

Recreational Games Syllabus
Reynolds High School – School Year 2024-2025

Instructor: **Zac Collins**

Bachelor of Science, Community Health Education, Western Oregon University

Email: zcollins@rsd7.net or send a message through StudentVue/ParentVue and Schoology



Course Description:

Major Concepts/Content:

Recreational Games provides the knowledge and skills of physical activities that will promote life-long activity. This is a semester course meets half the physical education graduation requirement. The following are a list of State Standards that each student will be assessed on during this course online.

Standard 1: Individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2: Individual applies knowledge of concepts, principle, strategies and tactics related to movement and performance.

Standard 3: Individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4: Individual exhibits responsible personal and social behavior that respects self and others.

Standard 5: Individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Materials Needed for Class

1. **Attire:** Not required to dress down in PE uniform, however comfortable clothing that allows for range of motion is preferred.
2. **Comfortable Shoes** to be able to move freely and not slip or fall off.
3. **Water bottle:** recommended

What will it look like?

Units for each recreational game will include skill building and drills to improve performance as well as one physical skill related to the game that will be evaluated. Students will also be expected to follow rules of each game and complete a quiz in each unit. Students will then participate in practice games that will then lead to tournament style play. There will also be a written reflection to conclude each game unit.

Grading will be based on the following:

1. Mastery 70%: Participation in skill work, activities, and games.
2. Classwork 30%: Skill assessment, unit reflections, and rules quizzes.

Grading Scale **Grades will be entered into StudentVUE/ ParentVue as LETTER GRADES**

Grade Percentage	Letter Grade	Description
100-90	A	The student fully understands the content and the course objectives have been mastered.
89-80	B	The student understands the content and course objectives at an above average level.
79-70	C	The student understands the course content and course objectives at an average level.
69-60	D	The student does not understand the course content and a minimum of course objectives are met.
59 below	F	The student has not met a sufficient number of course objectives to pass a minimum level and receives no credit .

Classroom Expectations-POWER RAIDERS HAVE POWER

Raiders are:

P--- Punctual and Prepared	Be to class on time
O--- Organized	Have appropriate clothing and shoes and be ready for class.
W---Writers	Complete unit reflections and rules quizzes.
E--- Engaged	Actively participate through listening, movement, and communication
R--- Respectful	Respect others. Follow Class Norms established together to create a safe learning environment for everyone.

Other Important Things to Know....

1. If you miss class, we will work together to get caught up! Complete Make-Up Log.
2. Late Work(make-up) will be accepted with no Penalty to Grade.
3. Missing Class could cause grade reduction.
4. Attendance will be taken.

Units Covered

Tentative Schedule of activities are as followed. Units will be approximately 2 weeks(5 class periods).

Units
Frisbee Golf
Soccer
Kan Jam
Ladder Ball
Badminton
Bocce Ball
Cornhole
Putt-Putt Croquet