

PROUDLY PRESENTS: THE 3rd ANNUAL PARENT SYMPOSIUM



September 1, 2012 10am-5pm

Alder Elementary School 17200 SE Alder Street Portland, Oregon

Food, Music, Games, Prizes & Childcare Provided

Registration & Wellness Village Open at 10am



Please register at http://thebpi.wufoo.com/forms/z7x3x5/

CLOSING THE GAP

This Symposium will provide parents, caregivers and community members with the opportunity to gain practical knowledge about best practices needed when raising Black and Multi-racial children. Entitled "Breaking the Cycle-Closing the Gap", the Symposium will provide families and extended family members with cutting-edge strategies and practices to help eliminate the challenges facing Black and Multi-racial children in the Multnomah County area. Families will walk away feeling better informed and having practical knowledge on the below listed topics.



Keynote: "Breaking the Cycle-Closing the Gap" (12pm -1pm)

This event will be keynoted by American Rapper and Record Producer, **David Banner**. David Banner is known as the living legend of hip hop, making him a true sensation to be heard. He has a strong faith and belief in doing something for the people. He believes that those who are able to donate to charity and help others are the best solution to our problems.



The Power of Choice - Starts with your Own Voice (11am-12pm)

Karen Irving, MSW Learning how to move beyond your past can often create feelings of pain, hopelessness, loneliness and fear. Developing a strong sense of who you are as a person, despite one's past and/or current circumstances takes time; however, within each person lies the power to create change. Come learn how to activate your own voice to move beyond the barriers of defeat and have the life that you desire.



"Liberation Based Healing: Moving from Existence to Freedom" (11am-12pm & 1pm-2pm)

Andraé Brown, PhD This interactive workshop will explore those intersections and support participants to identify strengths and resilience. Participants will also examine areas in their lives where healing is required in order to have mental, spiritual, and physical health, wellness and freedom. Liberation based healing promotes empowerment, accountability and inclusion among individuals, families, and communities through critical dialogue and social action. Individuals and families are seen in relation to their culture, race, gender, sexual orientation, as well as their social, political and historical contexts.



"Uncovering the Truth About Addictions in the Black Community" (11am-12pm & 1pm-2pm)

Delishia M. Pittman, PhD This discussion will explore the impacts of substance abuse and addiction on the Black family, its intergenerational effects and the ways in which we can work to build strong families and communities. African Americans experience disproportionate rates of disease and disability related to substance abuse. In addition, substance abuse has been associated with a host of health problems as well as impaired social, relationship, and vocational functioning communities.

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