How to navigate digital menus using LINQ Connect

Go to the nutrition department webpage located at:

https://www.reynolds.k12.or.us/nutrition

Click on: *View Menu Here*

Select the school menu you would like to view by selecting the down arrow on the Filter by school field. This is located at the top left hand-side of your screen.
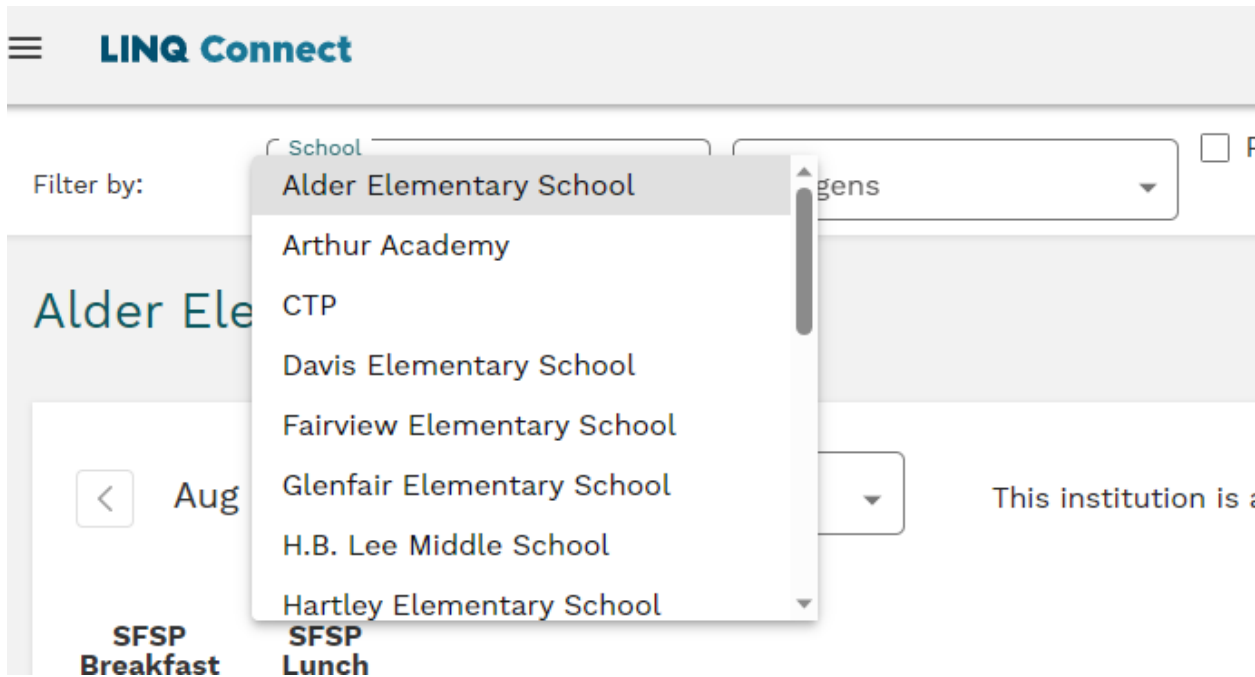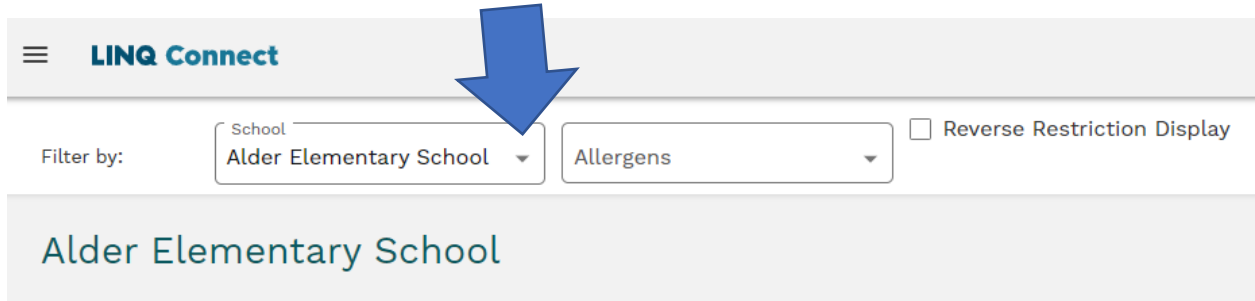
Next change the dates to the dates you would like to review the menu. You can view the menu using the monthly or weekly feature. This is located under the name of the school, near the top left-hand side of your screen.

Filter by: School
              Davis Elementary School   ▼   Allergens   ▼   ☐ Reverse Restriction Display

Davis Elementary School

< Sep 1 - Sep 30 >   Calendar Mode
                      Monthly   ▼   This institution is an equal opportunity provider

Breakfast   Lunch

Monday	Tuesday	Wednesday
28	29	30
4	5	6
	Week 1 Tuesday	**Week 1 Wednesday**
	BREAKFAST ENTREE	**BREAKFAST ENTREE**
	Waffle Mini Maple 72/2.65 oz (Sysco)	Banana Bread Slice
	FRUIT	**FRUIT**
	Applesauce	Diced Peaches in Light Syrup
	Orange Juice	Blueberries
	MILK	**MILK**
	1% Low Fat White Milk	1% Low Fat White Milk
	Fat Free White Milk	Fat Free White Milk

To change to the weekly view, change the calendar mode from monthly to weekly

Davis Elementary School

< Sep 3 - Sep 9 >   Calendar Mode
                     Weekly   ▼   🖨
                                                                    Menu Plan
                                                                    2023/2024 K-5 Bre... ▼

Breakfast   Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
	Week 1 Tuesday	**Week 1 Wednesday**	**Week 1 Thursday**	**Week 1 Friday**
	BREAKFAST ENTREE	**BREAKFAST ENTREE**	**BREAKFAST ENTREE**	**BREAKFAST ENTREE**
	Waffle Mini Maple 72/2.65 oz (Sysco)	Banana Bread Slice	Turkey Sausage Breakfast Pizza	Cinnamon Bun
	FRUIT	**FRUIT**	**FRUIT**	**FRUIT**
	Applesauce	Diced Peaches in Light Syrup	Fresh Strawberries	Fresh Banana
	Orange Juice	Blueberries	Orange Juice	Mandarin Orange slices
	MILK	**MILK**	**MILK**	**MILK**
	1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk
	Fat Free White Milk	Fat Free White Milk	Fat Free White Milk	Fat Free White Milk
				EXTRAS
				Raspberry & Peach Yogurt

To change the menu type, click on the service type (i.e., breakfast, lunch or supper). Only the menus being offered for that school will be available.

Davis Elementary School

< **Sep 3 - Sep 9** > | Calendar Mode
Weekly ▼ | T

Breakfast   **Lunch**

	Monday	
4		5

To view the allergy and nutritional information click on the menu item

	Tuesday
5	

Week 1 Tuesday

MAIN ENTREE

Bean & Cheese Burrito

Baked Mozzarella Stuffed Breadsticks with Dipping Sauce

VEGETABLE

Seasoned Green Beans

A window will open with additional information. Please note, all items say none for dietary restrictions and religious restrictions. Allergy information is populated for each item.

Nutrition Information ✕

Bean & Cheese Burrito

Allergens: Milk, Wheat, Soy

Dietary Restrictions: None

Religious Restrictions: None

Serving Size: 5.2oz

Calories	321

Total Carbohydrate	44 g

Ingredients:

To close this window, click on the x on the top right-hand side of the window.

To print the menu, click on the printer icon located on the top right-hand side of the screen

Davis Elementary School

	Sep 3 - Sep 9	>	Calendar Mode: Weekly	This institution is an equal opportunity provider	🖨

Breakfast   Lunch

Menu Plan: 2023/2024 K-5 Lun... ▾

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
	Bean & Cheese Burrito	Cheesy Nachos	Sandwich, SunButter & Jelly	Chicken Nuggets, Whole Grain

The window will open and gives you some additional options. If you would like the carb count to print on the menu select the nutrient box and click on the Total Carbohydrate box. This will add the Carb count to each item on the menu.

To print the menu, click on the print button at the bottom of the screen. To close this screen, click the x on the top right-hand side of the screen.

To review the menu to see what can be consumed after you identify an allergen, click the down arrow in the Allergens field at the top of the screen.

Click on all the allergens you need to omit from food.

The menu will now show items that have that allergen by crossing out the menu item. This indicates the allergen is in that item and students should not consume that food item.

To view the menus in another language, click on the three lines at the top of the left-hand side of the screen.

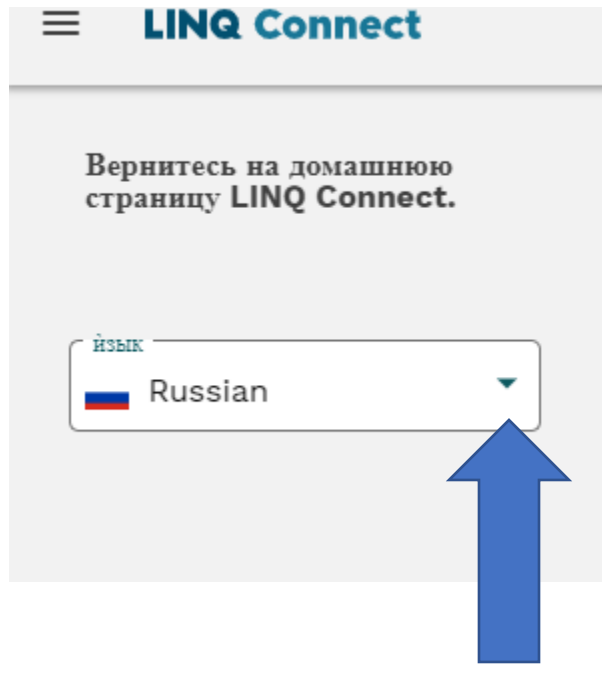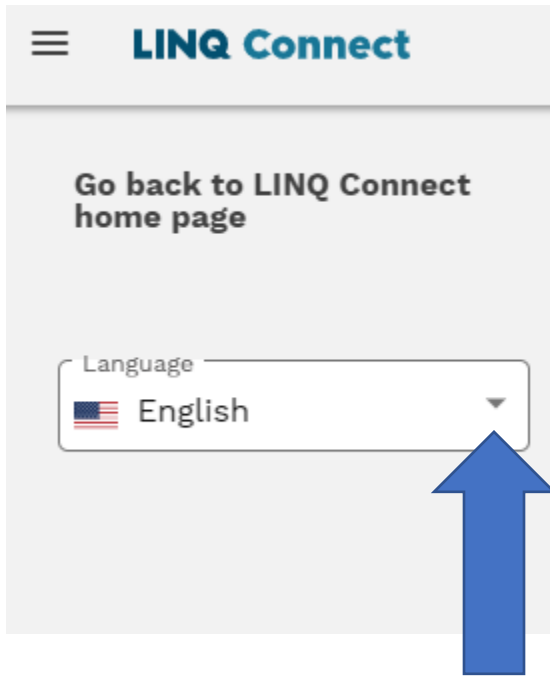**The language window will open. Click on the down arrow to see all available languages.**

LINQ Connect

Go back to LINQ Connect home page

Language

🇺🇸 English ▼

LINQ Connect

Вернитесь на домашнюю страницу LINQ Connect.

ЙЗЫК

🇷🇺 Russian ▼

	Школа			☐ Отображение обратного ограничений	?
Сортировать по:	Alder Elementary School ▼	Нллергены ▼			

Alder Elementary School

< сент. 1 - сент. 30 > | Календарный режим
ежемейчно ▼ | Это учреждение предоставляет равные возможности | 🖨 |

Завтрак Обед

План меню
2023/2024 Завтрак ... ▼

понедельник	вторник	среда	четверг	пятница
28	29	30	31	1
4	5	6	7	8
	Неделя 1 Вторник	Неделя 1 Среда	Неделя 1 Четверг	Неделя 1 Пятница
	ОСНОВНОЕ БЛЮДО НА ЗАВТРАК	ОСНОВНОЕ БЛЮДО НА ЗАВТРАК	ОСНОВНОЕ БЛЮДО НА ЗАВТРАК	ОСНОВНОЕ БЛЮДО НА ЗАВТРАК
	Вафли Мини кленовые 72/2,65 унции (Sysco)	Ломтик бананового хлеба	Пицца на завтрак с сосисками из индейки	Булочка с корицей
	ФРУКТЫ	ФРУКТЫ	ФРУКТЫ	ФРУКТЫ
	Яблочное пюре	Нарезанные кубиками персики в легком сиропе	Свежая клубника	Свежий банан
	апельсиновый сок	Черника	апельсиновый сок	Дольки мандарина
	МОЛОКО	МОЛОКО	МОЛОКО	МОЛОКО
	1%-ное нежирное белое молоко	1%-ное нежирное белое молоко	1%-ное нежирное белое молоко	1%-ное нежирное белое молоко
	Обезжиренное белое молоко	Обезжиренное белое молоко	Обезжиренное белое молоко	Обезжиренное белое молоко