

# **Reynolds High School**

# **STEP Behavior Intervention Skills 9-12**

Building Relationships for Academic Success

# Instructor Name: Ms. Robin Trask

# Phone: 503-667-3186, x1067

### Room Number: 627

## Email: rtrask@rsd7.net

**Required Textbooks/Materials:** There is no required textbook for this course. Students should bring their **Chromebook, binder, writing utensil, paper, and** *any assignments/projects/study material from other classes* in order to receive support.

**Course Description**: This course provides whole group and individual instruction to students who qualify for Special Education services and have social/emotional/behavioral goals on their Individual Education Plans (IEP). A variety of topics are addressed in the course:

- collaborative problem solving
- conflict resolution
- listening/communication skills
- understanding emotions
- self-awareness
- using stress management techniques
- mindfulness
- negotiation skills
- relationships, peer pressure
- various challenges students experience throughout the school year

**Course Requirements**: Each day a student attends class, actively participates and completes class assignments, they will earn one point. The points are totaled at grading periods and students will earn a pass or no pass (fail) grade depending on the number of points they have accumulated.

Participation is the key to success in this class. Students will be asked to read, write and actively participate in class discussions throughout the semester. The only homework assigned in class would be work that is not completed during the class period by the student. A short quiz will be given twice a month with the score counting toward the student grade. Weekly class sessions include Social Skills lessons and corresponding assignments, class discussions of course material and a current event assignment.

In order to show class participation, students must be present in class. The most common reason students do not receive credit for passing this course is lack of regular attendance. Learn from the mistakes of others and do not let this happen to you!

#### Grading Policy Description:

POWER/Participation:(Class attendance, active participation, engagement in activities, etc.)= 50%Classwork:(Completion of in class activities, assignments, projects etc.)= 50%The class is graded as PASS or NO Pass (FAIL) and students are able to earn .5credit per semester.

#### **Class Expectations:**

- Respect all others during class times, which includes other students, staff, and self. This
  means using polite and respectful language when talking to others and using active
  listening when others are talking to you, the teacher, or groups. It also means not
  engaging in any language or behavior which has a negative effect on others within the
  classroom.
- 2. Do your best. This means continuing to ask yourself if you're doing the best you can, given the situation. Do your best to be **punctual**. Do your best to be **organized**. Do your best to be **engaged and present**.
- 3. Challenge yourself and have fun. This means not being afraid to try something hard or participate in something that may normally make you uncomfortable. It also means trying to have a **positive attitude**.
- 4. **PHONES OFF TO THE SIDE** during instruction times. Please try to limit distractions in your environment so you are fully "present" during class.
- 5. Be **OPEN and HONEST.** You will be asked to participate in both social and academic activities and discussions during every period. Please be honest with both you teacher and yourself. Be open and willing to ask for and accept help from others. Growth comes from open and honest reflections and advocating for your needs.

#### **Classroom Rules (Student Generated):**

- No putdowns
- Respect one another
- Raise your hand and wait for your turn during classroom discussion
- No phones during classroom discussion

Additional Information:

**Phones:** Please limit your use of your phone. They should be silenced and should not distract you or others during class time. Limited, quiet use (no phone calls, no music or other sounds) during class time is permitted - if you follow these basic expectations. Music is permitted with earphones during individual student work time.

**Bathroom/Drink:** If you need to use the restroom or get a drink, please utilize your RHS student planner so Ms. Trask can write you a pass.

#### \*PLEASE FEEL FREE TO CONTACT ME WITH ANY QUESTIONS OR CONCERNS\*