

## Local Wellness Committee Minutes

May 7, 2025

4:00 – 5:00 pm

Present:

Name
Christy Foote
Darla Lau
Molly Frye
James Shepherd

Agenda Items:

- **Board Policy Recommendation**
  - Policy recommendations were submitted to the superintendent's office in April. Will be scheduled to go in front of Board in August or September. Recommendation to help with classroom party compliance.
- **Triennial Assessment Update**
  - Went over the official triennial assessment document created in WellSAT. This is the evaluation of the policy language.
  - Reviewed the overview document that accompanies the WellSAT report. This provides a general assessment of the policy compliance throughout the district.
  - The triennial will be posted before June 1 and meets the regulation requirements.
  - Next triennial report due will be June 2029.
- **On-going recruitment planning**
  - Parent square message went out 4/25/25. It might have been too early. Didn't generate any additional interest.
  - Looking for topics to bring in committee member interest for recruitment.
    - Wellness agenda ideas that other districts are participating in. James Shepherd will review other districts' info and make a report at the fall meeting.
- **Student Wellness Project**
  - Walk, bike or roll event discussion. Darla Lau presented information from two sources both highlight October as the time to run this type of event. During the discussion we talked about concerns with busy streets and if we would have building buy in for such an event. James Shepherd will review the info provided and develop a potential plan this summer. We will have a late September meeting to discuss further the potential of delaying until Spring 2026 when there is better weather.
- **Next Meeting Agenda Planning**
  - Discuss Agenda topics for next meeting
    - Potentially create newsletter and have items such as the employee assistance program and where donations items can be made for the houseless or low-income families in need of items such as school supplies, backpacks, etc.