



Reynolds High School

Culinary 1 – Culinary Fundamentals

Building Relationships for Academic Success

Instructor: Valerie Tewksbury

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Room Number: 400/401

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Textbooks/Required Materials

Each day you will need:

- A charged Chromebook/laptop issued by the school.
- Your student planner.
- Pencil and paper.
- 3-ring notebook or other system to keep your papers organized!
- On lab days: closed shoes, rubber bands for long hair.

Course Description:

Semester 1: Students will learn:

- Kitchen Safety and Sanitation
- Proper care of kitchen equipment
- Measurement and conversions
- Knife skills
- Culinary procedures and principles of food preparation
- Food Quality Standards and Food Storage

Students' midterm exam will be on the food handler card exam; with a passing grade students can earn their certification second semester.

Semester 2: Students will apply their knowledge of knife skills, measurement, and kitchen safety in cooking labs with recipes covering: eggs, quick breads, soups and sauces, grains and pastas, yeast breads, fruits, and vegetables in preparation for culinary 2 and beyond.

Grading Policy:

Grades are based on points earned in the following categories:

Cooking labs and classwork: 50% – Participation and completion of daily activities, homework, and cooking labs. Assignments and lab work may be on paper or digital. Lab grades will include pre-lab planning, participation in labs, and reflections. This is a hands-on class. Participation in labs is required for full credit.

Proficiency 40% – Unit Tests, Quizzes & Skills Tests

Power 10% - Daily points for punctuality, class participation, appropriate phone use, and respect for peers, adults, and classroom space.

Letter Grade Description

Grade Percentage	Letter Grade	Description
90-100%	A	The student fully understands the content and the course objectives have been mastered.
80-90%	B	The student understands the course content and objectives at an above-average level.
70-80%	C	The student understands the course content and course objectives at an intermediate level.
60-70%	D	The student understands the course content at a below-average level and a minimum of course objectives are met.
0-60%	F	The student has not met a sufficient number of course objectives to pass a minimum level and does not receive credit.

Class Expectations

Letter	Stands for	What does this look like in our classroom?
P	Prepared and Punctual	Be ready to start when the bell rings. Have a charged computer and pencil every day, and wear appropriate clothing for labs.
O	Organized	Use your planner and keep assignments organized
W	Writers	Do assignments and use professional writing.
E	Engaged	Be a risk-taker with new activities and do your best.
R	Respectful	Respect yourself, others, and classroom materials.

Cell Phone Policy: Off and Away



All students are required to keep all personal electronic devices – including cell phones, smart watches, personal computers/tablets and wired/wireless earbuds or headphones – off and stored away for the entire school day. This includes during class time, passing periods, and lunch/breaks.

Ms. Tewks' Policies:

Classwork – Time is given in class to complete all classwork and assignments are due the next day of class. If you don't finish work in class, you'll need to complete it as homework.

Assignments are available in Schoology and hard copies are in the file box on the table next to Ms. Tewks' desk.

Overdue Work: On the due date, a "Missing" mark and a zero will be placed on the gradebook for the unturned work. Work turned over 1 week late has a 10% penalty, and more than four weeks receives a 25% penalty. Note: Penalties do not apply to late work due to an excused absence or if we have negotiated extra time.

Quiz/test retakes: You can retake quizzes or make a quiz correction (depending on the quiz) to improve your scores.

Absences: Make sure an adult at home calls the school to excuse you if you are absent due to illness or an appointment! I give extra time to turn in the work if your absence is excused. Visit Schoology to see what you missed and to see if you can work at home to avoid falling behind! If you miss a test, you may need to come in during lunch, before or after school, or during my preparation period, depending on what we're doing in class the day you return.

Missed Cooking Labs : The student can complete the "Cooking Lab Makeup" task. It must be completed within 1 week of the missed lab.

Hallway Pass Policy: We follow the school's 10/10 policy, which means no passes will be signed in the first and last 10 minutes of class. The rest of the time, students will use a sign-in/sign-out procedure that will help everyone be accountable for using hallway passes wisely.

Need additional help? I want to support you and help you succeed in class, so talk to me about your concerns or how I can help you! I am frequently available after school and during my prep period. You can stop by during my prep with permission from your teacher. Please make arrangements with me in advance to make sure I'm available.

Ms. Tewks' Schedule:

Days Away			B-Days		
Period	Class	Room	Period	Class	Room
1	Culinary 1	401	5	Culinary 1	401
2	Exploring Hospitality	407	6	Exploring Hospitality	407
3	PREP	401	7	Exploring Hospitality	407
2nd Lunch			2nd Lunch		
4	Exploring Hospitality	407	8	PREP	401

Class Expectations: Sign on the line below when you have read and understood the following expectations...

- *I understand that if I do not pass this class with 60%, I will not be able to attend/advance to Culinary 2.*
- *I will treat my chef's knife and all kitchen utensils appropriately.*
- *I understand that cooking labs and access to kitchens are a privilege, and that privilege can be taken away if I don't meet expectations.*
- *I understand that I must wear appropriate lab clothing to be allowed into the kitchens (chef's coat/apron, closed-toe shoes, hair tied up, no jewelry).*
- *Eating or drinking is not allowed in the kitchen.*
- *I understand that this class requires collaboration. Therefore, I will be respectful and helpful to my classmates, teachers, and other guests in the space.*

Student Signature : _____

Date: _____