



DRIED FRUITS



ELEMENTARY SCHOOL MENU



November 2015

USDA and Reynolds School District are equal opportunity providers and employers.

BREAKFAST INCLUDES: FRUIT, 100% JUICE & LOW-FAT MILK - OTHER DAILY ENTRESS: COLD CERAL WITH YOGURT				
BREAKFAST MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
Maple Pancake Minis	Turkey Sausage Breakfast Pizza	Colby Cheese Omlet with Biscuit	Turkey Sausage Breakfast Pizza	Cinnamon Roll with Yogurt
ALL LUNCH ENTREES INCLUDE: LOW-FAT MILK, DAILY FRUIT CHOICE AND VEGETABLE CHOICE				
1ST DAILY LUNCH ENTRÉE CHOICE				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Whole Grain Breadstick	Smart Pizza Pepperoni or Cheese	Turkey Corndog	Crispy Chicken Patty Sandwich	Bean & Cheese Burrito
2ND DAILY LUNCH ENTRÉE CHOICE				
Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Green Beans Apple	Beef Soft Taco Seasoned Pinto Beans Pineapple	Popcorn Chicken Brown Rice Seamed Broccoli Oranges	Turkey Hot Dog on WG Bun Sweet Potato Puffs Strawberry Cup	<div style="border: 1px solid black; padding: 2px;">             NATIONAL NACHO DAY  </div> Beef Macho Nacho Mexicali Corn Applesauce
2	3	4	5	6
<b>No School</b>	<b>No School</b>	<i>Veterans' Day Holiday No School</i>	<b>No School</b>	<b>No School</b>
9	10	11	12	13
Baked Mozzarella Sticks & & Pizza Sauce Fresh Broccoli Florets Red Delicious Apple	Hamburger Carrot Fries Pineapple	Toasty Cheese Sandwich Savory Green Beans Strawberry Cup	French Toast Sticks Scrambled Eggs Tater Tots Banana	Cheese Quesadilla Roasted Garbanzo Beans Applesauce
16	17	18	19	20
The Perfect Sloppy Joe Cucmber Coins Banana	Chicken Alfredo Baked Breadstick Seasoned Broccoli Apple	Roasted Turkey Gravy Mashed Potatos Green Beans Cranberry Sauce Pumpkin Cake		<b>No School</b>
23	24	25	26	27
Macaroni & Cheese Green Beans Red Delicious Apple				
30				

\*The Menu is subject to change without notice due to product availability and market conditions.\*

**ELEMENTARY MEALS:**

**Breakfast Full: \$1.05 / Free or Reduced \$0**

A full student breakfast includes a choice of entrée supplying protein and grain, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white. Fruit/fruit juice are required as one of the 3.

**Lunch - Full \$2.45 / Free or Reduced \$0**

A full student lunch includes a choice of entrée supplying protein and grain, two (1) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Fruit and/or veggies are required as one of the 3.

**CEP Schools- Alder, Davis, Fairview, Glenfair, Hartley, Salish, Scott & Wilkes- No charge for breakfast and lunch daily.**



Mealtime Online! Check your student's balance, see meal history, Or deposit to his/her account.

Apply for Meal Benefits too! [www.reynolds.k12.or.us](http://www.reynolds.k12.or.us)

Under the "Department" Tab. See our electronic menus as well!



-Fruited Yogurt and Whole Wheat Breadstick offered daily as a lunch option, served with a fruit/veggie of the day,



Go to MyPlate.gov for online personal wellness resources for you and your family.

Questions or comments? Please call Christy Foote, Nutrition Services Coordinator for Reynolds School District. at 503-661-7200.