



Reynolds School District

ELEMENTARY SCHOOL MENU

September 2016

USDA and Reynolds School District are equal opportunity providers and employers.

BREAKFAST INCLUDES: FRUIT, 100% JUICE & LOW-FAT MILK - OTHER DAILY ENTRESS: COLD CERAL WITH YOGURT				
BREAKFAST MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage Pancake Wrap	Breakfast Burrito	Chicken Sausage Biscuit	Turkey Sausage Breakfast Pizza	French Toast Sticks
ALL LUNCH ENTREES INCLUDE: LOW-FAT MILK, DAILY FRUIT CHOICE AND VEGETABLE CHOICE				
1st & 2nd DAILY LUNCH ENTRÉE CHOICE				
Monday	Tuesday	Wednesday	Thursday	Friday
5 NO SCHOOL	6	7 Pizza or Toasty Cheese Sandwich Tater Tots Welcome Back!	8 Cheeseburger or Turkey Soft Taco Beans	9 Bean & Cheese Burrito or Stuffed Mozzarella Sticks w/Marinara Sauce Seasoned Green Beans
12 Macaroni & Cheese or Sweet & Sour Chicken w/ Asian Brown Rice Broccoli	13 Corn Dog or Pizza Wrap Fresh Cauliflower	14 Pizza or Turkey Chili w/Cornbread Seasoned Corn	15 Chicken Burger or Spaghetti w/Turkey Meat Sauce and ww Breadstick Cinnamon Sweet Potatoes	16 Chicken & Cheese Quesadilla or Turkey Macho Nacho Refried Beans
19 Chicken Nuggets or Swedish Meatballs w/Rotini Pasta Green Beans	20 Hot Dog on ww Bun or Turkey Pepperoni Pizza Pasta Bake w/Breadstick Carrot Fries	21 Pizza or Three Cheese Lasagna Broccoli	22 Cheeseburger or Turkey Gravy Mashed Potatoes	23 Bean & Cheese Burrito or Chicken Fajita Spicy Pinto Beans
26 Macaroni & Cheese or Pancakes & Sausage Tots	27 Corn Dog or Chicken Parmesan w/Rotini Broccoli	28 Pizza or Mashed Potato Chicken Bowl Carrots	29 Chicken Burger or Turkey Ham & Cheese Fold Marinated Cucumbers	30 Chicken & Cheese Quesadilla or Orange Chicken w/Brown Rice Black Beans

The Menu is subject to change without notice due to product availability and market conditions.



Mealtime Online! Check your student's balance, see meal history, Or deposit to his/her account.

Apply for Meal Benefits too! www.reynolds.k12.or.us

Under the "Department" Tab. See our electronic menus as well!

*Fruit & Yogurt Parfait w/Granola offered daily as 3rd entrée



ELEMENTARY MEALS:

Breakfast Full: \$1.15 / Free or Reduced \$0 Milk ala cart \$.50

A full student breakfast includes a choice of entrée supplying protein and grain, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white. Fruit/fruit juice are required as one of the 3.

Lunch - Full \$2.60 / Free or Reduced \$0 Milk ala cart \$.50

A full student lunch includes a choice of entrée supplying protein and grain, two (1) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Fruit and/or veggies are required as one of the 3.

CEP Schools- Alder, Davis, Fairview, Glenfair, Hartley, Salish, Scott & Wilkes- No charge for breakfast and lunch daily.

Go to MyPlate.gov for online personal wellness resources for you and your family.

Questions or comments? Please call Christy Foote, Nutrition Services Coordinator for Reynolds School District, at 503-661-7200.