REYNOLDS HIGH SCHOOL CHEERLEADING PACKET 2016-2017 JV AND VARSITY CHEERLEADING SEASON

Thank you for your interest in the Reynolds High School Cheer program. We look forward to all the exciting things the upcoming season has in store for us! GO RAIDERS!

In this packet, you will find the following:

- Tryout information
- List of important dates
- A Personal Information sheet for you to fill out
- A copy of the 2016-2017 Rules and Code of Conduct for Reynolds High School Cheerleading
- Statement of Permission and Agreement
- Reynolds High School Athletics Off-Season Participation

The following MUST BE turned in BEFORE you can participate in clinics or tryouts:

- Completed Information Sheet
- Statement of Permission and Agreement
- Reynolds High School Athletics Off-Season Participation
- Current grade report, filled out and signed by your teacher

Incoming freshman must be enrolled in (and passing) a minimum of 6 classes.

Sophomores must have accumulated 4.5 credits, and be enrolled in (and passing) a minimum of 6 classes. Juniors must have accumulated 10 credits, and be enrolled in (and passing) a minimum of 6 classes. Seniors must have accumulated 17 credits, and be enrolled in (and passing) a minimum of 5 classes.

If you have questions about your eligibility, please contact the athletic office immediately.

Please read and understand all the enclosed information before tryouts. PAPER WORK MUST BE TURNED IN BEFORE PARTICIPATING IN CLINICS. ANYONE TURNING IN INCOMPLETE PACKETS WILL NOT BE ALLOWED TO PARTICIPATE.

Note: The deadline for turning in this paperwork is April 26, 2016; however, the earlier you can get this paperwork in, the better. Again, paper work must be turned in before participating in clinics. Anyone turning in incomplete packets will not be allowed to participate.

Cheerleading Tryout Information and Dates:

Mandatory Parent/ Guardian Meeting: Tuesday, April 26, 2015 from 4:00-4:45

Mandatory Cheer Clinic: Tuesday April 26, 2016 5:00-8:00pm Wednesday April 27, 2016 5:00-8:00pm Thursday April 28, 2016 5:00-8:00pm
 Open Gym: Friday April 29, 2016 4:30-6:30pm

Official Try-Outs: Saturday April 30, 2016 9:00am until finished

Attendance to all clinic dates is mandatory to be eligible for tryouts. Tryout material will be taught during this time. You are not required to attend the open gym night, it is just an option for those athletes who would like some extra time with the material.

What to expect for clinics:

Cheer clinics are designed to give you a feel for what cheer is like. We will stretch, learn and practice jumps and kicks, and do some light exercise. We will cover basic cheer motions and movements, learn a motion drill, and go over clean and sharp motions. In addition a cheer, the school fight song, and a dance will be taught. Your tryout will cover the material you are taught.

What to expect for tryouts:

We will be having a group tryout, and will be taking groups of 3-5, depending on the amount of athletes who participate in clinics. A panel will be judging you using a number scale, you will need to obtain a minimum score in order to qualify for a team.

When it is your turn you will introduce yourself, tell the judging panel what grade you will be going into, perform your jump(s), any tumbling skill you have, and do your cheer. When you are done you will step back and it will be the next athletes turn. Once everyone has done their individual portion, you will perform the school fight song and choreography as a group. I will not be judging this part of the tryout process. I will use the information I have gathered by watching and getting to know you during the entire tryout process to make my final decision. Your attitude, sportsmanship, ability to communicate and work with others, accountability, and potential will all be considered.

Selection of the cheerleaders will be based on the following, but not limited to:

- Ability to execute a cheer/chant, school fight song, and dance. That will be taught to you during the clinic. You may also be required to create an original cheer within a group.
- Ability to execute jumps
- Athleticism and physical fitness/ ability
- Scholastic achievement and eligibility
- Conduct
- Attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and potential

What do you wear to tryouts?

- During clinic days please wear comfortable, length appropriate shorts (at least 3 inches long), a t-shirt or tank top (NO SPAGHETTI STRAPS), and athletic shoes. Please remember proper undergarments. No basketball shorts or pajamas. NO jewelry of any kind (necklace, bracelet, earrings, tongue rings, belly button rings, lip ring, nose ring, or other piercing) or artificial nails. Hair should also be off your shoulders.
- On official try-out day, you will need to wear dark colored shorts (black or navy blue) and a solid white t-shirt or tank top.
 Your hair should be off your shoulders, and no jewelry should be worn or artificial nails

Teacher Recommendation

2 teacher/ counselor recommendations are required to be turned in with your tryout packet.

Important Dates:

Athletes selected for one of our teams will be expected to be available for the following dates. More dates will be added as the season progresses and will be given as soon information is available. All dates subject to change.

Clinic/Camp

MHC Cheer Clinic	June 4, 2016
Centennial High School	9:00am
UCA Cheer Camp @ University of Portland Campus	July 12-15,2016 (Tuesday-Friday)
We will be attending the UCA Cheer Camp at the University of	Attending: \$340.00
Portland again this year. We will be staying overnight this year.	-

Practice

Varsity Practice	May-End of Sch	ool Year
Varsity Practices will begin in May. JV Practices will begin once	Wednesdays:	5:00-7:00pm
school is out.	Thursdays:	5:30-7:00pm
	Saturdays:	9:00-11:00am
Summer Practices	June 22-August	1 26
Summer practices will start the week after school gets out.	Wednesdays:	9:00-12:00pm
	Thursdays:	5:00-8:00pm
	Saturdays:	9:00-12:00pm
Moratorium	July 24-July 30	
Each year a seven-day OSAA Moratorium Week shall be in effect during which there shall be no contact between administrators/coaches/directors/advisors and students involved in any OSAA-sanctioned sport or activity, including cheer, dance/drill, speech, solo music, choir, band/orchestra.		
Daily Doubles	August 3-7	
Yay for doubles! Schedule will be given out closer to date.	Wednesday	
	Thursday	
	Friday	
	Saturday	
	Sunday	

I look forward to seeing you at tryouts. If you have any questions, please contact Coach Kelly at kkekona@hotmail.com

2016-2017 Rules and Code of Conduct for Reynolds High School Cheerleading

Purpose

The objective of the Reynolds High School Cheerleading squad is to effectively execute a school spirit program that supports the athletic teams and promotes the school itself. Cheerleaders will promote good sportsmanship among the students and school by serving as examples in every way and encouraging enthusiasm among members of the school and community. Our highest priority should be to display and encourage spirit and pride for RHS.

Selection of Members

- Candidates may be any student having the required qualifications.
- Members will be chosen at a formal tryout session.
- Cheerleaders previously on the squad are subject to the same selection procedures as the other candidates.
- Cheerleaders will be selected by a panel of judges on a points based system, where a minimum amount of points is required to make a squad.
- The Varsity Football and Basketball squad will consist of up to freshman, sophomores, juniors, and seniors who will cheer at Varsity football games, basketball games, pep rallies and other events.
- The JV Football and Basketball squad will consist of freshman, sophomores, and juniors who will cheer at home JV football games and basketball games, and other events.
- The Competition Squad will consist of Varsity members. A separate tryout will be held for Competition Squad. Our
 Competition Squad will be between 12-15 members with 2 alternates. Not all Varsity members will be chosen to be
 on our Competition Squad. In addition there will be other minimum qualifying standards that will need to be met
 before being eligible to try out for Competition Squad. JV will not be competing.

Eligibility/ Grades

Academic Eligibility - **OSAA eligibility requirements have changed!** Incoming freshman must be enrolled in (and passing) a minimum of 6 classes. Sophomores must have accumulated **4.5 credits**, and be enrolled in (and passing) a minimum of 6 classes. Juniors must have accumulated **10 credits**, and be enrolled in (and passing) a minimum of 6 classes. Seniors must have accumulated **17 credits**, and be enrolled in (and passing) a minimum of 5 classes. If you have questions about your eligibility, please contact the athletic office immediately.

- A minimum of 2.0 GPA must be maintained throughout the cheer season.
- Coaches will check grades at the end of each grading period.
- If at any time you are placed on academic probation you will be required to attend weekly study hall and are subject to weekly progress report. You will not participate in practices, games, performances, pep rallies, or public appearances if you do not attend study hall or fail to turn in your completed progress report.
- Athletes who are placed on academic probation will have 1 cycle of probation to get themselves off. If by the end of
 that cycle you have not raised your grades you will not be allowed to participate in practices, games, performances,
 pep rallies or public appearances until you are removed from academic probation.
- Athletes who are on academic probation for more than 2 cycles will be removed from the team.

Schedule

- Both squads will have between 2 or 3 practices each week. All practices are mandatory, and other schedules should revolve around cheerleading practices, games, and events. Additional practices may be added when needed.
- Schedules will be given at the beginning of each season and are subject to change.
- During football season, games are usually held on Fridays, cheerleaders will be expected to be present at all games, including playoffs.
- During basketball season, games are normally held on Tuesdays or Fridays, games may be held on other days of the
 week (especially during inclement weather when games must be pushed to the next night), cheerleaders will be
 expected to be present at all games, including playoffs.
- During competition season, events are usually held on Saturdays.

General Rules/Expected Behavior

- A high standard of conduct is expected at all times. Conduct while in uniform and as a representative of the Reynolds HS Cheer must be irreproachable.
- A cheerleaders' online presence is just as important as their physical presence. BE RESPONSIBLE. When
 using social media be sure the images shown, updates shared, and comments made are becoming of a
 cheerleader. Inappropriate material (comments, updates, photos, messages, etc.) will lead to disciplinary action.
- Cheerleaders are required to know and respect the rules set by OSAA (found online at www.osaa.org), Reynolds
 HS (found online at www.reynolds.k12.or.us/rhs/athletics), Cheerleading Coach (see Rules and Code of
 Conduct), and the NFHS Spirit Rules (copy on file with coaching staff or may be purchased).
- We are a zero tolerance team. Members who are found to be using tobacco products, illegal substances, or alcohol will be suspended from the squad for up to half of the season, or, if the action is ongoing, will be permanently removed from the squad.
- Members of the Reynolds HS Cheerleading squad are required to work as a team, respecting each other's differences and unique abilities.
- Respect is to be shown to administration, teachers, coaches, school employees, squad members, and classmates at all times. Failure to do so will lead to disciplinary action.
- When in uniform, affectionate contact is not allowed (hand holding, kissing, cuddling, lingering hugs, etc. are not permitted) and will lead to disciplinary action.
- Cell phones should be put away with ringers turned off during practices, games, or any other Reynolds HS
 Cheer events.
- Negative and disruptive attitudes, unsportsmanlike behavior, or foul language will not be tolerated and will lead to disciplinary action to be determined by the coach.
- Squads are chosen at the coach's discretion and can be changed/updated at any time.
- All official cheerleading decisions and activities will be made by the coaching staff.
- All coaches and captains are to be given respect and cooperation by cheerleaders and parents at all times. Lack of respect will not be tolerated and will lead to disciplinary action to be determined by the coach.
- Any cheerleader who quits or is dismissed from the squad will not be allowed to tryout again for the following school year.

Attendance/ Absences/ Tardy Policy and Penalty

Cheerleaders must work long, hard hours like other athletic teams. They must learn to schedule their time to include homework, family, social time, and cheerleading. Cheerleaders realize that the squad must be put ahead of their individual desires. Absences can be the downfall of a great cheerleading squad. If one or more squad members are absent from a practice or game, the other members are forced to make last minute changes.

Policy

- You will be expected to attend all practices, games, pep rallies, competitions, fundraising, camps, clinics, or community appearances that are scheduled with the exception of illness, emergency, or prearranged absence.
- Tardiness is unacceptable. Be on time, dressed and ready to go.
- In the case of absence, tardiness, illness, or emergency you will need to notify the coach with a phone call no less than 30 minutes prior to the scheduled activity. If Coach is unavailable please leave a message. No texts or emails.
- If the coach is not notified of an absence (excused or unexcused) by the cheerleader or parent, the cheerleader will automatically sit out an entire game, on top of the original penalty.
- Excused absences are: Prearranged absence (3 day notice), doctor appointment (prearranged or with a note from the doctor), illness (with a note from parent), death in the family (with a note from the parent), court appearance (with a note from parent), and senior college visits (with a note from admissions).
- Unexcused absences are those caused by anything other than those listed above. Jobs, club activities, extracurricular activities, and appointments should not interfere with your ability to attend cheer. In addition, just because a cheerleader asks to be excused doesn't mean that the excuse will be granted.
- Although you are not expected to attend practice while you are legitimately sick, illness is not considered an excused absence unless medically excused by your physician.
- When medically excused from participation, you will need a release signed by your physician to excuse you as well
 as a release returning you to full participation. Due to the physical nature of cheerleading, there is no "light duty".
 You are either able to participate or you are not. If you are not physically able to fully participate due to illness or
 injury you will be benched until you able to perform the full duties of a cheerleader which include, but are not limited
 to, sideline cheer, jumping, kicking, stunting, as either a base, back spot, or flyer, running, and yelling.

- If you are going to be late or miss practice due to academic reasons (meeting with a teacher, taking a test, etc.) notify
 Coach as soon as possible. Staying caught up in school is important, however missing practices, games, or
 scheduled events to do your homework or study will not be excused unless prearranged with Coach.
- All absences/ tardies require a note from your doctor, parent, or teacher (if academic). Excuses must be received by
 the following event. Absences or tardies without a note will be treated as an unexcused absence and the
 cheerleader will benched for the following game.
- Whether an absence is excused or unexcused will be at the coach's discretion. Just because the coach is notified
 does NOT make an absence excused!
- You may not participate in the game if you miss practice (unless prearranged with the coach). You are still required to be at the game in uniform supporting your team from the sidelines.
- Students must be present for 4 classes to be eligible for practices and games scheduled for that day
- If a student is assigned to ISS, the student may not participate in any scheduled event for the time the athlete is
 assigned to ISS. In addition, the athlete will be benched for ISS counseled and/or dismissed from the squad for
 OSS.
- Excessive excused and unexcused absences will NOT be tolerated. If commitment and attendance become a problem, the coaches and athletic director can take action to have the member of the squad removed
- All sideline cheerleaders will be given 1 free personal excuse for a practice and 1 free personal excuse for a game for the entire season. In addition, those who are on our competition team will receive 1 additional personal excuse for competition practice. You must give a written (email or note) request to Coach, a minimum of 1 week prior to the date you are requesting to miss. Approval will be on an individual basis and is at coaches' discretion. If there will be a hardship on the squad, approval may be denied. In that case you will be able to pick another date.

Penalty

Practices

- Excused Absences: Benched for 1 quarter
- Unexcused Absences: Benched for the whole game
- Excused Tardy: No penalty
- Unexcused Tardy: Run 1 mile/ 5 min late.
 - *Being tardy over 30 min will be considered an unexcused absence.

Event/ Games

- Excused Absence: Benched for 1 quarter
- Unexcused Absence: Benched for the whole game
- Excused Tardy (pre-approved): Benched for 1 quarter
 *Cheerleader will join the game when the coach finds it appropriate, depending on when they arrive.
- Unexcused Tardy: Benched for no less than half the game.
- Summertime absences and tardiness will be handled on a case by case basis depending on what activity is scheduled for the day.

Personal Appearance

Hair (for practices, games, competitions, and Reynolds HS cheer events)

- Bangs must be worn above the eyebrow line or be tied back.
- Hair must be worn up and off your shoulders(unless otherwise stated by Cheer Coaches)
- Metal hair clips are not allowed (NFHS rule). Bobby-pins are okay.

Fingernails

- Polish is not allowed at games, competitions, and Revnolds HS cheer events.
- Nails cannot extend over the end of the fingers (NFHS rule). You will not be able to participate until they are within regulation.

Jewelry

- NO JEWELRY of any kind is allowed at practices, games, competitions, or Roosevelt HS cheer events. This
 includes earrings, rings, necklaces, bracelets, watches, hair ties around the wrist, and any other body jewelry
 (such as nose rings, belly rings, dermal, eyebrow, cheek, lip, clear jewelry etc.)
- Piercings may not be covered up. (Band-Aid, etc.)

 If you are unable to remove jewelry (new piercing, etc.) you will not be allowed to participate until it can be removed.

Make-up

- When in uniform, make-up worn should be appropriate. No wild colored eye-shadow, lip gloss, lipstick, or excessive eye-liner, foundation, or blush.
- Please be careful with make-up near your uniform.
- During competition, you will be inform of makeup expectations as it is different from regular season athletic events.

Tattoos

 Tattoos must be covered during practices, games, competitions, or any other Reynolds HS event where cheer is involved.

Uniform

- Only designated uniforms are allowed at games. If you are not in proper uniform you will be benched until the time you are able to obtain the correct uniform, or, if that is not a possibility, the whole game, pep rally, or Reynolds HS Cheer event.
- Shoes and laces should be kept clean.
- Shoes that are falling apart, with holes, or worn soles need to be replaced as soon as possible. You may be suspended from participation until they are replaced.
- Socks should be no-show socks, white (no colored socks/ no bands of color), and matching.
- Proper under garments should be worn at all times.
- Uniforms and accessories for Reynolds HS Cheer should be kept cleaned, pressed, and in good condition. Please follow each item's laundering instructions to keep your Reynolds HS Cheer items in optimal condition.
- All squad members must wear the same color briefs.
- When unsure of the uniform to be worn, please contact your captain/game leader or coach immediately.
- Uniforms are not to be worn outside of games, school, competition, or Reynolds HS Cheer event.
- No pins or buttons should be worn anywhere on your uniform even if it is for a repair to a seam. If your uniform
 needs repair, please contact the coach immediately and a collaborative decision on repair will be made.
- Alterations to your uniform must be approved by the coach prior to having the alterations made.
- Hair ribbons are part of your uniform, therefore, should be clean and pressed for each game, competition, or Reynolds HS cheer event.
- Warm-ups are to be cleaned and maintained as part of your uniform.
- If a cheerleader should arrive in a soiled uniform or a uniform needing repair, the coach may have the cheerleader sit out until the uniform can be cleaned or repaired and an unexcused absence will be recorded.
- DO NOT LOAN ANY PART OF YOUR UNIFORM, JACKET, CAMP WEAR, WARM-UP, OR ACCESSORIES
 TO ANYONE.
- If any piece of your uniform, warm-up, camp wear, or accessories is lost, damaged, or stolen, obtaining a replacement is the cheerleader's (financial) responsibility. A replacement should be requested as soon as possible. The cheerleader may be suspended from participation until the replacement item arrives.
- A cheerleader may not represent another sport (soccer, track, baseball, etc.) while in uniform.

Game Day/ Transportation

- Arrive 60 minutes to game time.
- You must be in proper cheer attire (uniform, or specified outfit, black unders, solid white ankle socks, clean cheer shoes, bow, poms) to cheer at games. NO EXCEPTIONS.
- If you do not have all required pieces of your uniform or accessories prior to game time you will sit out until it is brought to you, or, if you are unable to have it delivered, the entire game.
- Hair needs to be done before you arrive. If you need help, please make arrangements prior to call time. You will
 not cheer if your hair is not done.
- Do not socialize with players or crowd members during the game. Conversations should be cheer/ game related.
- Control and lead the crowd through organized cheers, chants, sidelines, or dances. Display correct and acceptable leadership.
- There will be no eating or snacking on the field/ track/ or court during game time. NO GUM.

- Stay in designated area and with your team at all times. If you will be leaving for any reason please notify the
 coach.
- Be back from game breaks (half time or in between games) at specified time.
- During Football season, Reynolds HS will provide transportation to away games if necessary, however transportation home will only be provided to out of district games. You will be responsible for arranging transportation home for your athlete at all in district away games.
- Parents requesting that their student ride home with them after an out of district away game must pick them up from the bus/van the team traveled in and your athlete must be signed out on the coach's sign out sheet. NO EXCEPTIONS.

Awards, Recognition, Special Teams

Coach will be responsible for appointing awards/recognition or making recommendation for special teams for squad members including Letters, All American, All State, Athlete of the month, etc. Selection will be based on attendance, grades, ability, overall participation, and merit.

Fund Raising/ Community Service

- Every cheerleader will be expected to support all squad fundraising and community service events the team has.
- Failure to participate in squad fundraising or community service events will result in an unexcused absence.
- You are not required to participate in individual fundraising, with the exception of past due accounts.
- Turning in fundraising money after the due date will result in being benched.

Cell Phone Policy

Cell phones will be turned on "silent" the moment you step in the gym/stadium or practice facility for practice or games. They will not be turned back on until you leave the practice or game facility. There will be no cell phone use during practices or during games. This includes cheerleaders who are benched or sitting with the coach. During away game trips, cell phones will be turned off before getting off of the bus and will not be turned back on until you return to the bus. Cell phone use at halftime will be up to the discretion of the coach. Exceptions to cell phone use will only be made by the coaching staff on an individual basis such as calling for rides or family emergencies.

Consequences:

1st occurrence: Warning

2nd occurrence: Coach will take the cell phone and a parent may pick it up from the coach. If occurrence is at practice, cheerleader will be benched for one quarter of the next game. If occurrence is at a game, cheerleader will be benched for the next quarter of that game.

3rd occurrence: Coach will take the cell phone and a parent may pick it up from the coach. If occurrence is at practice, the cheerleader will be benched for 1 full game. If occurrence is at a game, the cheerleader will be benched for the entire game. If the occurrence is at half time of the game, the cheerleader will be benched for the remainder of that game and half of the next game. **4th occurrence**: Cheerleader will be benched for the remainder of the cheerleading season and will act as a "Team Manager" for the remainder of the season. If the cheerleader decides that they do not want to participate as a team manager, the cheerleader will be removed from the squad and will be ineligible to participate in tryouts the next school year. **No exceptions.**

Coaches reserve the right to make changes/additions to the rules as needed. In addition, if you have any questions or concerns, please respect the following chain of command: Kelly Kekona- Cheer Coach, Mr. Chris Coleman- Athletic Director, and Mr. Wade Bakley-School Principal

In addition to these rules and standards all squad members are required to follow and abide by all rules and guidelines set forth by Reynolds High School and the State of Oregon as it pertains to high school athletics.

Information Sheet

Please complete the following information. Please write LEGIBLY.

Student Information	
Student Name:	Student ID #:
Current Grade Level:	School you attended last school year:
Home Address:	
Home Phone:	Cell Phone:
Email address:	Birthday:
Parent/ Guardian Information	
Primary Parent/Guardian Name:	
Primary Parent/Guardian Address:	
Primary Cell Phone:	Primary Work Phone:
Primary Email:	
Other Parent/ Guardian Name:	
Other Parent/ Guardian Address:	
Other Cell Phone:	Other Work Phone:
Other Email:	
Emergency Contact Name:	Relationship to You:
Emergency Cell Phone:	Emergency Work Phone:
Allergies/Health Problems/ Medications (Please descri	be in detail):

Were you involved in any behavior infractions (ISS or OSS) during the 2015-2016 school year? If yes, please explain on a separate sheet of paper.

Statement of Permission and Agreement

If you make the cheerleading squad, realize that you are making a commitment to Reynolds High School, your coaches, your teammates, and yourself for the complete season (full year). The decision to tryout should not be taken lightly. You will be expected to make cheerleading one of your top priorities. Furthermore, as a representative of Reynolds, you must maintain proper behavior at all times. You must follow the cheerleading guidelines set forth in the Reynolds High School Cheerleading Rules and Code of Conduct. Students who break the rules will be disciplined. By making this commitment to the Reynolds High School Cheerleading program, you will receive many valuable and rewarding educational experiences that you will remember long after you graduate from high school. These activities will not only channel your enthusiasm and spirit in a constructive and beneficial manner, but will give you a sense of pride and accomplishment in being a part of a group that is changing the face of this fine institution.

	but will give you a sense of pride and accomplishment in being a part of a citution.
Student Agreement	
agree to abide by the policies described if I an	, have read and understand the 2016-2017 RULES FOR CHEERLEADING. In chosen as a member of the squad. I am agreeing to the information in the othese rules policies could result in dismissal from the squad.
Student Signature	_
Date	-
Parent/Guardian Agreement	
and understand the 2016-2017 Rules and C 2016-2017 TRYOUT INFORMATION. I agree	the parent or legal guardian of, have read code of Conduct for Reynolds High School Cheerleading and the to abide by the policies described if my child is chosen as a member of the sas they are described in the information provided. I understand that failure could result in dismissal from the squad.
Parent/ Legal Guardian Signature	-
Date	_

Reynolds High School Athletics Off-Season Participation

Off-Season Guidelines

The majority of the athletic programs at Reynolds High School offer some form of voluntary offseason training for athletes. Conditioning programs, i.e.; strength training, running, etc. may be done without restriction. However, in team sports, coaches are required to follow the OSAA "rule of two" practice limitation, which prohibits them from teaching sport specific skills to more than two athletes per day - individual sports are not required to follow this rule. Regardless of the sport, off-season programs are <u>not mandatory and may not be</u> used by coaches to select teams or determine playing time.

RHS Cheer		Kelly Kekona
Off-season program	Dates of participation	Head Coach
nsurance Coverage he Reynolds School District does n ccident/health insurance for volunta nust be covered by an insurance poli lease provide the following informa	ry purchase at an affordable ricy before they will be allowed	ate. District policy states that, "all s
Insurance Comp	pany	Policy Number
Emergency Information (pleas Student's Name	e print)	 ID Number
Mother's Name	Day Phone	Evening Phone
Mother's Name	Day Phone Day Phone and accurate and I agree to	Evening Phone Evening Phone release the Reynolds School Dist