

# Emergency Safety Skills Syllabus

Reynolds High School – School Year (2024-2025) - Semester 1



**Instructor:** Mat Rios, Health/PE/ELA Endorsements

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Master of Teaching Western Governors University

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## Course Description: Emergency Safety Skills is a semester-long elective class.

This course will provide Reynolds HS students with a unique opportunity to acquire the skills necessary to possibly save lives and also play a vital role in a variety of emergency situations/environments. This course will allow students through hands-on-labs to acquire the skills necessary and build the confidence, to respond and provide aid in a variety of emergency situations/environments, Nation-wide.

The following skills are embedded into our Standards and will be practiced and demonstrated through our units:

Decision Making	Self-Management	Access Information	Advocacy	Communication Skills	Concepts		
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## Materials Needed for Class

1. Chromebook
2. Spiral or Composition notebook
3. Pens & highlighter
4. RHS Planner and/or an organizational tool
5. One box of LATEX-Free Exam gloves

## Schoology and In-Person

There may be some activities in Schoology for students to prepare, practice and apply learning on content. In Class, we will have ample opportunities to discuss, reflect, and learn together content and skills of the course. Some materials may be posted on Schoology as a reference and if students miss class.

## Grading will be based on the following:

1. Classwork: This includes quizzes, class activities to practice, and activities provided through Schoology = 45%
2. Mastery: Exams/Final/Projects/LABS demonstrating proficiency in the above Safety Skills Standards = 55%

100-90%	A	Student fully understands the content & course objectives have been mastered
89-80%	B	Student understands content & course objectives are above average level.
79 -70%	C	Students understand content & course objectives are at an average level.
69-60%	D	Student did not display understanding of content & minimum course objectives are met.
59% Below	F	Student did not display understanding of content & course objectives were not met receiving no credit

## Expectations: POWER (Prepared & Punctual, Organized, Writers, Engaged, Respectful)

**P** = Be in class on time, prepared, and ready to learn.

**O** = Have your Chromebook, notebook, and be ready for Classes!

**W**= We are ready to Write, that could be reflection in personal notebook or class activities.

**E** = Listen to directions and actively participate in class, sharing ideas, working with others, and hearing others' thoughts.

**R** = Respect our class environment for fellow students. Follow the Class Norms established together to create a safe learning environment for everyone.

## Other important things to know...

1. Yes, you can retake tests, quizzes, and fix projects.
2. Late Work will be accepted (**With EXCEPTION to LABS**) with no Penalty to Grade.
3. Missing Assignments or Projects could cause grade reduction.
4. Attendance will be taken daily/**LABS CANNOT be made up.**

Red Cross History/ Introduction to FEMA (Federal Emergency Management Agency)	
<b>Theme:</b>	What is the <i>Red Cross</i> ? What is <i>FEMA</i> -How do both agencies operate within an Emergency Setting?
<b>Topic:</b>	YouTube- History/Red Cross/Clara Barton/FEMA
<b>Building Emergency Safety Skills:</b>	<i>Accessing information</i>
<b>Mastery Assessment:</b>	Quiz: <i>Concepts</i> American Red Crossword; Emergency Management Word Search; Quiz; Web site scavenger hunt.
Adult/Pediatric-Basic 1 <sup>st</sup> Aid/Hands Only CPR/AED Use/Obstructed Airway	
<b>Theme:</b>	Hands On Life Saving Skills
<b>Topics:</b>	Hands-only CPR; AED use; Clearing an obstructed airway; weather related illnesses; Breathing emergencies; bone/joint injuries; Concussion; Assessing the scene, determining what action needs to be taken.
<b>Building Emergency Safety Skills:</b>	<i>Concepts</i>
<b>Mastery Assessment:</b>	LABS: <i>Concept</i> Quizzes; evaluations
First Aid for Severe Trauma (FAST)/Remote Wilderness 1 <sup>st</sup> Aid	
<b>Theme:</b>	Life-Threatening Bleeding-First aid outdoors
<b>Topics:</b>	Stopping life threatening bleeding using a medical prop. How to use a commercial tourniquet; How to use medical packing to pack a wound.
<b>Building Emergency Safety Skills:</b>	<i>Advocacy, Accessing Information, Concepts, Self-Management</i>
<b>Mastery Assessment:</b>	LABS: Concepts: Quizzes; Evaluations
Volunteer/Career Opportunities	
<b>Theme:</b>	<b>Job Fair/Possible Field Trip</b>
<b>Topics:</b>	Organizations within the community visit RHS to discuss employment opportunities. Career paths where the learned skills from class are a requirement for employment.
<b>Building Emergency Safety Skills:</b>	<i>Analyzing Influences, Self-Management, Concepts, Access Information</i>
<b>Mastery Assessment:</b>	<b>Job Fair (Gallery Walk Style)</b> <b>FINAL Project of Choice (Students will pick 1 of the below Projects)</b> 1. "Household Emergency Evacuation Plan": <i>Access Information</i> 2. "Household Disaster Preparedness Plan": <i>Self-Management</i>
<b><i>Start the semester off on a positive note-Finish the semester strong!!! -Mr. Rios</i></b>	