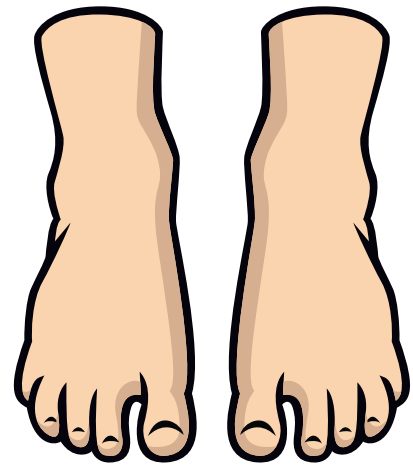


Feel with your Feet

This fun life science activity doubles up as a lesson in sensory science!

You will need:

- 6 large or medium-sized plastic tubs
- Towel
- Soap
- Paper
- Pencil
- Cornmeal
- Rice
- Sand
- Shaving cream
- Syrup
- Water



Instructions:

- Fill each tub with one of these – cornmeal, rice, sand, shaving cream, syrup and water.
- Discuss each item with your child and have him describe what it looks like.
- Ask him to predict what each item will feel like when he dips his feet into it.
- Record his predictions and observations.
- Put a small amount of soap in the water tub.
- Help your child step into the first tub.
- Ask him how it feels now. Is it different from what he expected?
- Repeat the process for each tub.