



Free Gardening Course

Where

St. Aidan's Episcopal Church
17405 NE Glisan St, Portland, 97230

*Taught indoors with visits to
Nadaka Community Garden*

Who

Open to adult participants living on a
low income (\$1945 per month or less)

How

Registration is required. Register at:
seedtosuppernadaka_staidans.eventbrite.com

or contact Sara Bickford at 503.575.2107,
sbickford@oregonfoodbank.org or
Adam Kohl at 971.231.4191,
adam@outgrowinghunger.org

Details

Please plan to attend all 5 classes.
Participants get a free gardening book,
seeds, and other goodies as available.

Seed to Supper:
Growing Veggies on a Budget

THURSDAYS
from 5:30-7:30PM

Feb. 16th - March 16th

**Learn low-cost ways to build
healthy soil, plan your growing
space, choose your crops, care
for your growing garden, and
harvest your bounty!**



This class is hosted in partnership by Friends of Nadaka ,
Outgrowing Hunger & St. Aidan's Episcopal Church.
www.oregonfoodbank.org/seedtosupper