



**SIMPLY
GOOD**

Reynolds
School District

ELEMENTARY SCHOOL MENU

May 2016

USDA and Reynolds School District are equal opportunity providers and employers.

BREAKFAST INCLUDES: FRUIT, 100% JUICE & LOW-FAT MILK - OTHER DAILY ENTRESS: COLD CERAL WITH YOGURT				
BREAKFAST MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage & Pancake Wrap	Breakfast Burrito	Yogurt Parfait or French Toast	Turkey Sausage Breakfast Pizza	Pancakes
ALL LUNCH ENTRESSES INCLUDE: LOW-FAT MILK, DAILY FRUIT CHOICE AND VEGETABLE CHOICE				
1ST DAILY LUNCH ENTRÉE CHOICE				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Whole Grain Breadstick	Smart Pizza Pepperoni or Cheese	Turkey Corndog	Crispy Chicken Patty Sandwich	Bean & Cheese Burrito
2ND DAILY LUNCH ENTRÉE CHOICE				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni & Cheese ² WW Roll Roasted Broccoli Apple	Cheeseburger ³ Carrot Fries Orange	Toasty Cheese ⁴ Sandwich Zucchini Sticks Mixed Fruit	 Enchilada ⁵ Spicy Black Beans Churro Peaches	Meatballs & Gravy ⁶ Rotini Pasta w/Roll Corn Banana
Spaghetti & Meat Sauce WW Roll Broccoli Applesauce	Cheese & Chicken ¹⁰ Quesadilla Seasoned Pinto Beans Banana	Orange Chicken ¹¹ Brown Rice Lemon Glazed Carrots Pineapple	Turkey & Gravy ¹² WW Roll Mashed Potatoes Mixed Fruit	Turkey Ham & Cheese ¹³ Sandwich Cucumber Coins Cookie Day Pear 
Chicken Alfredo ¹⁶ Rotini Pasta w/Roll Broccoli Mixed Fruit	Wiener Wrap ¹⁷ Cucumber Coins Fresh Berries	Chili Mac ¹⁸ Corn Cornbread Strawberry Cup	Macho Nacho ¹⁹ Refried Beans Orange	Chicken Meatball Sub ²⁰ Carrot Fries Apple
Popcorn Chicken ²³ WW Roll Mashed Potatoes & Gravy Apple	Chicken Parmesan ²⁴ Rotini Pasta Broccoli Fresh Fruit Cup	Turkey & Cheese ²⁵ Sandwich Sliced Cucumbers Applesauce Cup	Sweet and Sour Chicken ²⁶ Asian Brown Rice Glazed Carrots Peach Cup	Turkey Hot Dog ²⁷ Citrus Bean Salad Banana
No School ³⁰	Cheeseburger ³¹ Carrot Fries Orange			

The Menu is subject to change without notice due to product availability and market conditions.



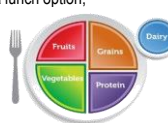
Mealtime Online! Check your student's balance, see meal history, Or deposit to his/her account.

Apply for Meal Benefits too! www.reynolds.k12.or.us

Under the "Department" Tab. See our electronic menus as well!



-Fruited Yogurt and Whole Wheat Breadstick offered daily as a lunch option, served with a fruit/veggie of the day,



ELEMENTARY MEALS:

Breakfast Full: \$1.05 / Free or Reduced \$0

A full student breakfast includes a choice of entrée supplying protein and grain, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white. Fruit/fruit juice are required as one of the 3.

Lunch - Full \$2.45 / Free or Reduced \$0

A full student lunch includes a choice of entrée supplying protein and grain, two (1) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Fruit and/or veggies are required as one of the 3.

CEP Schools- Alder, Davis, Fairview, Glenfair, Hartley, Salish, Scott & Wilkes- No charge for breakfast and lunch daily.

Go to MyPlate.gov for online personal wellness resources for you and your family.

Questions or comments? Please call Christy Foote, Nutrition Services Coordinator for Reynolds School District, at 503-661-7200.