

CACFP After School Enrichment- Secondary Grades 6-12

April 5 – April 9

- Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: <https://www.metmuseum.org/art/online-features/metkids/time-machine> Click on “Africa,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc.). (art, history).
- Learn how to make a time capsule! Go to the webpage. (various subjects) <https://family.gonoodle.com/activities/how-to-make-a-time-capsule>
- Bone Strength video from NFL. Go to the webpage to learn how to increase bone strength through nutrition and exercise! (science, phys ed) <https://family.gonoodle.com/activities/bone-strength>
- Kennedy Center: World of Music. Go to the webpage and learn about composers, music and orchestras from around the world and listen to the music. (art, social studies) <https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/>
- Spy Museum puzzle: Four Rotor Enigma Machine. Go to the webpage and click on “play” for the Four Rotor Enigma Machine Puzzle. (tech, history) <https://www.spymuseum.org/education-programs/spy-resources/puzzles/>