1912 – The “unsinkable” luxury liner *Titanic* hits an iceberg and sinks on its maiden voyage from Southampton, England, to New York City; more than 1,500 of its 2,200 passengers perish.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

15

APR.

TUESDAY

16

APR.

WEDNESDAY

17

APR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

inter v. – bury. The cemetery's sexton would inter the casket after the family left.

THIS WEEK IN HISTORY

April 22, 1970 – People in the United States celebrate the first Earth Day to increase public awareness of the world's environmental problems.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

22

APR.

TUESDAY

23

APR.

WEDNESDAY

24

APR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Earth Day Passover begins at sundown		

tractable adj. – manageable. His new computer made complex graphic design more tractable, so he got more done.

WEEKLY GOALS

Academic	↕	Personal	↕

APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

THURSDAY 25 APR.

FRIDAY 26 APR.

SATURDAY 27 APR.

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

SUNDAY 28 APR.

agri-, agrari- (field) – agrarian, agriculture

MAY 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
29	30	1	2
6	7	8	9
13	14	15	16
20	21	22	23
<i>Memorial Day</i> 27	28	29	30

FRIDAY	SATURDAY	SUNDAY	NOTES
3	4	5 <i>Cinco de Mayo</i>	
10	11	12 <i>Mother's Day</i>	
17	18	19	
24	25	26	
31	1	2	

THIS WEEK IN HISTORY

April 29, 1429 – Joan of Arc leads a French force to end the English siege of the city of Orléans, France. She is captured and killed in 1431.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

29

APR.

TUESDAY

30

APR.

WEDNESDAY

1

MAY

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

steadfast adj. – firm; unwavering. The president spoke with steadfast resolve.

WEEKLY GOALS

Academic	↕	Personal	↕

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

THURSDAY

2
MAY

FRIDAY

3
MAY

SATURDAY

4
MAY

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			Cinco de Mayo

SUNDAY

5
MAY

-ali- (another) – alias, alienate, inalienable

THIS WEEK IN HISTORY

May 6, 1889 – The Eiffel Tower opens to the public at the Universal Exposition in Paris. For 41 years, the tower is the world's tallest building.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

6

MAY

TUESDAY

7

MAY

WEDNESDAY

8

MAY

	MONDAY 6 MAY	TUESDAY 7 MAY	WEDNESDAY 8 MAY
SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

incite v. – stir up; provoke. The movie incited a riot.

WEEKLY GOALS

Academic	✓ ↘	Personal	↙ ✓

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

THURSDAY 9 MAY

SOCIAL STUDIES
MATH
SCIENCE
LANGUAGE ARTS
WELLNESS
ELECTIVE
ELECTIVE

FRIDAY 10 MAY

SATURDAY 11 MAY

SUNDAY 12 MAY

DAILY EVENTS

		Mother's Day
--	--	--------------

alter- (other) – alternator, alteration, alter ego, alternative, altruism, altercation

HALL PASS

THIS WEEK IN HISTORY

May 15, 1940 – In San Bernardino, California, brothers Maurice (“Mac”) and Richard McDonald open a drive-in restaurant that gives rise to the fast-food chain McDonald’s.

DATE	TIME	TO	INITIALS

MONDAY / **13**
MAY

TUESDAY / **14**
MAY

WEDNESDAY / **15**
MAY

	MONDAY / 13 MAY	TUESDAY / 14 MAY	WEDNESDAY / 15 MAY
SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

awry adj., adv. – crooked; amiss; wrong. The surprise party went awry when he learned of their plans.

WEEKLY GOALS

Academic	↕	Personal	↕

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

THURSDAY 16 MAY

FRIDAY 17 MAY

SATURDAY 18 MAY

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

SUNDAY 19 MAY

amat- (love) – amatory, amateur, amorous, amiable, amigo, amour

THIS WEEK IN HISTORY

May 21, 1932 – Amelia Earhart becomes the first woman to fly solo across the Atlantic Ocean.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY / **20**
MAY

TUESDAY / **21**
MAY

WEDNESDAY / **22**
MAY

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

taciturn adj. – quiet; not speaking much. Because of his taciturn demeanor, it was easy for Harry to be a mime.

WEEKLY GOALS

Academic	↕	Personal	↕

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

THURSDAY 23 MAY

FRIDAY 24 MAY

SATURDAY 25 MAY

SOCIAL STUDIES	↕		↕
MATH	↕		↕
SCIENCE	↕		↕
LANGUAGE ARTS	↕		↕
WELLNESS	↕		↕
ELECTIVE	↕		↕
ELECTIVE	↕		↕
DAILY EVENTS	↕		↕

SUNDAY 26 MAY

HALL PASS

THIS WEEK IN HISTORY

May 27, 1937 – The Golden Gate Bridge opens in San Francisco. About 200,000 people cross the bridge on that first day.

DATE	TIME	TO	INITIALS

MONDAY

27

MAY

TUESDAY

28

MAY

WEDNESDAY

29

MAY

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS	Memorial Day		

fortitude n. – courage. It took a lot of fortitude to confess to cheating on the exam.

WEEKLY GOALS

Academic	↕	Personal	↕

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

THURSDAY 30 MAY**FRIDAY 31 MAY****SATURDAY 1 JUNE**

SOCIAL STUDIES	
SOCIAL STUDIES	
SOCIAL STUDIES	
MATH	
MATH	
MATH	
SCIENCE	
SCIENCE	
SCIENCE	
LANGUAGE ARTS	
LANGUAGE ARTS	
LANGUAGE ARTS	
WELLNESS	
WELLNESS	
WELLNESS	
ELECTIVE	
ELECTIVE	
ELECTIVE	
ELECTIVE	
ELECTIVE	

SUNDAY 2 JUNE

DAILY EVENTS		
--------------	--	--

an- (without) – anarchy, anemia, anesthesia

JUNE 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
27	28	29	30
3	4	5	6
10	11	12	13
17	18	19 <i>Juneteenth</i>	20 <i>First day of summer</i>
24	25	26	27

THIS WEEK IN HISTORY

June 8, 1968 – Three days after his assassination, Senator Robert F. Kennedy is laid to rest at Arlington National Cemetery.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

3

JUNE

TUESDAY

4

JUNE

WEDNESDAY

5

JUNE

	MONDAY 3 JUNE	TUESDAY 4 JUNE	WEDNESDAY 5 JUNE
SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

extraneous adj. – not essential. Putting in hardwood flooring was an extraneous expense.

WEEKLY GOALS

Academic	↕	Personal	↕

JUNE

JULY

S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1		1	2	3	4	5	6	
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			
30													

THURSDAY 6 JUNE

FRIDAY 7 JUNE

SATURDAY 8 JUNE

SOCIAL STUDIES			FRIDAY 7 JUNE			SATURDAY 8 JUNE		
MATH								
SCIENCE								
LANGUAGE ARTS								
WELLNESS								
ELECTIVE								
ELECTIVE								
DAILY EVENTS								

SUNDAY 9 JUNE

-arch- (ruler, first) – anarchy, archeology, archbishop

THIS WEEK IN HISTORY

June 15, 1215 – King John seals the Magna Carta. Regarded as the first charter of English liberties, it's one of the most important documents in the history of political and human freedom.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

10
JUNE

TUESDAY

11
JUNE

WEDNESDAY

12
JUNE

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			

defunct adj. – no longer in existence. *The Whig Party is now defunct in the United States.*

THIS WEEK IN HISTORY

June 17, 1885 – The Statue of Liberty arrives in New York City as a gift of friendship from France.

HALL PASS

DATE	TIME	TO	INITIALS

MONDAY

17

JUNE

TUESDAY

18

JUNE

WEDNESDAY

19

JUNE

SOCIAL STUDIES			
MATH			
SCIENCE			
LANGUAGE ARTS			
WELLNESS			
ELECTIVE			
ELECTIVE			
DAILY EVENTS			Juneteenth

levity n. – lightness. The boy's levity toward the serious situation was bothersome.

JULY 2024

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1	2	3	4 <i>Independence Day</i>
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	1



FRIDAY	SATURDAY	SUNDAY	NOTES
5	6	7 <i>Muharram begins at sundown</i>	
12	13	14	
19	20	21	
26	27	28	
2	3	4	



MATHEMATICS *Roman numerals & place value*

ROMAN NUMERALS

IN THE ROMAN NUMBER SYSTEM, NUMERALS ARE REPRESENTED BY 7 CAPITAL LETTERS FROM OUR ALPHABET. THESE LETTERS ARE COMBINED IN DIFFERENT WAYS TO FORM NUMBERS. THE VALUES OF THE LETTERS ARE ADDED TOGETHER, UNLESS A LETTER WITH A LESSER VALUE COMES BEFORE ONE WITH A LARGER VALUE. IN THIS CASE, THE VALUE IS THE DIFFERENCE OF THE TWO LETTER VALUES.

FOLLOWING ARE THE 7 LETTERS AND THEIR VALUES:

- I** → one
- V** → five
- X** → ten
- L** → fifty
- C** → one hundred
- D** → five hundred
- M** → one thousand

- {1}= **I**
- {2}= **II**
- {3}= **III**
- {4}= **IV**
- {5}= **V**
- {6}= **VI**
- {7}= **VII**
- {8}= **VIII**
- {9}= **IX**
- {10}= **X**
- {11}= **XI**
- {12}= **XII**
- {13}= **XIII**
- {14}= **XIV**
- {15}= **XV**
- {16}= **XVI**
- {17}= **XVII**
- {18}= **XVIII**
- {19}= **XIX**
- {20}= **XX**
- {30}= **XXX**
- {40}= **XL**
- {50}= **L**
- {60}= **LX**
- {70}= **LXX**
- {80}= **LXXX**
- {90}= **XC**
- {100}= **C**
- {500}= **D**
- {1000}= **M**

PLACE VALUE

Hundred Trillions	Ten Trillions	One Trillions	Hundred Billions	Ten Billions	One Billions	Hundred Millions	Ten Millions	One Millions	Hundred Thousands	Ten Thousands	One Thousands	Hundreds	Tens	Ones
1	5	4	3	9	9	7	1	5	4	6	2	1	0	0

Read this number as one hundred fifty-four trillion, three hundred ninety-nine billion, seven hundred fifteen million, four hundred sixty-two thousand, one hundred.
Write this number as 154,399,715,462,100.

Number	Zeros
Thousand	3
Million	6
Billion	9
Trillion	12
Quadrillion	15
Quintillion	18
Sextillion	21
Septillion	24
Octillion	27
Nonillion	30
Decillion	33
Googol	100

NUMBER PREFIXES

uni-	-----	one
bi-	-----	two
tri-	-----	three
quadri-	-----	four
quint-	-----	five
sex-	-----	six
sept-	-----	seven
oct-	-----	eight
non-	-----	nine
deci-	-----	ten

MATHEMATICS *algebra & multiplication table*

ALGEBRA

Expanding

- {1} $a(b+c) = ab+ac$
- {2} $(a+b)^2 = a^2+2ab+b^2$
- {3} $(a-b)^2 = a^2-2ab+b^2$
- {4} $(a+b)(a+c) = a^2+ac+ab+bc$
- {5} $(a+b)(c+d) = ac+ad+bc+bd$
- {6} $(a+b)^3 = a^3+3a^2b+3ab^2+b^3$
- {7} $(a-b)^3 = a^3-3a^2b+3ab^2-b^3$
- {8} $a^2-b^2 = (a+b)(a-b)$
- {9} $a^3+b^3 = (a+b)(a^2-ab+b^2)$
- {10} $a^3b-ab^3 = ab(a+1)(a-1)$
- {11} $a^2-2ab+b^2 = (a-b)^2$
- {12} $a^3-b^3 = (a-b)(a^2+ab+b^2)$

Laws of Exponents

- {1} $a^r a^s = a^{r+s}$
- {2} $a^r / a^s = a^{r-s}$
- {3} $a^r a^s / a^p = a^{r+s-p}$
- {4} $(a^r)^s = a^{rs}$
- {5} $(ab)^r = a^r b^r$
- {6} $(a/b)^r = a^r / b^r$ ($b \neq 0$)
- {7} $a^0 = 1$ ($a \neq 0$)
- {8} $a^{-r} = 1/a^r$ ($a \neq 0$)

if r and s are positive integers

Logarithms

- {1} $\text{Log}(xy) = \text{Log } x + \text{Log } y$
- {2} $\text{Log } x^r = r \text{Log } x$
- {3} $\text{Log } x = n \iff x = 10^n$ (Common log)
- {4} $\text{Log}_a x = n \iff x = a^n$ (Log to the base a)
- {5} $\text{Ln } x = n \iff x = e^n$ (Natural log)
- {6} $\text{Log}(x/y) = \text{Log } x - \text{Log } y$

$e = 2.71828183$

Quadratic Formula

When given a formula in the form of a quadratic equation →

$$ax^2 + bx + c = 0$$

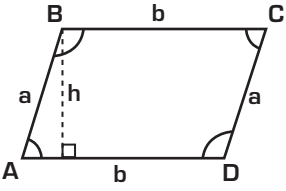
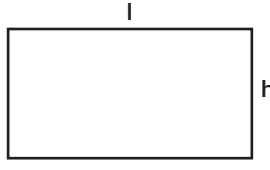
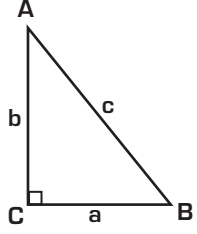
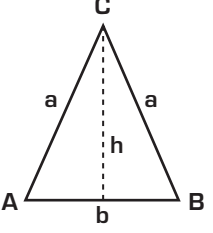
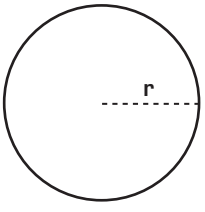
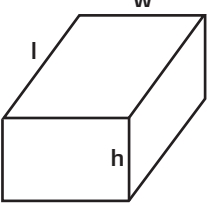
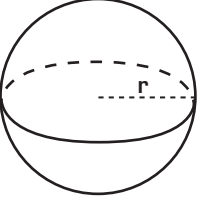
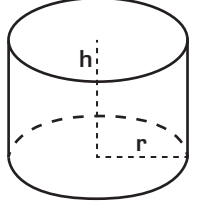
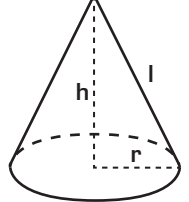
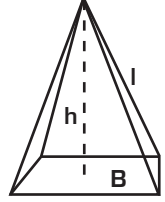
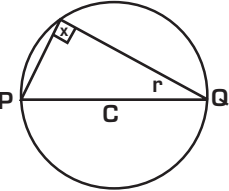
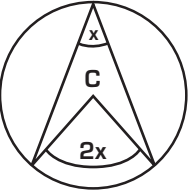
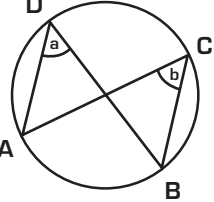
The solution can be derived using the quadratic formula →

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

MULTIPLICATION TABLE

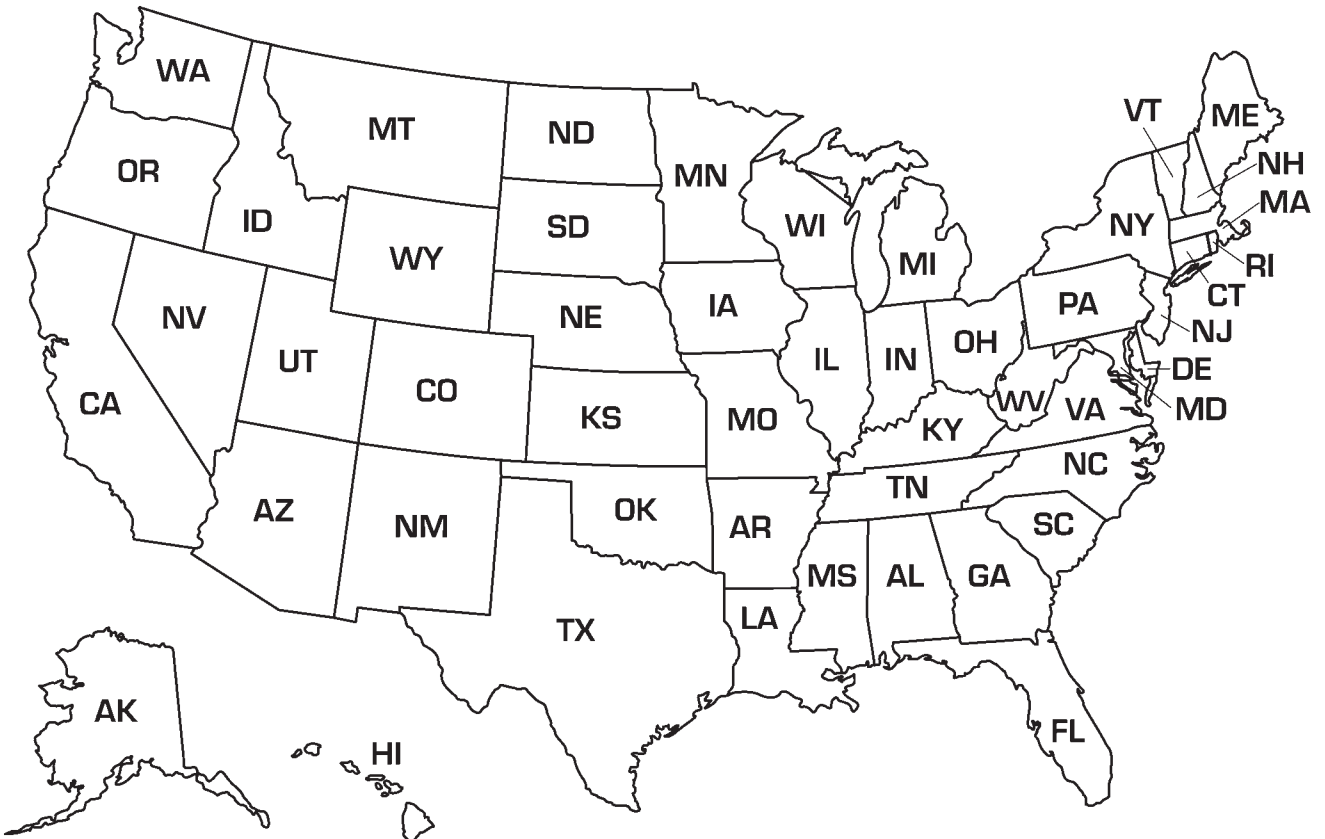
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1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
2	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	40
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4	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80
5	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100
6	6	12	18	24	30	36	42	48	54	60	66	72	78	84	90	96	102	108	114	120
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9	9	18	27	36	45	54	63	72	81	90	99	108	117	126	135	144	153	162	171	180
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12	12	24	36	48	60	72	84	96	108	120	132	144	156	168	180	192	204	216	228	240
13	13	26	39	52	65	78	91	104	117	130	143	156	169	182	195	208	221	234	247	260
14	14	28	42	56	70	84	98	112	126	140	154	168	182	196	210	224	238	252	266	280
15	15	30	45	60	75	90	105	120	135	150	165	180	195	210	225	240	255	270	285	300
16	16	32	48	64	80	96	112	128	144	160	176	192	208	224	240	256	272	288	304	320
17	17	34	51	68	85	102	119	136	153	170	187	204	221	238	255	272	289	306	323	340
18	18	36	54	72	90	108	126	144	162	180	198	216	234	252	270	288	306	324	342	360
19	19	38	57	76	95	114	133	152	171	190	209	228	247	266	285	304	323	342	361	380
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MATHEMATICS *area & volume*

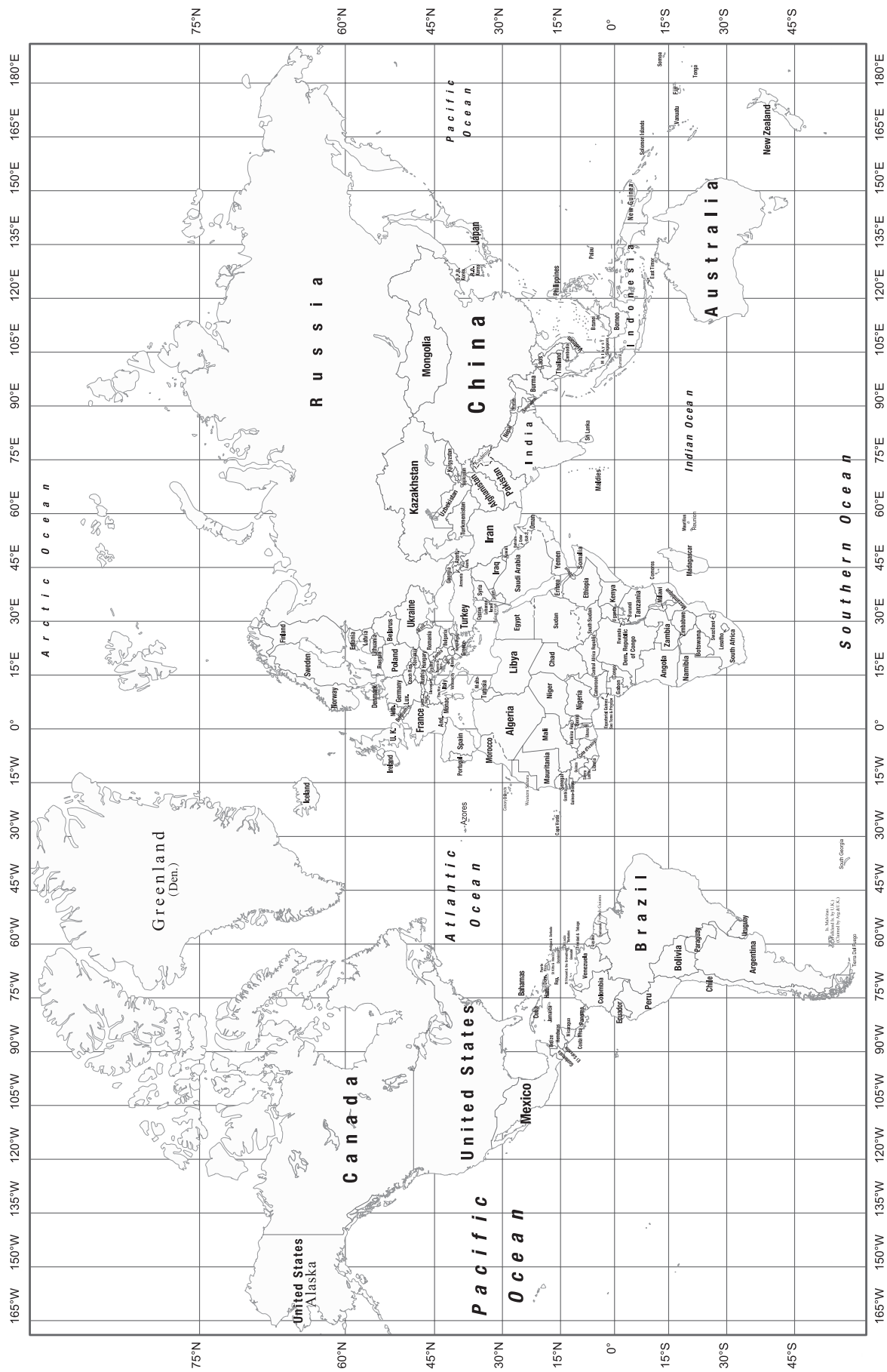
<p>PARALLELOGRAM</p>  <p>Area of ABCD = bh</p>	<p>RECTANGLE</p>  <p>Perimeter = $2(l + h)$ Area = $l \times h$</p>	<p>RIGHT TRIANGLE</p>  <p>Area = $ab/2$ $c^2 = a^2 + b^2$ (<i>Pythagorean Theorem</i>)</p>		
<p>ISOSCELES TRIANGLE</p>  <p>Area = $bh/2$</p>	<p>CIRCLE</p>  <p>Circumference of a circle = $2\pi r$ Area of a circle = πr^2</p>	<p>RECTANGULAR PRISM</p>  <p>Surface area of a prism = $2(wl + lh + wh)$ Volume of a prism = $l \times w \times h$</p>		
<p>SPHERE</p>  <p>Surface area of a sphere = $4\pi r^2$ Volume of a sphere = $4\pi r^3/3$</p>	<p>CYLINDER</p>  <p>Surface area of a cylinder = $2\pi rh + 2\pi r^2$ Volume of a cylinder = $\pi r^2 h$</p>	<p>CONE</p>  <p>Surface area of a cone = $\pi r l + \pi r^2$ (l=slant height) Volume of a cone = $\pi r^2 h/3$</p>	<p>PYRAMID</p>  <p>Surface area of a pyramid = $B + \text{Lateral area}$ (<i>Lateral area</i>=sum of triangular faces) Volume of a pyramid = $Bh/3$ (B = area of base)</p>	
<p>CIRCLE THEOREMS</p>  <p>$\angle x = 90^\circ$ (PQ is the diameter)</p>			 <p>C is the center of the circle</p>	 <p>$\angle a = \angle b$ (Both angles intercept arc AB)</p>

GEOGRAPHY *states & state capitals*

{AL}	Alabama	-----	Montgomery	{MT}	Montana	-----	Helena
{AK}	Alaska	-----	Juneau	{NE}	Nebraska	-----	Lincoln
{AZ}	Arizona	-----	Phoenix	{NV}	Nevada	-----	Carson City
{AR}	Arkansas	-----	Little Rock	{NH}	New Hampshire	-----	Concord
{CA}	California	-----	Sacramento	{NJ}	New Jersey	-----	Trenton
{CO}	Colorado	-----	Denver	{NM}	New Mexico	-----	Santa Fe
{CT}	Connecticut	-----	Hartford	{NY}	New York	-----	Albany
{DE}	Delaware	-----	Dover	{NC}	North Carolina	-----	Raleigh
{FL}	Florida	-----	Tallahassee	{ND}	North Dakota	-----	Bismarck
{GA}	Georgia	-----	Atlanta	{OH}	Ohio	-----	Columbus
{HI}	Hawaii	-----	Honolulu	{OK}	Oklahoma	-----	Oklahoma City
{ID}	Idaho	-----	Boise	{OR}	Oregon	-----	Salem
{IL}	Illinois	-----	Springfield	{PA}	Pennsylvania	-----	Harrisburg
{IN}	Indiana	-----	Indianapolis	{RI}	Rhode Island	-----	Providence
{IA}	Iowa	-----	Des Moines	{SC}	South Carolina	-----	Columbia
{KS}	Kansas	-----	Topeka	{SD}	South Dakota	-----	Pierre
{KY}	Kentucky	-----	Frankfort	{TN}	Tennessee	-----	Nashville
{LA}	Louisiana	-----	Baton Rouge	{TX}	Texas	-----	Austin
{ME}	Maine	-----	Augusta	{UT}	Utah	-----	Salt Lake City
{MD}	Maryland	-----	Annapolis	{VT}	Vermont	-----	Montpelier
{MA}	Massachusetts	-----	Boston	{VA}	Virginia	-----	Richmond
{MI}	Michigan	-----	Lansing	{WA}	Washington	-----	Olympia
{MN}	Minnesota	-----	St. Paul	{WV}	West Virginia	-----	Charleston
{MS}	Mississippi	-----	Jackson	{WI}	Wisconsin	-----	Madison
{MO}	Missouri	-----	Jefferson City	{WY}	Wyoming	-----	Cheyenne



GEOGRAPHY *world map with longitude & latitude*



STOP BULLYING

Bullying is a form of abuse.

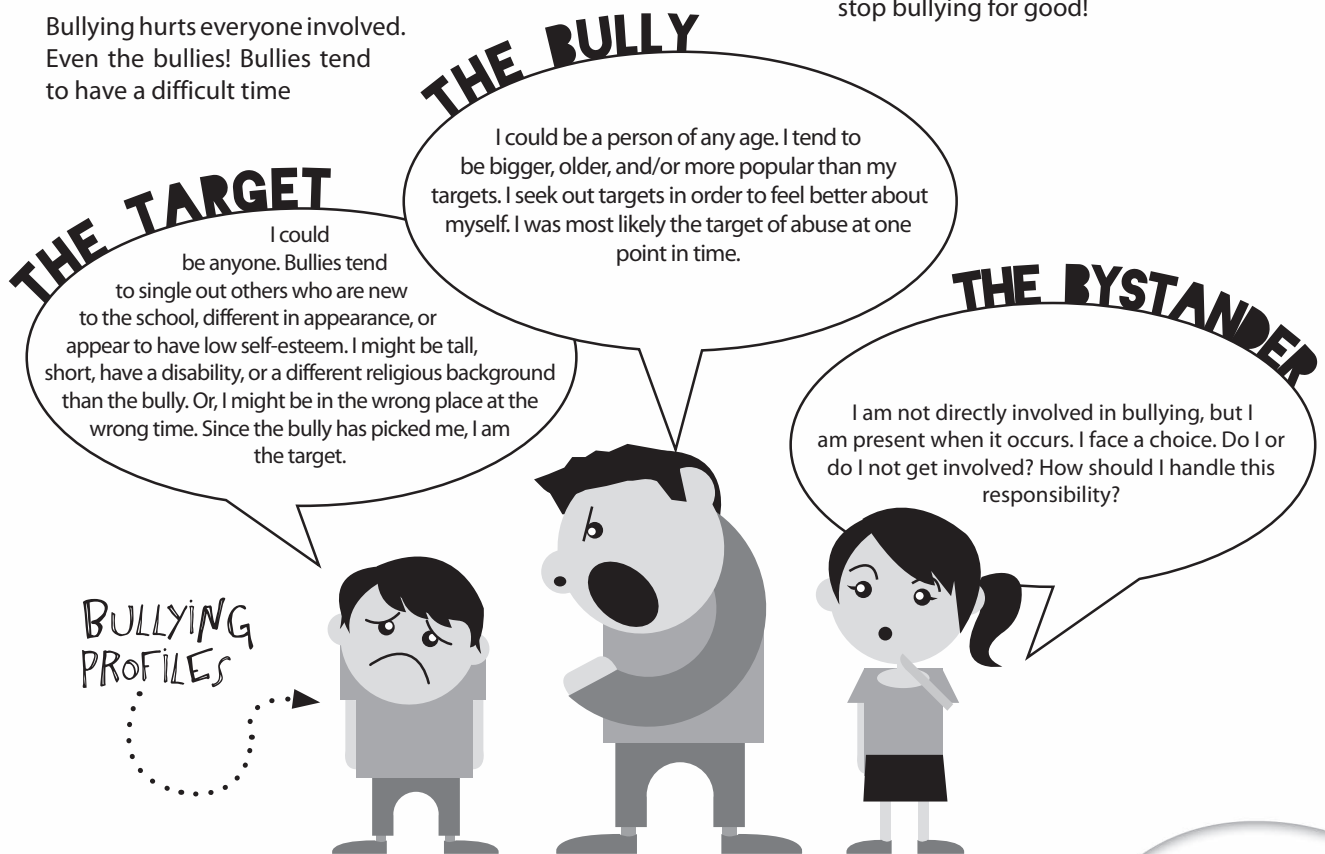
It is an intentional act meant to hurt another person emotionally or physically, and it's not OK.

Have you ever been teased or taunted? Received a nasty email or text message? Been physically intimidated? Then you've most likely been the target of a bully. You're not alone; 3.2 million students are bullied at school every year.

Bullying hurts everyone involved. Even the bullies! Bullies tend to have a difficult time

finishing school, and some even spend time in jail later in life. Teens who are bullied by older classmates sometimes become bullies themselves, perpetuating a "cycle" of abuse.

Some believe that bullying is part of growing up, and it's how we learn to stand up for ourselves. There are better ways to learn life lessons than being abused! There is simply no excuse for bullying. No one ever deserves to be bullied, and together we can stop bullying for good!



BULLYING VOCABULARY

- Cruelty:** The act of harming another, who has no means of defense, for pleasure.
- Goat:** To continuously torment another in order to get a reaction.
- Target:** A person whom a bully often seeks out as a victim.
- Teasing:** Tormenting another in an often clever but cruel way.
- Manipulation:** The act of dishonestly influencing others for personal advantage.
- Fear:** The emotion that holds bystanders away from helping a victim.
- Bully:** An individual who regularly menaces others for personal gain.

~~TEASING~~
RUMORS
GOSSIP

CHARACTER *bullying means more than you think*

STOP BULLYING

TEASE VS. TAUNT

Is it a Tease or a Taunt when...

if offended, the teaser doesn't stop	Tease / Taunt
I tease someone I know, who can and will say things back.....	Tease / Taunt
only the teaser laughs	Tease / Taunt
someone is upset, the teasing stops	Tease / Taunt
it is not playful and directed at someone you do not know well.....	Tease / Taunt
in a group, everyone laughs, even the one who is teased	Tease / Taunt

(Circle One)

Have I ever...

- hurt someone else's feelings because I was jealous?
- made fun of someone because it made me feel better about myself?
- joined in with my friends' taunts, even though I didn't actually want to participate?
- pinched, slapped, or physically hurt someone else because they were different?
- damaged someone's property on purpose to make them upset?
- sent hurtful text messages, emails, or spread online rumors?
- made fun of someone else simply because I could?

TYPES OF BULLYING

PHYSICAL BULLYING: Hitting, poking, pinching, pulling hair, or damaging someone else's things are all examples of physical bullying. Hurting someone physically is never ok, even if they do it first.

VERBAL BULLYING: Teasing, name-calling, spreading rumors, insulting, mean jokes, threats, or other verbal attacks that make us feel hurt or threatened. The old adage, "Sticks and stones may break my bones but words will never hurt me" is not true. Verbal torments can lead to depression, in some cases. If you wouldn't want someone to say something to you, then don't say it to them.

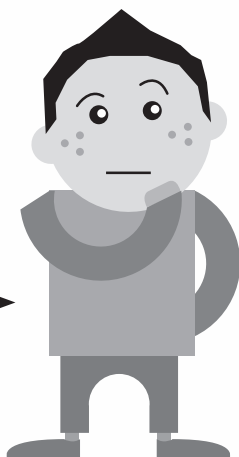
SOCIAL BULLYING: Excluding or teasing others who are different from you and your friends (What a geek!). Or, picking someone last or not at all for kickball, just because you don't like them or they are unpopular among your friends.

CYBERBULLYING: Using the internet or electronic devices to engage in verbal or social bullying. Spreading rumors on social media sites and sending hurtful text messages or emails are a few examples. In some states, cyberbullying is now illegal. For more information, visit: www.cyberbullying.org.

Do I
BULLY?

Sometimes a bully cannot recognize that they are being a bully.

When we routinely hurt others on purpose, we become bullies.



BULLYING VOCABULARY

Jealousy: A feeling of resentment towards someone because of that person's success or advantages. Bullies often bully other people because they are jealous of them.

Victim: A person who has been bullied.

Ashamed: The feeling we get when we wish we had done something differently.

Indirect Bullying: The spreading of rumors, gossip, or anonymous actions that are meant to hurt another person.

Cyberbullying: Using the internet to bully – text messages, unpleasant emails, Twitter and Facebook postings, etc. to damage someone's reputation.

Anger: An emotion we feel when bullied. Also an emotion that leads to bullying.

JUSTIN TIMBERLAKE..

comes out on top!
When he was a teenager, Justin had terrible acne and was picked on for trying to become a singer. Now, he is an international pop star. Justin says: "When you're a kid I think you try so hard to fit in and when you get older you realize that fitting in isn't really the thing that's more interesting ... I would not be here if I would have listened to the kids who told me I was a terrible singer and I was a sissy ... Be different."

CHARACTER *i'm being bullied*

STOP BULLYING

What should I do?

TAKE A STAND!

Bullies often target those who they believe are not going to stand up for themselves. Be assertive and confident if you are bullied.

If you are confronted by a bully ...

Don't:

- ✗ Engage the bully with similar behavior. If they taunt you, don't taunt back. If they shove you, don't shove back. It's exactly what they want.
- ✗ Show you're upset. Try to control your emotions and keep cool.
- ✗ Keep it a secret.

Do:

- ✚ Proudly walk away and ignore the bully. Don't show you are affected.
- ✚ Confidently tell the bully you don't like what they are doing and tell them to stop. Remember, you deserve respect and the bully is being disrespectful.
- ✚ Ask your friends for help and to accompany you in places the bully might confront you.
- ✚ Ask an adult you can trust for help. Even if you think you have solved the problem, let an adult know. The bully may move on to someone else.

REFLECT:

Describe a time you or another person were bullied:

.....

.....

.....

Given what you've learned, what would you have done differently?

.....

.....

.....

DON'T STAND BY If you see bullying occur ...

It may seem obvious to not contribute to bullying. But, it can sometimes be difficult. Can you think of a time when it might be difficult? **Discuss.**



When should you speak up and when shouldn't you? Can you think of a situation where speaking up would be a bad idea? A good idea? And, what should you say? **Discuss and practice/roleplay.**

If you are going to get help, where should you get help from? **Together, come up with several bullying scenarios. For each scenario, come up with a plan to get help.**

BULLYING VOCABULARY

- Judgment:** Bullies will sometimes judge another on their appearance or dress.
- Silence:** Not speaking out; what allows bullying to continue.
- Tormenting:** Intentionally causing excessive pain or worrying.
- Name-Calling:** Verbal bullying that involves "put-downs," insults, racial slurs, and other unpleasant names.
- Malicious:** Intentionally being vicious, causing suffering and harm to others, e.g., "That was a malicious thing to say."
- Worry:** The emotion we feel when we think we might be bullied again.
- Bystander:** A classmate or adult who witnesses bullying taking place.

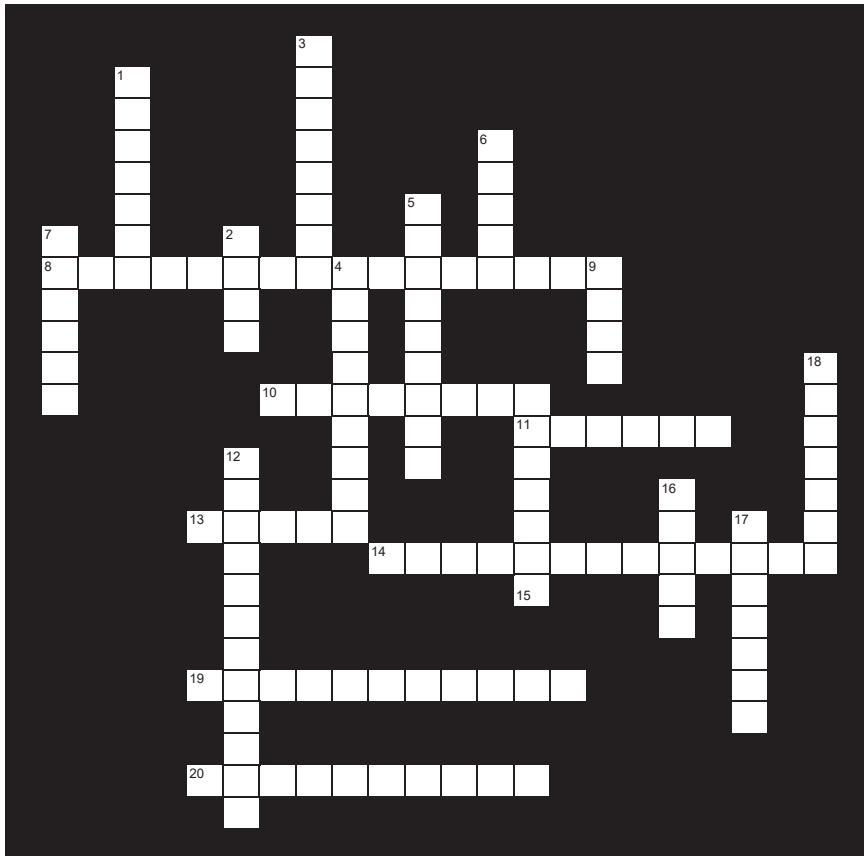
REMEMBER:

It's not your fault. It's the bullies that have the problem, not their targets. Speak out, get help. You deserve to be respected and not tormented.

CHARACTER *bullying: crossword puzzle*

STOP BULLYING

Use the Bullying vocab to complete the puzzle.



ACROSS

- 8. The spreading of rumors, gossip, or anonymous actions that are meant to hurt another person.
- 10. A feeling of resentment against someone because of that person's success or advantages.
- 11. The person a bully picks on.
- 13. An emotion we feel when bullied.
- 14. Using the internet to bully, in order to damage someone's reputation.
- 19. Verbal bullying that involves "put-downs," insults, racial slurs, and other unpleasant names.
- 20. Intentionally causing excessive pain or worrying.

DOWN

- 1. The feeling we get when we wish we had done something differently.
- 2. The emotion that holds bystanders away from helping a victim of bullying.
- 3. Bullies will sometimes make a _____ based on someone's appearance or dress.
- 4. A classmate or adult who witnesses bullying taking place.
- 5. Someone intentionally causing suffering and harm to others is _____.
- 6. The emotion we feel when we think we might be bullied again.
- 7. A person who has been bullied.
- 9. To continuously annoy another person in order to get a reaction.
- 12. Dishonestly influencing or controlling other people to get an advantage.
- 15. The act of harming another, who has no way to defend themselves, for pleasure. (This word goes up)
- 16. An individual who regularly intimidates others for personal gain.
- 17. Not speaking out; what allows bullying to continue.
- 18. Making fun of another person in an often clever but cruel way.



CHARACTER *traits of good character*

RESPECT

Everyday Occurrences

Early on we learn when to say "please" and "thank you," and how to address adults as "Mr. and Mrs. Smith."

But showing respect isn't always clear cut. What kinds of words and actions convey respect when:

- Some of your classmates are teasing the new kid at school and giving him a hard time?
- You disagree with the grade you received on a book report?
- You attend your younger sibling's school talent show?
- A friend invites you over for dinner for the first time?
- A classmate you don't know very well calls you names in the cafeteria?

I'm a good _____

I'm proud of my ability to _____

I can teach others how to _____

My favorite thing about me is _____

Next time you're feeling down, turn to this page to be reminded of why it's great to be you!

Me First

- You've probably heard the saying that you have to be a friend to yourself before anyone else will befriend you. It's true!
- Name some of the reasons why you deserve to be treated with respect:

I excel at _____

"If you want to be respected by others the great thing is to respect yourself."

— Fyodor Dostoyevsky

How Respectful Am I?

Answer these statements to find out.

- I treat other people the way I want to be treated. T F
- I am accepting of people who are different than me. T F
- I obey school rules and community laws. T F
- I don't litter and leave nature sites as I found them. T F
- I solve disagreements without violence. T F
- I allow others their chance to speak. T F

I am a respectful person because: _____



CHARACTER *traits of good character*

RESPONSIBILITY

You Can Count on Me

When you are responsible, others can rely on you to do your part – whether it's participating in a class discussion, watching your younger siblings after school, or completing your paper route on time.

- Can you take care of yourself?
- Do you take care of others?
- Do you do the right thing without being asked?

If you answered "yes" to all three questions, you've shown that you are responsible.

Test Your Level of Responsibility

When you make a mistake, do you

- a. Blame someone else?
- b. Admit your mistake and try to correct it?

When you get up in the morning, do you

- a. Make your bed?
- b. Leave your bed a mess and hope someone else makes it?

On group assignments, do you

- a. Follow through with what you told the group you would do?
- b. Hope someone else in the group does your part?



Responsible Role Models

Everywhere you look, you can see models of responsibility.

There are teachers who educate you, police officers who protect you, and parents who provide for you. List some people in your life who have responsibility.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

CHARACTER *traits of good character*

INTEGRITY

Character in Action

You're alone in a classroom and you see the answers to an upcoming test on the teacher's desk. There is no way you will get caught if you look at them. You could "ace" the test without studying, but you would be cheating. What do you do?

Think carefully; your answer to this question indicates whether or not you have integrity.

If you do the right thing and don't look at the test, you are of high integrity.

If you look at the answers so you can do well on the test, you are of low integrity.

- What does your answer say about your character?
- What would you do if you walked in on another student who was snooping for the answers?
- Is it more important to win the game or ace the test? Or is it more important to play fairly and not cheat?

Looking for Inspiration

- A person with integrity is honest, truthful, and considerate of others.
- People with no integrity will lie, cheat, and steal to take advantage of others.

• Who do you know with integrity?

• 1. _____

• 2. _____

• 3. _____

• 4. _____

• 5. _____

"If you have integrity, nothing else matters. If you don't have integrity, nothing else matters."

— ALAN K. SIMPSON

If you have integrity you are:

Truthful
Honest
Virtuous
Conscientious

If you don't have integrity, you:

Lie
Cheat
Steal
Take advantage
Pass blame



CHARACTER *traits of good character*

CITIZENSHIP

Citizenship = Participation

Citizenship is having pride in your school, in your city, community, and country. But it's more than having pride. Citizenship is also doing all you can to help keep your school, city, community, and country something to be proud of!

Unscramble the words to figure out things you can do to be a good citizen

- _____ in all elections.
OTVE
- Pick up _____ at a local park.
SAHTR
- _____ cans, glass, and plastic bottles.
CEELCRY
- Obey all _____ of the country.
WASL
- Participate in _____ .
OFDO RSIVDE
- Attend a city _____ meeting.
ULICCON
- Respect _____ .
HUIYTATOR
- Raise money for _____ .
THICARY
- _____ for a community service.
LOUNREVTE

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has."

— MARGARET MEAD



Showing Your Pride

Being a good citizen means celebrating what's great about your country, but also making strides to make it even better.

What I like most about my country is:

If I could change one thing about my country, I would:

CHARACTER *traits of good character*

CARING



"Without a sense of caring, there can be no sense of community."

— ANTHONY J. D'ANGELO

Could You Be More Caring?

Match the verbs with the correct sentences to figure out how you could be more caring by ...

- | | |
|------------|-----------------------------|
| Sharing | to my friend's troubles. |
| Speaking | out around the house. |
| Including | friends when they are sad. |
| Listening | nicely about others. |
| Comforting | my things with my siblings. |
| Helping | everyone in the game. |

• How else could I be more caring? _____

Choosing to Care

Are you concerned for other people's feelings? Do you make sure your pets have food and water? Do you help people when they are in need? If you do, then you are a caring person.

What are some professions that require caring people?

1. _____

2. _____

3. _____

4. _____

5. _____

Caring in Action

What does it mean to care for the environment?

How do you care for yourself?

What does it feel like when someone is caring for you?

What does it feel like when someone is uncaring toward you?

CHARACTER *traits of good character*

TRUSTWORTHINESS

Traits in Common

How are friendship and loyalty related to trust? _____

The Truth About Trust

Trustworthy people know the importance of trust and make sure they embody it in everything they do.

Whom do you trust?

Can others trust you? Why or why not?

Why is it important to trust one another?

When might you need to betray a friend's trust?

"You may be deceived if you trust too much, but you will live in torment if you don't trust enough."

— FRANK CRANE

In Practice

For each example of nontrustworthy behavior, come up with a trustworthy solution.

You lie to your parents. _____

You fail to return your library books. _____

You break a promise to a friend. _____

You're caught gossiping behind someone's back. _____

You let a friend copy your homework. _____

Someone else is blamed for your mistake. _____

CHARACTER *traits of good character*

HONESTY

Honest or Dishonest?

Think about these situations and decide what you think is honesty or dishonesty:

Turning in a paper from an internet source that you created by changing some words, paragraph order, and a couple of examples.

Telling your aunt you like the poster she gave you for your birthday even though you no longer like the band.

Telling your parents you're an hour late because your friend had car trouble when the problem was needing to stop for gas, which only took a few minutes.

Letting the umpire call you safe when you know the shortstop tagged you.

Assuring your little sister that the noise she just heard was really the cat when you have no idea what it was.

Keeping the extra dollar you got in change rather than telling the clerk about his mistake.

Nagging Feelings

How does it feel when someone isn't honest with you?

How do you feel after you haven't been honest with someone?

Is honesty always best?

What do I do if the truth might hurt someone's feelings?

Background Info

What it means to be honest:

Training Scenario

A friend asks to copy your science homework. What do you do?

Mission Accomplished

I was honest this week when:

"Truth burns up error."

— SOJOURNER TRUTH



PERSISTENCE

Winners Despite Rejections

If you're brainy enough to write a book – and persevere through that long process – surely you can count on getting it published, can't you? Not necessarily. It's after the writing is done that you need perseverance the most, many authors who've faced rejection letters will tell you.

Dr. Seuss Persevered

If Dr. Seuss quit after his first or even his 10th rejection, you'd never have read *Green Eggs and Ham* or *Go Dog Go*. His first book, *To Think That I Saw It on Mulberry Street*, was rejected more than two dozen times. He went on to write nearly 50 children's books, many loved by adults, too.

If he hadn't persevered, you wouldn't have the promise of his tale, *Oh the Places You'll Go*.

So Did Emily Dickinson

Emily Dickinson, a 19th century U.S. poet, saw just seven of her poems published in her lifetime. But she kept on writing – more than 1,700 poems in all. Today, her work is studied and revered by many.

Without her perseverance, you wouldn't be inspired by her words, "Hope is the thing with feathers/ That perches in the soul" or "As imperceptibly as Grief/The summer lapsed away."

They Kept At It

Those who quit don't make history. Those who stick to it, like these folks, are remembered:

- Charles Schulz
- Elizabeth Cady Stanton
- Shirley Chisholm
- Lewis and Clark

Who Do You Know Who Never Gives Up?

People who persevere are all around you. Who's your favorite:

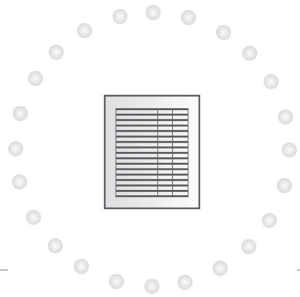
- In sports?
- In the music world?
- In the movie industry?
- In your family?
- At school?
- In your neighborhood?

"If you can somehow think and dream of success in small steps, every time you accomplish a small goal, it gives you confidence to go on from there."

— JOHN H. JOHNSON



NOTES



Lined writing area for notes, consisting of horizontal lines across the page.