

Local Wellness Committee Meeting Minutes
February 7, 2024
4:00 – 5:00 pm

Present:

Name
Wade Bakely, Chief Operations Officer
Christy Foote, Director of Nutrition Services
Emily Southworth-Gissel, Site Supervisor
Jamie Letter, Parent
Molly Frye, Social Worker

Agenda Items:

- **Annual progress report for the policy review for school compliance**
 - The last triennial assessment was June 2022. The assessment represented the 21/22 SY. The next triennial assessment will be due for the 24/25 SY.
 - Required to check schools following policy each year. An annual progress report is due this school year.
 - It was recommended by the Local Wellness Committee Leadership to move forward with the assessment using the current policy posted.
 - Wade Bakley and Christy Foote, the Local Wellness Committee Leadership, will schedule school assessments. Survey to schools will be the first step.
 - The committee would like an informal review and discussion of findings at the next meeting.
- **Policy adoption update**
 - Policy resubmitted for committee review on 11/3/23.
 - The policy committee reconvened in January 2024. The Local Wellness Policy is tentatively on the agenda in March 2024.
- **Recruiting new members**
 - The committee had discussion on ideas for recruitment. Here are some of the ideas:
 - Using same methods as past (ParentSquare, Facebook, Instagram, Website, etc.)
 - Sharing amount of commitment/inviting interested individuals to attend a meeting.
 - Provide info on what the committee is for and include the handbook of activities recommended for the committee.
- **Talk about next steps for committee.**
 - The committee had some discussion on ideas for getting information out for staff wellness.
 - Resend items submitted last year for wellness committee member's review.
 - Solicit schools to find out if they are doing anything that other staff can attend such as weight watcher's meetings, Zumba, etc.
 - Connect with leadership at RHS and ask about their staff walks.

Next meeting: June 5, 2024, at 4 pm