

**Oregon**  
*Area Health Education Center*

# Oregon AHEC Regional Summer Camps

## Providing Health Science Pathways for Students Across Oregon

Oregon Area Health Education Center (AHEC) is dedicated to developing the next generation of health care professionals by providing career-connected learning experiences through regional summer camps. These immersive programs give high school students the opportunity to:

- Engage in hands-on health care skill-building activities
- Explore various medical careers
- Meet and learn from health care professionals
- Gain employability skills and experience
- Connect with peers who share their passion for health care

Whether students dream of becoming a nurse, physical therapist, dental hygienist or another health care professional, Oregon AHEC's summer camps will give them the head start they need!

With camps hosted across Oregon, students can find exciting opportunities close to home or explore another part of the state.

**Browse the included flyers to find camp information and location details!**

For more information, visit Oregon AHEC's website or contact your regional AHEC center by visiting [bit.ly/41dRiCP](https://bit.ly/41dRiCP) or scanning the code below.





Oregon  
AHEC

# OHSU Experience

Oregon AHEC Health Care Career Exploration Day Camp – FREE to all participants thanks to scholarships provided by the Oregon Health Authority!

Hands-on Activities | Expert Speakers | Career Exploration



Where: Oregon Health & Science University (OHSU) – Portland

Camp Dates:

- Aug. 4; 9 a.m. - 4 p.m.
- Aug. 6; 9 a.m. - 4 p.m.
- Aug. 11; 9 a.m. - 4 p.m.

Each day features the same activities and speakers!

Who Can Apply: Oregon high school incoming Sophomores, Juniors and Seniors

- > Discover careers in medicine, nursing, research and more
- > Participate in hands-on medical simulations
- > Meet health care professionals and students
- > Explore OHSU's world-class campus

Registration opens Mar. 31! Visit [bit.ly/43nE21a](https://bit.ly/43nE21a) or scan the QR code above to register >>>



For questions, email [ahec@ohsu.edu](mailto:ahec@ohsu.edu)  
Spots are limited – don't miss this incredible opportunity!







**Northeast Oregon**  
Area Health Education Center

HEALTH CAREER  
EXPLORATION  
CAMP

# RURAL MEDQUEST



**APPLY  
TODAY**

25\$ FEE  
TO APPLY

**FREE!**

[WWW.NEOAHEC.ORG](http://WWW.NEOAHEC.ORG)



## EXPLORE A FUTURE IN RURAL HEALTHCARE!

This overnight camp is for **Oregon high school students** who are interested in an immersive experience in rural healthcare careers. For the first time ever, this camp will be offered for free!

4 HEALTHCARE JOB SHADOWS

DIAGNOSIS DAY **NEW**

MENTAL HEALTH  
FIRST AID TRAINING **NEW**

HIGH-FIDELITY SIMULATIONS

**APPLICATION  
CLOSES APRIL 1**

**JUNE 16-21, 2025**

**EASTERN OREGON UNIVERSITY  
ONE UNIVERSITY BLVD, LA GRANDE, OREGON**

**FOR MORE INFORMATION:**

[www.neoahec.org](http://www.neoahec.org)  
[office@neoahec.org](mailto:office@neoahec.org)







**Northeast Oregon**  
Area Health Education Center

HEALTH CAREER  
EXPLORATION  
CAMP

# FRONTIER MEDQUEST



**APPLY  
TODAY**

[WWW.NEOAHEC.ORG](http://WWW.NEOAHEC.ORG)

25\$ FEE  
TO APPLY

**FREE!**

## EXPLORE A FUTURE IN RURAL HEALTHCARE!

This overnight camp is for **Oregon high school students** who are interested in an immersive experience in rural healthcare careers. For the first time ever, this camp will be offered for free!

4 HEALTHCARE JOB SHADOWS  
AT HARNEY DISTRICT HOSPITAL

DIAGNOSIS DAY **NEW**

MENTAL HEALTH  
FIRST AID TRAINING **NEW**

HIGH-FIDELITY SIMULATIONS

**APPLICATION  
CLOSES APRIL 15**



**JULY 7-11, 2025**

**CRANE UNION HIGH SCHOOL  
43277 CRANE-VENATOR RD, CRANE, OREGON**

FOR MORE INFORMATION:

[www.neoahec.org](http://www.neoahec.org)  
[office@neoahec.org](mailto:office@neoahec.org)







# Cascades East AHEC

## MEDSTARS BEND



*July 13-17<sup>th</sup>, 2025*

MedStars Bend is a multi-day overnight camp held on Central Oregon Community College's Bend campus, designed for current high school juniors who are interested in exploring health career pathways



- **Experience** dorm living
- **Learn** about COCC's Health Careers Programs with hands-on-activities and presentations
- **Explore** OSU-Cascade's state of the art labs
- **Become** BLS certified
- **Engage** in learning opportunities led by caregivers at St. Charles
- **Learn** medical basics such as suturing and stopping life threatening bleeding

**For more information on application requirements, visit:**  
[www.cascadeseast.org/medstars-bend](http://www.cascadeseast.org/medstars-bend)

## Apply by May 1st, 2025

Questions? Contact Emily:

[erclark@scmc.org](mailto:erclark@scmc.org)

### Camp Details

- Transportation to camp on the 13<sup>th</sup> and back home on the 17<sup>th</sup> is up to the participant. Please contact CEAHEC if transportation is a hardship to see if we can help.
- Students need to commit to attending camp in its entirety.
- Online pre work will be required in advance of camp to become BLS certified.
- Camp is being offered free of cost this year!
- Limited spots are available- we cannot accept everyone who applies. Please scan the QR code to review requirements and apply:





# Cascades East AHEC

## MEDSTARS Klamath Falls



**JULY 29-31st, 2025**

MedStars Klamath Falls is a day camp experience held on OHSU and Oregon Institute of Technology's campus, designed for current high school sophomores/juniors who are interested in exploring health career pathways



- **Interact** and learn from medical students and allied health students
- **Learn** about the health career offerings at OIT through hands-on-activities and presentations
- **Explore** OIT's state of the art labs
- **Become** BLS certified
- **Engage** in learning opportunities led by OHSU School of Nursing staff
- **Build** new connections to help your career pathway

### Camp Details

- Lodging and transportation to camp each day **is not provided**. Please contact CEAHEC if transportation is a hardship to see if we can help.
- Students need to commit to attending camp each day from 8:30am-4:00pm
- An optional BLS certification class will be offered free of cost to students on 7/31. Online prework may be required in advance of the class. Students who do not wish to get certified will be dismissed early from camp on 7/31.
- Camp is being offered free of cost this year!
- Limited spots are available- scan the QR code to review requirements and apply:

For more information on application requirements, visit: [www.cascadeseast.org/medstars-klamath-falls](http://www.cascadeseast.org/medstars-klamath-falls)

## Apply by May 1st, 2025

Questions? Contact Emily:

[erclark@scmc.org](mailto:erclark@scmc.org)







Southwest Oregon  
Area Health Education Center

# RURAL HEALTH EXPLORERS CAMP

A Summer Camp for Douglas County  
High School Students!

Get Certified in Basic Life Support, Participate in Hands-On Skills Labs, and Explore Healthcare Careers!



**APPLY BY  
MAY 1, 2025**



## KEY DETAILS

**Who:** Juniors, Seniors, & Recent Grads are encouraged to apply

**When:** July 21 - 24 2025 9am to 3pm daily

**Where:** Umpqua Community College

**Cost:** Free!

Contact Us



[crutledge@aviva.health](mailto:crutledge@aviva.health)

# Summer Steps

## Healthcare Career Day Camp

INCOMING 9TH-12TH GRADERS



**Oregon Pacific**  
Area Health Education Center  
a hosted agency of Samaritan Lebanon Community Hospital



**Samaritan  
Lebanon Community  
Hospital**

**Jul. 30th-Aug. 2nd**  
**9am -3:30pm**



**Western University**  
OF HEALTH SCIENCES

**200 Mullins Dr,  
Lebanon, OR, 97355**

**REGISTER  
BELOW**



**Free To Students**

**LUNCH PROVIDED EACH DAY**



### PROGRAM FOCUS

- ANATOMY LAB
- SUTURING
- PATIENT SKILLS
- SURGICAL DEXTERITY
- MEDICAL PROCEDURE SIMULATIONS
- CAREER HIGHLIGHTS
- CAREER READINESS
- TEAM BUILDING

**Contact us:**



**541-451-7860**



**100 Mullins Dr Suite D-1  
Lebanon, OR 97355**



**<https://opahec.org>**

**LIMITED ENROLLMENT  
REGISTER TODAY!**





Oregon  
Healthcare  
Workforce  
Institute

Area Health Education Center

Details  
Coming soon!

go into  
healthcare  
this summer

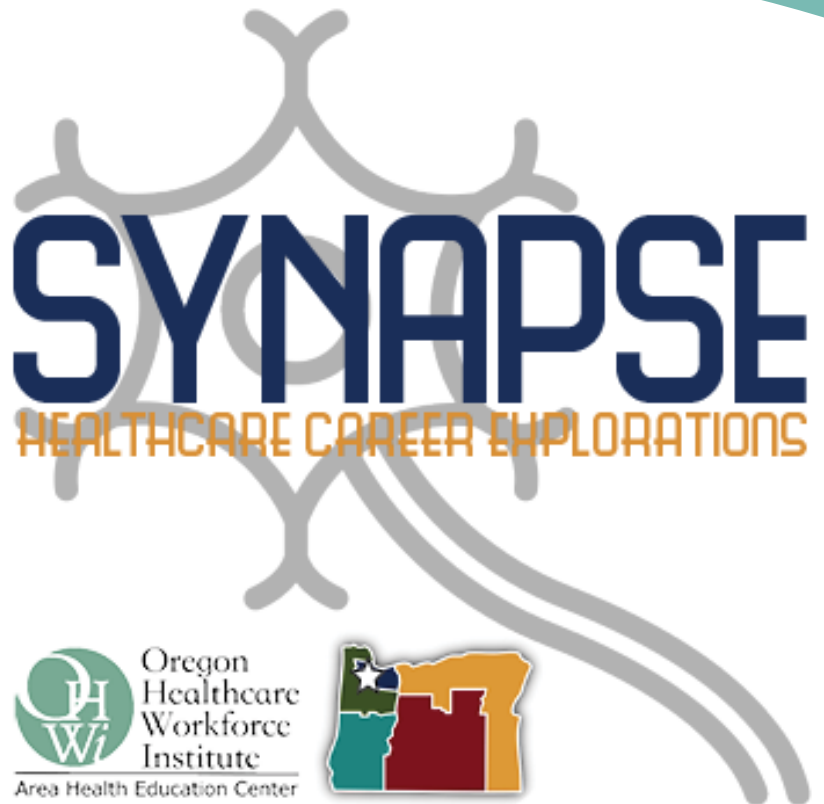


Registration  
opening  
soon!

- WORKSHOPS
- PANELS
- JOB SHADOWS
- SERVICE LEARNING
- GUEST SPEAKERS

**Questions**

For more information visit  
[www.pacificu.edu/ohwi](http://www.pacificu.edu/ohwi)



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